



Catherine Ingram Fogel, BSN '63, MS '68
Alumna of the Year Award

Cathy Fogel is a natural educator and a vital part of the community she serves. For the past 35 years, Cathy has given back to her alma mater, UNC, by teaching at the SON. Cathy received her BSN and her MS in nursing and public health here at Carolina. She later completed her PhD in sociology with a minor

in women's studies at North Carolina State University. Her scholarship is in the areas of health disparities, health promotion and health protection of vulnerable women including incarcerated women. To this end, Cathy has worked with NC Correctional Institute for Women since 1978.



Susan J. Appel, PhD '02
Graduate of the Last Decade Award

Susan Appel graduated from the SON in 2002 with a PhD in nursing. Since then, Susan has been employed as an Assistant Professor at the School of Nursing at the University of Alabama Birmingham. This fall she was promoted to Associate Professor. Susan's research focuses on

the cardiovascular health of women with an emphasis on health disparities experienced by Southern African-American women. She also examines the ability of low-income Southern African-American women to modify their risks of cardiovascular disease.



Jane Smith
Honorary Alumna of the Year Award

Jane Smith and her husband, James A. Smith, have demonstrated a strong commitment to nursing and healthcare with their generous scholarship—the Jane Winningham Smith Doctoral Scholarship in Cardiovascular Nursing. The scholarship will assist doctoral candidates interested in cardiovascular nursing with their financial needs, such as tuition, books, and other expenses. Nursing has always been important to Jane. She graduated from the Watts School of Nursing in Durham, and the scholarship is named in honor of her outstanding nursing career.



Linda Wiandt, MSN '92
Carrington Award for Community Service

Linda Wiandt's career has been dedicated to serving others through safety education. She currently serves as the Executive Director of North Carolina SAFETeens, Inc., a non-profit injury prevention education program, and also as Project Director for the project, SAFETeens ThinkFirst, a safe driving education program which is used in five North Carolina counties as part of their Driver's Education curriculum. In addition, Linda completed the National Highway Traffic Safety Administration Certification as a Child Passenger Safety Technician and Technician Instructor and now does certification and conducts basic safety awareness classes for the North Carolina Department of Insurance and the Office of the State Fire Marshal. Linda is also a member of North Carolina Child Passenger Safety Training Committee and Safe Kids Wake County. Linda graduated from Kent State University School of Nursing and then completed her MSN at the SON in 1992.