It’s a Man’s Job, Too!

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From the Dean

Dear Alumni and Friends,

As this issue of Carolina Nursing goes to press, we bid a fond farewell to Amanda Meyers who has so ably served as our Associate Director for Public Relations and Communications these past three years. She is off with her husband on new adventures in Western Carolina, but I hope you will let us (and through us, her) know how you like the transformation in style and content of Carolina Nursing that is her parting gift to the School.

The SON is alive with energy and activity as we teach BSN students from both January and May admission cycles. Our enrollment growth has resulted in an active faculty hiring season, more intense work to find and nurture good clinical teaching sites, focus on fundraising for scholarship support for more students, and budget proposals to support the infrastructure needs that are stretched by our new growth.

This issue of Carolina Nursing features articles about the challenges we face as we seek to hire faculty during a time of faculty shortages, particularly as we seek to create a faculty with the diversity of ethnicity, gender, and expertise that will maintain excellence in a changing world. You will also read about experiences our students and alumni pursue in efforts to use their nursing education to serve our global and local communities. I hope that build competence in caring for diverse patients and communities. I hope you will enjoy the stories and photos of these activities.

Please join me in thanking the people who serve the School by volunteering on our alumni and foundation boards. I wish every reader of Carolina Nursing could know them personally, as I do. I hope the enclosed photos give you a sense of their commitment to our endeavors.

All of us who love this place called Carolina are proud to be part of a leading public university. Associate Dean Gwen Sherwood and I just returned from Macau, where the School co-hosted an international conference on Quality and Safety of Nursing Practice. More than 500 nurses from 14 countries attended. And Tar Heel sports continue to excite us as we move from a winning baseball season to Kenan Stadium. Alumni Weekend is November 2-3, 2007. The Tar Heels will face the University of Maryland Terrapins on the gridiron. There will be reunions and continuing education sessions to whet your appetite for learning. And, of course, any time you are in Chapel Hill, please stop by to say hello.

I hope you have had a wonderful summer and are enjoying all that this season brings to you and your family.

Sincerely,

Linda R. Cronenwett, PhD, RN, FAAN
Dean and Professor
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“Catch 22” is a phrase synonymous with describing dilemmas like the one in which nursing finds itself these days. Despite the demand for nursing care, nursing schools are turning away qualified applicants at record levels — the unintended consequence of not having enough qualified nurse faculty to teach more students. To alleviate the educator shortage, nursing schools must widen the pool of potential educators by increasing the number of college-bound students they admit. Yet, BSN and higher degree programs are often unable to admit more students because there are not enough educators to teach them.

“There is a shortage of nurses, all nurses, and that shortage will only get worse,” said SON Emeritus Dean Cindy Freund, MSN ’73. Consequently, we need nursing schools to increase enrollments. But because of the lack of qualified nursing faculty, many schools turn away qualified applicants. Thus we are limited in producing the number of nurses needed for practice, and in turn, limiting the pool of nurses available who might go on for advanced degrees and careers in education. It is a vicious cycle.”

In 2005, U.S. nursing schools turned away over 41,000 qualified applicants to baccalaureate and graduate nursing programs according to the American Association of Colleges in Nursing (AACN). One of the top reasons why, as reported by nursing programs, was insufficient number of faculty. The nurse educator shortage is not exclusive to four year colleges and universities. Community colleges and other associate and diploma programs are also feeling pressure to produce more nurses with fewer educators.

The educator shortage is not a problem that can be ignored. “The lack of nursing educators is a huge problem for health care and the future of the nursing profession,” said Mary Mundt, PHNU ’77, dean of Michigan State University School of Nursing.

“If nursing fails to address the nurse educator shortage, there will be fewer nurses to meet healthcare demands. The consequence is that care will suffer,” said Francine Davis, BSN ’72, instructor and former LPN program head at Vance-Granville Community College in North Carolina.

There is no one factor responsible for the shortage of nurse educators. However, the experts we spoke with identified two overriding factors in particular: the graying of the current nursing workforce and the diminishing pool of new nurse educators.

Data from AACN indicates that the mean age of doctorally-prepared nurse educators is 54. The mean age for master’s prepared educators is only slightly younger.

“Nurses who return to graduate school and start academic careers are older,” said Mundt. Many nurses only consider faculty positions after years of clinical practice. By the time they enter academia, their working years as career educators are limited.

Another consequence of an older nurse educator work force is that they are closer to retirement. According to data from the AACN, the mean age of retirement for nursing faculty is 62. We should prepare for a “major exodus from the healthcare system of experienced nurses
The SON is not immune to the faculty shortage.

Following recommendations made by the NC Institute of Medicine Task Force on the NC Nursing Workforce that nursing programs statewide increase the number of prelicensure registered nurse graduates, the SON expanded BSN enrollment in January 2007. The expanded enrollment will enable the School to graduate 220 BSN students each year, up from 160. It also created a need for more faculty at a time when faculty retirement rates are peaking.

System, of which NVCC is a part, is the largest health care educator in the Washington, D.C. and northern Virginia region. With over 60,000 students in health affairs programs, Wilson said she made faculty recruitment a top priority at NVCC despite facing fierce competition.

“To hire qualified faculty, we provide them with an intensive orientation, assist them in getting professional development and on-the-job training and help them with curriculum development. It puts a tremendous strain on our resources, but it’s necessary,” said Wilson.

Some experts state that the shortage of nurse educators has less to do with statistics and numbers and more to do with expectations and perceived roles.

“We assumed that younger nurses saw how satisfying a nursing education career was and so we didn’t make any efforts to recruit,” said Belcher.

The reality of it, said Mundt, is that “faculty members often portray their work as exhausting and unexciting with too many priorities and not enough time. As a profession, we need to do a better

School of Nursing MSN and PhD Programs: New Enrollments and Graduations

As the pool of potential nursing faculty diminishes, the SON is reenergizing its efforts to recruit highly qualified students to its advanced degree programs.

Commitment. Time and cost are key factors. It can take from three to seven years of study and research to complete a doctorate. Tuition, fees and other expenses can cost several thousand dollars. Some advanced practice nurses choose to stay in lucrative clinical positions rather than make the jump to a college or university position because academia has lagged behind in offering competitive salaries and benefits.

“People value education, but faculty salaries are not commensurate with the value they provide,” said Diane Wilson, BSN ’74, MSN ’76, emeritus dean of nursing at Northern Virginia Community College (NVCC).

In some areas of the country, the effects of the nursing shortage and the demand for educators are acute. For instance, the Virginia Community College
job of integrating our work and academic roles into a more satisfying and stimulating career path.”

Davis suggested that one way nursing school faculty can begin to overcome these challenges is to do a better job of identifying and stimulating students who might be interested in pursuing academic nursing careers. “Not only should faculty help identify students, but they should mentor that interest in students and encourage them to continue their educations,” said Davis. Careers in nursing education are appealing, said Davis, because they offer tremendous opportunity. “You have so many occasions to learn new information and interact with nurses in practice, education and research. It’s exciting to be a part of that exchange of information and sharing of ideas,” she said.

Most of our experts agreed. It is never too early to begin planting the seeds. “We must light a fire for undergraduates to start thinking early about graduate school and the possibilities of an academic career,” said Mundt.

Wilson encourages her students by sharing with them the rewards of her career. “How can you touch many patients? How can you improve care? You can do it one-on-one, which is noble. Or, you can teach one, who will care for many others,” she said.

For schools of nursing, encouragement includes offering financial support as well.

“Financial support for nurses while they are working on advanced degrees is essential,” said Freund. Nurses pursuing advanced degrees tend to be older than traditional college-age students. They often have family obligations that make pursuing advanced degrees seem impossible. Loss of income, time away from family and rising tuition costs can be major obstacles. In recent months, the SON has been focusing its Carolina First Campaign development efforts on doctoral scholarship support—the first line of action needed to resolve the faculty nursing shortage.

Last year, through the generosity of James A. and Jane W. Smith, the SON was able to create the Jane Winningham Smith Endowed Doctoral Scholarship in Cardiovascular Nursing. The first recipient, Leslie Davis, BSN ’85, MSN ’89, plans to teach, do research and resume her clinical practice when she graduates. Scholarships and other financial support for students help make the SON’s programs competitive. They allow the School to recruit the best students to its graduate programs. In turn, the SON is able to contribute to the pool of potential new nurse faculty.

Our experts agreed that we must make the route from practice to academia easier to navigate. “Nursing education needs to create courses to help nurses make the transition to educator,” said Belcher.

Recruitment is one challenge. Retention is another. The nurse educators we spoke with said that nursing needs to identify results-driven retention strategies and the resources to implement them.

“In order to recruit and retain nurse faculty, salaries, benefits and working conditions need to be competitive and attractive,” said Freund. One way that schools of nursing can communicate that faculty are valued is by providing them with the incentives they need to become even better educators and researchers,
added Belcher.

Reports that look at faculty job satisfaction frequently cite salary and benefits as reasons for dissatisfaction. Other reasons that contribute to dissatisfaction in the workplace include demanding workloads that leave little time for research, scholarship or service.

“Faculty deserve an environment in which to flourish and try out new ideas. They need to feel that they can be successful,” said Wilson, who thinks that by taking a closer look at its professional environment, nursing education will become a more attractive career choice.

“Creating exemplary clinical learning environments that support evidence-based nursing practice, high quality instruction and research opportunities are essential,” said Mundt, if nursing wants to retain nurse educators.

Other factors contributing to the nurse educator shortage mentioned by our experts include the lack of classroom and research space. The SON certainly understands how a lack of high quality classroom, laboratory and meeting space can impair recruitment and education. Prior to completing construction of the SON’s 69,000 square foot building addition, faculty found themselves occupying cramped, inadequate spaces and off-campus facilities. The distance made communication between SON faculty, students and administrators difficult. When the building addition was occupied in April 2005, faculty moved into 83 new offices and research suites. The attractive, functional space was an important recruitment perquisite for new faculty recruitment and retention.

As discussion continues around ways to solve the nurse educator shortage, academic leaders are considering, analyzing and discussing other contributing factors: insufficient number of clinical sites and preceptors, lack of funding, and increased demands from patients for higher quality, safer nursing care. Nursing is acutely aware that to produce more nurses for our healthcare system, we must have more educators to teach nurses the skills required to be competent providers of care.

Approaches will vary according to the type of education being delivered. “What is needed to recruit and retain faculty in nursing associate degree programs in community colleges and in four-year university programs may differ; solutions and approaches need to be tailored to each of those systems,” said Freund.

As national, state, and local nurse leaders discuss the challenges and take action, there is one certainty — as issues are resolved, new ones will arise. Diversifying the pool of nursing faculty members to recruit more minorities is an integral part of this SON’s mission, and is included in the larger dialogue about alleviating the shortage. Other topics to address are the impact of the educator shortage on nursing research, quality of care at the bedside and nursing scholarship. The educator shortage presents an opportunity for academic nursing to review its past and design a future that identifies, recruits, mentors, encourages, supports and retains professionals who are committed to making a difference.

| Faculty Headcount and FTE
| '00–01 | '01–02 | '02–03 | '03–04 | '04–05 | '05–06 |
| 121 | 101 | 82 | 82 | 82 | 82 |
| 98 | 70 | 54 | 54 | 54 | 54 |
| 104 | 84 | 68 | 68 | 68 | 68 |
| 103 | 83 | 67 | 67 | 67 | 67 |
| 92 | 72 | 56 | 56 | 56 | 56 |
| 70 | 50 | 34 | 34 | 34 | 34 |
| 25 | 25 | 25 | 25 | 25 | 25 |
| 0 | 0 | 0 | 0 | 0 | 0 |

*FTE stands for full-time equivalent. FTE is the conversion of all part-time and full-time faculty into full-time.
By Amanda Meyers

Nursing faces challenges and opportunities in its efforts to encourage more men to consider careers in nursing. The predominantly female profession is rife with all the real and imagined stereotypes, including the one questioning whether men belong. In a recent discussion led by the SON’s Office of Multicultural Affairs, faculty and staff talked about how positive stereotypes can reinforce feelings of confidence and belonging, while negative stereotypes can reinforce feelings of isolation and disconnection.

Some of these stereotypes are reflective of long-held beliefs that nursing is “women’s work;” others are spawned and reinforced by pop culture and media. Take, for example, the 2000 hit comedy, “Meet the Parents,” starring Ben Stiller as Gaylord “Greg” Focker—male nurse. Americans flocked to theatres and spent millions laughing at Stiller’s characterization of the protagonist that called into question issues of gender identity, sexuality, and his choice to pursue nursing over medicine.

Second degree student Elliott Lowry, BSN class of 2007, chose nursing over medicine because of his desire to work directly with patients. Several of the men we spoke with echoed this choice. “The demand on doctors is such that it often takes them away from patients after a short period of time,” said Lowry. “I want to work with patients.”

Still, when Lowry told people he was in nursing school, they asked, “Why not medical school?” As a culture, we can flip the question and ask, “Why not nursing school?” After all, nursing school is a challenging, academically rigorous and demanding pursuit. Nursing education must be exacting to prepare healthcare professionals with the knowledge, skills and attitudes required to deliver competent, patient-centered care. This learning of “the practice” serves as a baseline for the preparation needed by those considering careers as nurse educators or scientists.

Chip Bailey, PhD ’02, said people are surprised when he tells them he is a nurse. Their next question is, “What
hospital do you work at?” They are even more surprised, said Bailey, when he tells them he is an assistant professor and researcher at Duke University School of Nursing in Durham, NC. “Then, they’re interested,” said Bailey, who thinks nursing needs to improve how it describes the wide range of professional career opportunities open to men. “Ads showing men jumping out of helicopters is exciting, but it only touches on the broad range of choices available to men in nursing. Nursing is a career that lets you chart your own course,” he said.

This lesson was reinforced by Tim Porter O’Grady, Bailey’s mentor and role model, at Emory University in Atlanta, where he studied and earned his master’s degree. O’Grady, a nurse for over three decades, is one of only a handful of men who are leaders in the profession. Andy Disser, BSN class of 2008, thinks this is one of the chief reasons why men do not choose nursing careers. “There are not many male role models,” said Disser, who is pursuing nursing as a second degree student. “No one is talking to men in high school about nursing and it’s difficult for an 18-year-old to overcome the stereotypical banter associated with men in nursing,” he said.

One of the ways nursing is succeeding in overcoming the social stigma is by seeking out strong, positive images of men in nursing. Andy’s father, Tony Disser, offers that identity in his role as senior vice president of clinical operations for Kindred Healthcare in Louisville, KY. Kindred Healthcare, Inc. is a Fortune 500 healthcare services company, with annualized revenues of $4.3 billion that provides services in approximately 600 locations in 38 states. Kindred through its subsidiaries operates long-term acute care hospitals, skilled nursing centers, institutional pharmacies and a contract rehabilitation services business, Peoplefirst Rehabilitation Services, across the United States.

“One nursing offers very meaningful, purposeful work,” said Tony. “We need people in nursing who see caring as their mission. We need to emphasize the great work to attract the right people. We need to underscore caring, not who is doing the caring,” he said.

The positive image Tony portrays is not lost on Andy. “Nursing offers me a chance to help people when they are most vulnerable, a chance to change people’s lives,” said Andy. And, added Tony, “It doesn’t matter that you are male or female, only that you are professional.”

George Rand, BSN ’73, would likely agree with Tony Disser. Rand, who pursued nursing as a second career, has the distinction of being the SON’s first male BSN graduate.

“Men in nursing were a novelty in the 1970s,” said Rand, who was the “sole survivor” of the four male students who were admitted to his class. When asked what his 33-year career as a man in nursing has been like, he laughed. “I hope patients are more concerned about having a good nurse than whether their nurse is male or female,” said Rand.

Nursing is an enticing career offering job security and stability, attractive salaries and opportunities to work with diverse
IT’S A MAN’S JOB, TOO!

people in different places. There does seem to be a level of maturity required to overcome the discouraging social attitudes that can be associated with men in nursing. Perhaps that accounts for the number of men choosing nursing as a second degree and a career transition.

“I didn’t come here for a degree,” said Lynwood E. Carlton, BSN class of 2007. “I already have a degree. I came to Carolina for an education.”

Carlton, who graduated from East Carolina University in Greenville, NC, worked as a medical technologist for over a decade before deciding to pursue nursing after a friend offered encouragement. Second degree students bring with them skills from other disciplines, maturity, and diverse experiences that add to a rich classroom learning environment.

Men we spoke with agreed that nursing has offered them incredible opportunities and they rarely, if ever, have experienced gender discrimination from their professional peers. However, nursing is a profession that brings one into contact with people from all walks of life and discrimination comes in different forms.

Carlton shared some difficult experiences he had that he considers unique to African-American men in nursing. He credits his mentors, SON faculty members Drs. Shielda Rodgers, Beth Black and Beverly Foster for helping him to “weather the storm.” Carlton, who, like many minority students, needed to work while in school, said, “Just because you struggle, doesn’t mean you’re failing. Nursing school is challenging, but the faculty at Carolina will work with you. They will give you every opportunity to succeed. Carolina nursing is not just a degree. It’s an experience, a journey, and it’s a privilege.”

Chip Bailey, PhD ’02, is an assistant professor and researcher at Duke University School of Nursing in Durham, NC. “I hope people recognize us for who we are — genuinely caring people.”

Elliott Lowry, BSN class of 2007, was the president of the SON’s chapter of American Assembly of Men in Nursing, an organization that provides a framework to discuss and influence issues affecting men in nursing.

Lynwood E. Carlton, BSN class of 2007, is pursuing nursing as a second career. “Carolina nursing is not just a degree. It’s an experience, a journey, and it’s a privilege.”

Andy Disser, BSN class of 2008, thinks nursing needs diverse role models.
Now and then.

George Rand, BSN ’73, has the distinction of being the SON’s first BSN graduate.

journey, and it’s a privilege.”

Nursing schools, professional organizations and nurses across the country are actively engaged in eradicating the barriers that have deterred men from choosing nursing in order that they may enjoy full professional parity. Stereotypes are fading. Gone are the days when men in nursing were limited to helping their female colleagues lift heavy patients. Yet, the public’s perception is slower to change.

The truth is, excellent nursing requires diverse skills delivered by many different types of people to meet the demands of patients. Currently, only about 6 percent of the nursing workforce is men. There are too few nurses to attend to patients. To provide culturally competent care, it is essential that the nursing workforce mirrors the population it serves.

Organizations like the American Assembly of Men in Nursing (AAMN), established in 1971 as the National Male Nurses Association, have formed to provide a framework to discuss and influence issues affecting men in nursing. Elliott Lowry, who represented the student chapter of AAMN at the SON, said, “We reached out to college freshmen and encouraged them to consider nursing if they had not selected a major.” AAMN suggests that one of the most successful ways to recruit male students to nursing is through the influence of another male student already in the program.

Lowry’s commitment to his profession and his desire to attract other men to nursing represents the very image that needs to be perpetuated to overcome the stereotypes that have prevented full access to professional development. As a student leader, Lowry and his student colleagues cited in this article are mentoring others who will follow in this meaningful career path that brings incredible satisfaction through extraordinary service. As a group, these men are creating the positive images that build confidence and reinforce feelings of belonging.

To learn more about the SON’s efforts to recruit men to nursing, visit http://nursing.unc.edu
Each year, more nursing students take advantage of summer externships, service projects and international partnerships across North Carolina and beyond. Here are just a few of the places Carolina students and faculty are making a difference.

Kelly Crockett, BSN class of 2007, spent two months last summer in Melkhoutfontein, South Africa. While living with a local family, Crockett volunteered as a nursing assistant in the Melkhoutfontein clinic, which is run by the South African government and provides free primary health care to patients. “I was fortunate enough to become totally immersed in a community that welcomed me with open arms. My experience gave me the opportunity to share my passion for nursing and was life-altering,” said Crockett.

Emily Grace Sink, BSN class of 2007, went to the Yunnan Province in China to work with Bless China International, a non-governmental organization that works to alleviate poverty, develop communities, and provide medical programs and services. Sink spent most of her time working under a nurse in physical rehabilitation caring for people needing burn care, prosthetics or wound care. She also went to leprosy villages to teach residents to be autonomous and preventative in their care.
Jean Davison, MSN ’00, clinical assistant professor and Family Nurse Practitioner coordinator, led a volunteer medical team to Transnistria, in Eastern Europe, with Compassion Med International, a faith-based non-profit organization that provides humanitarian and medical relief to developing nations. The medical team worked with local providers to set up free clinics. They also did outreach to a women’s prison, a juvenile detention center and an orphanage. Patrick Davison, a photographer and professor at UNC’s School of Journalism, created a video documentary of the trip that can be viewed online at www.compassionmed.org.

Chris Harlan, clinical assistant professor, leads groups of students and faculty to Guatemala. While there, students and faculty have a chance to study Spanish and learn about culture, health and social issues.

Chris Harlan, clinical assistant professor, leads groups of students and faculty to Guatemala. While there, students and faculty have a chance to study Spanish and learn about culture, health and social issues.

Neely Lambert, BSN class of 2007, spent three weeks at Victory Junction Gang, a camp for children with chronic medical conditions for serious illnesses, located in Randleman, NC. The camp dedicates each week to a different illness and creates a fun theme. Lambert was there for Pirate Week (cancer), Mission Impossible Week (hemophilia), and NASCAR Week (Heart/Lung/Kidney). The camp has a fully staffed medical facility, as well as medical cabin counselors. “It is an amazing place where sick kids can just be kids and accomplish things they never thought possible. I watched as a 10-year-old girl with severe mental retardation and cerebral palsy rapelled from a 60 foot climbing tower. I can honestly say that every day I laughed until my sides hurt and went to bed at night exhausted from fun,” said Lambert.

Peggy Lane, BSN class of 2007, traveled to the Anna Purna range of Nepal and Calcutta, India, with Encouraging Words, a non-profit that creates educational materials for children. Lane and her preceptor served as the medical team for this trip. Before leaving, Lane learned about the primary medical diagnoses/treatment in the area. The most prevalent conditions she saw were malnutrition due to hookworm infestation and dental caries. Lane said they saw 750 people in six days. “I strongly encourage everyone to go meet a need somewhere out of your comfort zone. It’s a life-changer,” said Lane.
Erin Mingrone (back row, 2nd from right) and Berkeley Quinn (back row, 3rd from right), BSN class of 2007, spent last summer in Banana, Kenya, where they worked at a small rural hospital. “In Kenya, they have a hands-on method of teaching and we found that after a few short weeks of working there we were soon able to help deliver babies along with the rest of the nursing staff. It was a very rewarding experience and I learned how to improvise and work with limited supplies. It was a once in a lifetime experience that I will remember for the rest of my life,” said Mingrone.

Quinn said, “Not only did I get to have a hands-on nursing experience for my externship that I might never see in the U.S., but I got to see the culture of these people in the rawest form by living and working with them. After my externship was done, I traveled through an additional seven countries... I strongly encourage anyone to partake in similar experiences.”

Rachael Menius, BSN class of 2007, spent last summer working in the pediatric unit at New Hanover Regional Medical Center in Wilmington, NC. “New Hanover was a wonderful place to work and has an excellent summer externship program that includes weekly ‘Lunch and Learn’ sessions that were very interesting,” said Menius. “My nurse preceptors and my manager were all very dedicated to providing me with the best learning experience I could get!”

Menius used the skills she learned during her summer externship to care for children of Latino and other underserved populations at the Student Health Action Coalition, a free clinic run by health affairs students at UNC Chapel Hill.

Camille N. Scronce, BSN class of 2007, worked at the Lee County Health Department in Sanford, NC, by participating in the Kate B. Reynolds summer externship program. “I worked in all of the clinics of the health department including primary care, obstetrics, sexually transmitted diseases, family planning and the breast and cervical cancer programs. This summer work experience allowed me to develop and enhance my skills in time management, collaborative team practice, effective communication, critical thinking and decision-making. I also learned a lot about public health in general as well as the importance of public health nursing to the citizens of a community, especially those that are rural and underserved,” said Scronce.

Young Alumni: Tell Us About Your Global Experience! Are you a recent grad who took part in an international experience during your time as a student at Carolina? Did you immerse yourself in patient care of people whose culture differs from your own? If so, please tell us about it! We are hoping to share these experiences with current students and create a database of international opportunities. Please email us at sonalum@unc.edu or call Anne Webb in the alumni office at 919-966-4619.
By Heather Forster

Alumna of the Year
Catherine Ingram Fogel, BSN ’63, MS ’68

Catherine Fogel received the Alumna of the Year Award at the SON 2006 Alumni Award Ceremony for her outstanding service to the community.

Fogel is a natural educator and a vital part of the community she serves. For the past 35 years, she has given back to her alma mater, UNC, by teaching at the SON. Her scholarship is in the areas of health disparities, health promotion and health protection of vulnerable populations, including incarcerated women. She focuses on the prevention of sexually transmitted diseases, including HIV, in women and the experiences of women living with HIV. To this end, Fogel has worked with NC Correctional Institute for Women since 1978.

Fogel received her BSN and her MS in nursing and public health from Carolina. She later completed her PhD in sociology with a minor in women’s studies at North Carolina State University.

On Alumni Day, award winners were recognized during a special ceremony in the SON’s Frances Hill Fox Auditorium. From left: SON Dean Linda Cronenwett, Jane Winningham Smith, Catherine Fogel, Susan Appel and Linda Wiandt.

GOLD Award
Susan J. Appel, PhD ’02

Susan Appel received the Graduate of the Last Decade (GOLD) Award at the SON 2006 Alumni Awards Ceremony for her exemplary contributions to the profession of nursing through research and education.

Appel graduated from the SON in 2002 with a PhD in nursing. Since then, she has been an professor at the School of Nursing at The University of Alabama Birmingham. Her research focuses on the cardiovascular health of women with an emphasis on health disparities experienced by Southern African-American women. She also examines the ability of low-income Southern African-American women to modify their risks of cardiovascular disease.

Honorary Alumna of the Year
Jane Winningham Smith

The SON Alumni Association recognized Jane Smith at the SON 2006 Alumni Awards Ceremony for her support of and commitment to nursing students.

Smith and her husband, James A. Smith, have demonstrated a strong allegiance to nursing and healthcare with their generous scholarship — the Jane Winningham Smith Doctoral Scholarship in Cardiovascular Nursing. The scholarship will assist doctoral candidates interested in cardiovascular nursing with their financial needs, such as tuition, books and other expenses.

Nursing has always been important to Smith who graduated from the Watts School of Nursing in Durham. The scholarship is named in honor of her nursing career and her desire to invest in nursing leaders of the future.

Carrington Award
Linda Wiandt, MSN ’92

Linda Wiandt received the Carrington Award for Community Service at the SON 2006 Alumni Award Ceremony for her devotion to serving others through safety education.

She currently serves as the executive director of North Carolina SAFETeens, Inc., a non-profit injury prevention education program, and also as project director for the project, SAFETeens ThinkFirst, a safe driving education program used in five North Carolina counties as part of their driver’s education curriculum.

In addition, Wiandt completed the National Highway Traffic Safety Administration Certification as a Child Passenger Safety Technician and Technician Instructor and now does certification and conducts basic safety awareness classes for the North Carolina Department of Insurance and the Office of the State Fire Marshal.

She is also a member of North Carolina Child Passenger Safety Training Committee and Safe Kids Wake County. Wiandt graduated from Kent State University School of Nursing and then completed her MSN at the SON in 1992.
SON Alumni Reunite: Alumni Day 2006

Great food, football and fun under a Carolina blue sky characterized Alumni Day 2006 as more than 150 SON alumni reunited to enjoy greeting classmates and friends and touring the School’s new facilities.
▲ Alumni Board member Jackie Gonzalez, BSN ’79, and her family traveled from Florida for Alumni Day and took part in the human patient simulator demo.

▲ Members of the BSN Class of 2001 join the festivities in the Fox Auditorium.

▲ Students enjoyed greeting alumni and welcoming them home to the SON.

▲ Members of the MSN Class of 1976 reunited for Alumni Day.

▲ Members of the MSN Class of 1981 gathered together for a Friday night dinner at the home of classmate Debra Brandon.
Your Alumni Association in Action

In November, as the Alumni Board set goals and priorities for the coming year, President Nancy Barrett Freeman, BSN ’73, began her first term. In addition to reaching out to alumni with regional events, the Board set a goal to expand alumni weekend and offer educational sessions in addition to reunions and the football tailgate on Carrington lawn. The Board intends to establish an online community for graduating BSN students to offer support as they begin working, and to increase alumni participation in annual giving and continue strong alumni awards and scholarship programs.

▲ Members of the Board hosted a dinner for the Alumni Association scholarship recipients this spring. **Row 1**: Board President Nancy Freeman, ’73, and Secretary Nancy Smith, ’73. **Row 2**: Recipient Berkeley Quinn, Board member Laura Nasir, ’98, ’02, Board member Meg Gambrell Zomorodi, ’01. **Row 3**: Recipient Matt Moody, Board President-Elect Greg Simpson, MSN ’01, and recipient Amy Young.

▲ Alums in the Winston-Salem area enjoyed a lunch with Dean Cronenwett, hosted by Margaret McCain, ’61.

▲ The Charlotte alumni group got together for lunch in September to share stories and catch up.

▲ Alumni from Greenville met with Dean Cronenwett over dinner in October.

▲ Emeritus President B.J. Lee (L), ’93, ’97 scoops ice cream with students at an Alumni Association-sponsored social for the Association of Nursing Students.
Nancy Freeman, BSN ’73, was installed as president of the Alumni Association Board of Directors this fall. As nursing coordinator for Structure House, a residential program for weight loss and lifestyle change in Durham, she provides health assessments for participants and follow-up of their health problems, performs fitness evaluations and teaches related classes. Freeman is also certified as a diabetes educator and currently active with ReTRADE-Research Triangle Association of diabetes educators.

Freeman’s involvement with the Alumni Association started with leading her class reunion in 2003 and attending a luncheon with Dean Cronenwett for local alumni. Getting together with classmates and seeing the new, exciting things going on at the School inspired her to begin sharing her time and talents. She said, “I decided that it was time to give back to the SON that educated me for my 30+ year career. Being on the Alumni Board over the past few years deepened my love of the SON and UNC. It is wonderful to meet other members who also share the feelings that I have for Carolina. They are an impressive group of people.”

Freeman feels she has benefited from her reconnection to the School and as president, her chief goal is to increase connections with other alumni so that they can share that experience. Plans for her term include an enhanced alumni weekend and further opportunities for alumni engagement. She is joined on the executive committee by President-Elect Greg Simpson, MSN ’01, Secretary Nancy Smith, BSN ’73, Treasurer Courtney Rawls, BSN ’01 and emeritus president B.J. Lee, ’93, ’97.

Board of Directors welcomes new president

Join us November 2–3, 2007, for a new and improved alumni weekend. In addition to Tar Heel football vs. Maryland and pre-game fun, we are adding educational sessions to the agenda. The classes of ’62, ’67, ’72, ’77, ’82, ’87, ’92, ’97 and ’02 will celebrate reunions! Details are forthcoming. Please watch the web site: http://nursing.unc.edu/alumni/.
By Anna Stull, BSN ’04

I feel the dust will never settle here, all puns intended, so I’m squeezing in an update from the infamous Abu Ghraib Internment Facility in Iraq. The nursing experience here is unlike anything most of us will ever see or do in our lives again, that is, detainee health care. I can make this statement given the seemingly endless hours I spend, not only immersed in the culture of incarceration, but functioning in extreme environmental conditions.

Currently, I am a 2nd lieutenant, 66H, PROFIS to the 21st Combat Support Hospital (CSH). Here at the Abu Ghraib Hospital, I am the “Wire Nurse.” As seen on CNN, the detainees are housed in tented compounds where the majority of their primary health care takes place. My core responsibilities include the management of the insulin-dependent diabetic detainees. I am also part of a team which consists of five doctors and 20 medics, all of whom are managed by the emergency department. On our side of the detention center, we care for several thousand detainees, addressing their daily medication regimes, chronic and acute illnesses, wound care, physical disabilities, and compassionate releases. On average, we care for 10 percent of our population daily through sick call and are very proud of our hard work.

I’ve thought at length about how to describe my typical day, and although what I do is not top-secret, it is difficult to explain. What makes this job so unusual and enigmatic centers around its physical environment and political atmosphere. Basically, I “walk the wire” (common military police phrase) in the sweltering sun while donning full combat gear to administer insulin. Shockingly, I weighed myself the other day on my way out the door for morning medication pass and tipped the scales with an additional 68 pounds. I have a container filled with charts and supplies and keep the insulin in a pouch next to a cold pack. My hands are full, as are all of my pockets as I trudge across rocky, uneven terrain traveling from camp to camp with streams of sweat stinging my eyes. Some days I experience heat and sweat like I have never known before. I check the detainee’s blood glucose level, interpret the results, and administer insulin accordingly. I do this with the relentless wind swirling dust everywhere while attempting to thumb through a paperback translation guide. I sincerely thank my head nurse often, as I know nursing in a convection oven is a rare experience.

The wire is mentally and physically challenging, and yet it suits me. With that in mind, know that it is not for a perfectionist, it is a calling more suited for the multi-tasker. You must possess a certain free-spirited gene that allows you to bend and sway like a yogi, because everyday possesses a different set of challenges. But more importantly, you must enjoy, value, and respect non-biased health care and the responsibility entrusted in you. If you take this commitment lightly, the wire will swallow you whole in a day, spitting out something that is either too far right or too far left.

Abu life is interesting. The hospital itself is faced with its own subculture and the staff works amazingly hard. I stay connected as a voyeur by listening in on radio transmissions, hanging on every word as helicopters seem to bring in...
Compassionate care for the enemy takes daily focus and our job well done is reflected in the eyes of the patient. I have experienced immense professional satisfaction and pride by never compromising my solid commitment to the mission.

cyclic spurs of casualties to the ER for surgery. They have encountered the gambit: Marines hit by improvised explosive devices (IEDs), Iraqi families involved in car accidents, civilians caught in the cross fire and insurgents who place the IEDs and fire upon coalition forces. Our intensive care unit and medical wards ebb and flow, often reaching capacity within hours. The nurses and doctors keep a round-the-clock pace, just like any other metropolitan hospital, only with limited supplies and resources, which are stored in large tents. These tents sit inside a warehouse and are covered in a substantial layer of dust and guano. Yes, guano. We rejoice as thousands of bats keep our mosquito population down.

My housing is in a prison cell, bars, concrete and all. At first I tried to abolish all thoughts of what happened here prior to our arrival in hopes that I would maintain some lucidity and sanity. Once you are here, the scandalous behavior of our past, albeit inexcusable, is overshadowed by the tens of thousands of people who were murdered here or left to die in solitude because the Hussein government is responsible for creating one of the most feared structures in the Arab world. Over time, the rawness and the stark reality that people were tortured here grinds in, and a cloud of confusion and despondency settles. It is a haunting feeling, not one that controls your daily life, but one that lingers in the back of your mind. I have been nowhere else on Earth where the saying, “If these walls could talk” has meant so much. There is something about sleeping, working, bathing, day in and day out, in a place that was once so horrible; something very unsettling about it, as if developers have put up condos at Dachau.

As bleak as this may sound, there is light here. There are moments when you know what you have done is right, as an American and as a medical professional.

My job is neither to pass judgment nor let emotions and opinions dictate the care I give.

Compassionate care for the enemy takes daily focus and our job well done is reflected in the eyes of the patient. I have experienced immense professional satisfaction and pride by never compromising my solid commitment to the mission; all will be treated with respect and dignity as I deliver the best health care possible.
Dear Alumni and Friends,

When the School of Nursing Foundation, Inc., elected me to become president of the Board of Directors in November 2006, I made a promise and a commitment to continue to build our endowments and ensure that our tradition of excellence continues far into the future.

I am inheriting an awesome legacy. The Foundation’s endowments have grown exponentially under the able leadership of my predecessor, Margaret Raynor, BSN ’67, and I want to thank her on behalf of all of us for her dedication, love and support for the School. Today, our combined SON Foundation, Inc., and University Foundation, Inc., endowments top $17.5 million, and I am confident we will add to that before the Carolina First Campaign ends on December 31, 2007.

We can be proud of our accomplishments. The SON enjoys national prominence, continuing to rank in the top five nationally for securing National Institutes of Health research dollars, coming in again this year in fourth position. In 2006, our BSN students achieved a 98 percent pass rate on the NCLEX examination — an extraordinary feat! We are welcoming a new class of students to the SON by implementing twice a year admission, doing our part to increase the number of graduates who will become the next generation of caregivers.

The future of the School of Nursing is in our collective hands. The faculty shortage stretches our abilities and our imaginations to find ways to admit and educate more students. Our undergraduate students want the international and service learning experiences that will contribute toward their becoming well-rounded, capable leaders. These initiatives require our support.

We are very grateful to receive your annual gift each year. It adds to our capacity to do more for our students and faculty. Just 41 percent of the School’s expense budget came from the State of North Carolina in 2005-2006. The Foundation funds 4.2 percent of the School’s total budget and this provides for a margin of excellence that allows, for example, SON juniors and seniors to participate in state and national Association of Nursing Students meetings, honors students to receive awards, and faculty and students to volunteer for service trips to the Mississippi Gulf Coast.

And, there is so much more to do.

Thank you for your continuing generosity and love for the School. You are a difference-maker.

Sincerely,

Denise Taylor Darden, BSN ’77
President, School of Nursing Foundation, Inc.
Four become directors of SON Foundation, Inc.

The Board of Directors advises and assists in strategic planning of the School’s investments, garners financial support for the SON by identifying major donor prospects and making a personal financial commitment, and recommends short and long-term development goals. A key responsibility of the Board is to oversee the endowment and trust funds of the Foundation to ensure the current and future financial health of the School.

Each year, the Board elects directors to step in to serve for a four-year term, replacing those who have completed their terms and retired from service. Freshman directors are:

Jane Snyder Norris, BSN ’56, is a long-time supporter and advocate of the School, and is a graduate of the second class to enter the SON. The friendships and bonds that Jane and her classmates formed while at Carolina have been a source of unparalleled connection and camaraderie. Jane and her husband, Thomas L. Norris, Jr., live in Raleigh. Tom is an honorary lifetime director of the board and was instrumental in its formation in 1982.

Barbara Heibel Senich, BSN ’79, is senior vice president of sales and marketing services at Hoffman-LaRoche Pharmaceuticals in Nutley, NJ, the leading prescription drug unit of the Roche Group. She is responsible for a 350-person business unit that includes managed care, marketing research and product marketing. She holds an MBA and MPH from Columbia University.

Susan Willey Spalt, BSN ’67, recently retired from the Chapel Hill School System after an outstanding career in school nursing where she influenced health education initiatives for students, and had a major impact on school health policy and advocacy on the local, state and national level. Susan is also a poet and cookbook writer and returns to Italy frequently to visit the area where she lived as a high school student.

Anne Wilson, mother of Katherine Wilson, BSN ’04, is carrying on her daughter’s memory through her advocacy for small cell lung cancer research, treatment and patient care. Katherine died at age 28 from the rare disease, just a year after graduating from Carolina. Anne and her husband John were invited to speak at a national Eli Lilly conference about Katherine’s nursing school and UNC Hospitals experiences, and won a national first place photography award sponsored by Lilly.
Carolyn White London graduated in June 1956, married July 14, and in August was a head nurse on the surgical service of the Boston Children’s Hospital. She returned to the area to live in Durham in 1961 and has worked on behalf of the School of Nursing as a leader to involve alumni and organize the School of Nursing Foundation, Inc., the not-for-profit 501(C)3 organization that stewards the School’s endowment and assists in development. Carolyn has nurtured and advocated for the School’s success in many ways. Now, she is extending that commitment to the future by establishing an endowed scholarship in her estate plans.

As a member of the second BSN class to graduate, London participated in a very rigorous academic program, intense clinical experiences and the pressure of being a part of a new school. She made lifelong friendships and the camaraderie the class shares is unparalleled. As she said, “We all feel indebted to the pioneers who started the School, to the deans and faculty who built it and to the alumni who enhanced it. It is a privilege to give back to the University that has enriched our lives.”

After the School’s Foundation was formed, London served as its first president, and was bestowed the status of Honorary Lifetime Director because of her incredible efforts. She views her role in the Foundation as a privilege and said, “I appreciate the opportunities I had as a student in Chapel Hill, the wonderful education afforded me and the lasting friendships I made there. Over the years, I have enjoyed adding my support to the School.”

Now, future generations will continue to benefit from Carolyn and Will’s dedication and generosity. Her early work helped create the excellence we enjoy today, and their gift will enhance opportunities for tomorrow.

A scholarship to remember Pamela McClure Wichmann, MSN ’99

“Her intent was always to provide exceptional care. Her journey through the educational process at Carolina strengthened her resolve that everyone deserved quality care and it could be provided in an evidence-based practice approach.”

Pam Wichmann’s education as a family nurse practitioner in many ways defined her. She was committed to service, making a difference for her patients and offering her skills as a clinical preceptor to nurse practitioner students who sought her out for her personal warmth, caring and solid expertise. Her humor, gentle nature and giving style endeared her to patients and students. In 2006, Pam was recognized by the School of Nursing faculty as Outstanding Graduate Preceptor. She felt that this was one of the most important events of her life because she appreciated teaching students and being recognized for excellence.

Tragically, on October 31, 2006, Pam died in an automobile accident on her way home from dinner with friends in Winston-Salem. Her husband, Bernard Wichmann, wanting to do something immediately to honor Pam and all that she created in the world, contacted the SON to establish The Pamela McClure Wichmann Memorial Scholarship, funding it with an outright gift and then adding to the endowment’s future with a bequest.

This year, there will be a Pamela M McClure Wichmann scholar who will have demonstrated the potential to become an outstanding nurse practitioner and who mirrors the compassion and commitment that Pam demonstrated in her life and career. The 5 percent annual payout from the endowment will support tuition, fees and other expenses associated with pursuing the master of science in nursing degree.
Katrina Relief Team from UNC Returns to Gulf Coast

Grant from Strowd-Roses Foundation Supports the Effort

Forty-nine people from the Schools of Nursing, Public Health and Social Work, as well as area medical and healthcare organizations, traveled to the Mississippi Gulf Coast over spring break to provide much needed relief to the region’s population. A $5,000 grant from the Strowd-Roses Foundation helped underwrite the expenses associated with the mission.
Volunteers worked with federally-funded Coastal Family Health Center. Some painted murals in two pediatric exam rooms to help provide a developmentally appropriate and child-friendly environment for children who receive services. Here volunteers Lisa Hawley (middle left), Elizabeth Russell (back left), Melody Wong (middle right), BSN class of 2007, and Sarah Brier (middle back) with staff members from the Van Cleave Clinic.

Nearly two years after Hurricane Katrina devastated the Gulf Coast, the destruction caused by the storm’s high winds and flooding is still evident.

In addition to providing health services, volunteers also assisted in home repair and community rebuilding. From left: Elizabeth Russell, Ted Bryan, BSN class of 2007, Lindsey Hill, BSN class of 2008, and Lisa Hawley.
This is the second year that the SON has organized and led the trip that was designed to give students clinical experience and make a real difference for families. Eighteen months after Katrina wrecked horrific devastation, volunteers who returned for this second year noted that there has not been much improvement. What they saw was that the recovery has been agonizingly slow. People’s lives have been altered tremendously to the extent that they may never recover, and the circumstances they face may be too difficult to overcome. FEMA trailer parks are rife with violence, and safety is a huge issue especially for children. Poor nutrition, higher rates of obesity, increase in the suicide rate, and lack of access to health clinics by the rural poor has created a health crisis that persists. By participating in this trip, SON students realized how the disaster has not been resolving, how people are coping and resilient despite the insurmountable obstacles, and how disaster relief is about responding to needs — whatever they are.

Our multidisciplinary team pitched in to help in five clinics run by Coastal Family Health Center, a federally-funded agency similar to Piedmont Health Services. They provided clinical support, culled expired medications, painted pediatric examination rooms, repaired homes, delivered a training to help local clinicians and social workers cope with stress, and offered technical assistance to apply for grant funds that would create needed new programs. They visited the homes of traumatized elderly to bring food and conduct blood sugar and blood pressure screenings. The group worked in collaboration with local agencies to help rebuild the existing infrastructure — a very slow process.

One student remarked that she now knows how politics influences health care.

The Strowd Roses Foundation gift helped to cover transportation costs for volunteers. “The Foundation made an investment to help nursing students become more effective, patient-centered clinicians by enabling them to participate in service learning experiences. As a result, students gained practical preparation during disaster recovery,” said Sonda Oppewal, SON associate dean for community partnerships and practice.
$1.09 million gift from Robert Wood Johnson Foundation supports efforts to reshape curricula in quality and safety education for nurses

We know that there are significant problems related to patient safety and quality in the U.S. healthcare system. To improve care, healthcare professionals must be able to determine what constitutes good care and know what activities are necessary to provide good care.

Linda Cronenwett, dean of the School of Nursing, received $1.09 million from the Robert Wood Johnson Foundation to fund the second phase of the Quality and Safety Education for Nurses (QSEN) project. The long-range goal of QSEN is to reshape professional identity formation in nursing to include commitment to quality and safety competencies recommended by the Institute of Medicine.

The award will enable Cronenwett and project co-investigator Dr. Gwen Sherwood to continue work initiated last fall with an award of $590,532 for the first phase.

During the second phase, investigators will work with 15 pilot schools that commit to active engagement in curricular change to incorporate quality and safety competencies. Work is also underway with organizations that represent advanced practice nurses to draft proposed knowledge, skills and attitude targets for graduate nursing education.

To read more about the competencies recommended by the Institute of Medicine and the project, see www.qsen.org

Making a difference for Triad-area nursing students

A $200,000 endowment gift creates nursing scholarships

Through the generosity of a very private person who shies away from public recognition, the School of Nursing has established the Dean’s Merit Scholarship Fund. The Fund will award a minimum of four scholarships a year to undergraduate nursing students from the Triad region of North Carolina, starting in fall 2008. A $5,000 expendable gift from the same donor provides the immediate funds to enable the School to begin making up to four awards immediately for the academic year starting in August 2007.

School of Nursing’s Carolina First campaign reaches 99%

A celebration is underway! The University has exceeded its campaign goal of $2 billion. The SON is poised to achieve its $15 million commitment.

With seven months remaining until the Carolina First Campaign ends on December 31, 2007, the SON has secured $14.8 million in outright gifts, bequests and pledges toward its $15 million goal.

This Campaign is meaningful because of what it has created—what YOU have created. The SON has added critical new scholarships for student support, built and paid for a new building addition that creates a dynamic learning and teaching environment, and provided needed faculty support in a very competitive recruitment and retention atmosphere. We are on the home stretch. Please celebrate with us by making your gift or adding to it.

Will you take us over the top?
Honoring our leadership giving

In March, the School of Nursing hosted a reception at the Carolina Inn honoring our leadership donors, including those who have established named funds, or are members of the SON’s Carrington Society or the University’s Gerrard Society. Carrington Society members demonstrate their commitment to the mission of the School of Nursing by making annual gifts of $1,000 or more. Members of the University’s Gerrard Society have made planned gifts to the School of Nursing ensuring the success of generations of future nursing leaders.
TarHEAL Explorations Day

By Lisa Biltz and Kelly Crockett, Class of 2007
Association of Nursing Students

On January 27, the SON’s Association of Nursing Students (ANS) hosted 70 local Girl Scouts for TarHEAL Explorations Day, a morning dedicated to exploring and celebrating nursing.

The event began with breakfast and registration. Each Girl Scout received a goodie bag full of hospital recruitment items as well as a disposable stethoscope. Throughout the morning, the scouts rotated through six nursing specific stations including hand washing/epidemiology, nutrition, healthy hearts, nurses panel, smoking cessation and prevention, and “Stan the Man.”

At each station, the Girl Scouts were engaged in a short tutorial followed by a hands-on activity. By going through each of the stations, the scouts were eligible to receive a nursing badge. The badge’s theme is, “Nursing: The Power to Make a Difference.”

ANS plans to hold this event annually and hopes to expand the program to include both Girl Scouts and Boy Scouts in the future.

Editor’s Note: This article has been edited for space.

▲ At the healthy heart station, the Scouts learned about heart functions and the specific jobs of the different chambers. They were taught how to count their own pulses and listen to a partner’s heart with a stethoscope.

▲ At the smoking cessation/prevention station, the Scouts created stop-smoking posters and entered them into a contest. The winner’s message was heard loud and clear: “Don’t smoke, because if you die, someone will miss you.” The winner was given a Littman stethoscope to take home.

▲ At the nurses panel station, the Scouts posed questions to a pediatric nurse, an air-care nurse and a global health nurse.

▲ At the nutrition station, the Scouts were exposed to the “5-a-day the color way” campaign as well as proper food proportions. Most were shocked to find that the proper proportion for meat is about the size of a deck of cards.

▲ At the hand washing station, the Scouts learned about the spread of disease. After unknowingly coating their hands with residue, the scouts looked at their hands under a black light before and after washing them to see how well they cleaned away the residue.

▲ Scouts met the SON’s human patient simulator, “Stan-the-Man.” Many asked great questions about what to do in different situations and were excited to watch Stan’s heart rate change and feel his pulse.
UNC, Duke collaborate on patient safety training pilot

The University of North Carolina at Chapel Hill and Duke University staged a patient safety training exercise for medical and nursing students. The event, which marked a first of its kind collaboration between the two universities, took place on the UNC Chapel Hill campus. It was the first of four projects funded by a $1.65 million grant to UNC and Duke from the North Carolina GlaxoSmithKline Foundation.

On March 6, 460 medical and nursing students participated, along with more than 100 UNC and Duke faculty and staff. The day began with an introductory session and lecture. The group then broke into smaller groups for patient safety instruction and training. Four different modalities or methods of instruction were used to help the organizers evaluate the strengths and weaknesses of each.

One group received a traditional lecture. A second group received a lecture and was asked, via an audience response system, how to respond to particular patient care situations. A third group took part in a “low fidelity” patient care simulation, in which they were assembled into patient care teams and engaged in role playing. The fourth group used a “high fidelity” simulation, in which students put on white coats and/or scrubs and took care of a “smart mannequin” that mimics human physiological responses to the actions taken by the students. Each group was tested after completing their instruction.

The day-long exercise was a pilot study for the organizers, who plan to use the results to develop new curriculum components. SON Associate Dean for Academic Affairs Gwen Sherwood, Director of the Undergraduate Program Beverly Foster and Director of the Clinical Education and Resource Center Carol Durham, were responsible for coordinating the SON’s role in the pilot.

The North Carolina GlaxoSmithKline Foundation grant to UNC and Duke established a collaborative partnership to address four pressing local and global health care concerns: quality of care and patient safety, health disparities, global health with an emphasis on HIV/AIDS and mental health care.

UNC to establish an interdisciplinary geriatric healthcare research center

The University of North Carolina at Chapel Hill is one of seven institutions nationwide to be awarded a two-year $300,000 grant from the John A. Hartford Foundation and RAND Corporation for the development of a new center focused on improving the health of older adults through innovative, interdisciplinary research.

The Interdisciplinary Center for Aging Research: Uniting Scientists (ICARUS) represents the combined efforts of UNC schools of social work, nursing, and medicine. The mission of the Center is to create a strategic plan to focus on aging research, provide interdisciplinary research and training opportunities for new and established investigators, and to develop and study innovative clinical and health services interventions in geriatrics. ICARUS will work closely with community partners, and focus on four interrelated activities: scholarship for discovery, integration, application and teaching.

ICARUS is administered through the UNC Chapel Hill School of Medicine Program on Aging. SON Umphlet Distinguished Professor in Aging Mary H. Palmer is a co-investigator.
New Multi-Year Faculty Appointments

Pam Jenkins joined the SON as director of Continuing Education in March 2007. She has a BSN from the University of Northern Colorado, MSN from Virginia Commonwealth and EdD in adult and community college education from NC State University. She had a distinguished career in the U.S. Army Nurse Corps and specialty training as a critical care CNS and adult educator. Jenkins has been a public health nurse consultant with the NC State Department of Public Health and an adjunct faculty member in the UNC School of Public Health where she taught in the Disaster Management Distance Learning Certificate program. Her research interests include food borne diseases and surveillance, as well as HIV/AIDS.

SeonAe Yeo joined the SON as an associate professor in January 2007. Yeo earned her BS in nursing from St. Luke’s College of Nursing in Tokyo and her MS and PhD in health science at Tokyo University. Prior to joining the SON, she taught at the University of Michigan. She currently serves as the president of the Asian American Pacific Islander Nurses Association, and will devote a percentage of her time to building programs for Asian and other international students at the SON.

The SON also welcomed four new clinical assistant professors: Victoria Cryer, Susan Pelliccio, Joan Smith and Julie Vann.

Promotions

Gail Mazzocco was promoted to clinical associate professor from clinical assistant professor. Mazzocco also serves as the statewide AHEC liaison. Her research interests include rural interdisciplinary education and service.

Laura Nasir was promoted to clinical assistant professor from clinical instructor. Nasir is a family nurse practitioner and is interested in community-based programs, including the development of free clinics, patient-centered educational efforts, cross-cultural communication and global health initiatives.

Anne Skelly was promoted to professor from associate professor in January 2007. Skelly’s research is devoted to improving the self-care practices of minority women with diabetes, particularly African-American elders living in rural communities.

Honors & Recognitions

Janna Dieckmann, assistant professor, was selected as this year’s recipient of the Carolina Women’s Leadership Council Mentoring Award. The award, which carries with it a $5,000 stipend, recognizes outstanding faculty members who go the extra mile to guide, mentor, and lead students and/or junior faculty as they make important career decisions, embark on innovative research challenges and enrich lives through public service, teaching and meaningful educational opportunities.

Cheryl Jones, associate professor, was awarded Carrington Leave for the 2007-2008 academic year to submit a proposal which will develop her program of research on the nursing workforce, particularly in relation to the concept of volatility in nurse staffing. She will also prepare and submit manuscripts on methodological issues in the study of turnover and retention of nurses, the concept of vacancy tolerance, and race based wage disparities in the nursing labor market.

Mary Lynn, associate professor, was awarded Carrington Leave for the 2007-2008 academic year to complete manuscripts that present findings from her National Institute of Nursing Research-funded study. Lynn also plans to use the leave to increase her knowledge and experience with Item Response Theory so that she can add a course on advanced psychometrics to her summer SON CE Instrument Development Institute.

Margaret S. Miles, research professor, was appointed the new principal investigator and director of the Center for Innovation in Health Disparities Research at the SON funded by the National Institute of Nursing Research, National Institutes of Health.
1964
Jean Burley Moore (BSN) was appointed assistant dean for research at George Mason University School of Nursing in Fairfax, VA.

1967
Nancy Porter (BSN), dean of health education at Gaston College in Gastonia, NC, received the 2007 Altrusa Award for Excellence for personifying the mission of Gaston College and the ideal of lifelong learning.

1970
Janet A. Sipple (MSN) retired in August 2006 from her position as department chair at the St. Luke’s School of Nursing at Moravian College in Bethlehem, PA, but her nursing legacy continues on through the Janet A. Sipple Lecture Endowment Fund. The fund was established in her honor by students, colleagues, friends and family, and recognizes Sipple’s work to establish the School of Nursing at Moravian College. The fund aims to provide an annual lecture in the area of international health care, world community service, leadership or public health.

1971
Nancy Caddy (BSN) was recognized as a 2006 Great 100 Nurse. The awards are given each year to 100 North Carolina nurses who demonstrate an exemplary commitment to nursing. Caddy currently serves on staff at Moses Cone Health System in Greensboro, NC.

1976
Cynthia Reid Walters Dearmin (BSN) received her BM in piano performance at Salem College in 1993. Since then, she has worked part time as a staff nurse for Hospice of Stokes County. She married Van Dearmin on May 6, 2006.

Sue Morrow (BSN) was recognized as a 2006 Great 100 Nurse. The awards are given each year to 100 North Carolina nurses who demonstrate an exemplary commitment to nursing. Morrow currently serves on staff at UNC Hospitals in Chapel Hill, NC.

1977
Karen McBroom Butler (BSN) recently earned her doctor of nursing practice degree from the University of Kentucky where she was awarded the Sebastian-Stanhope Award for Excellence in Nursing. Butler currently serves as a faculty member at the University of Kentucky College of Nursing.


1978
Ann King Cashion (BSN) and Robin Elaine Remsburg (BSN) were inducted as fellows in the American Academy of Nursing. The invitation to fellowship is both recognition of the individual’s accomplishments within the nursing profession and an opportunity to work with over 1500 other health care leaders in addressing current issues and trends in healthcare. Cashion currently serves on the faculty of nursing at the University of Tennessee Health Science Center and Remsburg is employed at the National Center for Health Statistics.

1983
Debra Hernandez (BSN) was recognized as a 2006 Great 100 Nurse. Hernandez currently serves on staff at Durham Regional Hospital in Durham, NC.

1986
Daphne Snider (BSN) was recognized as a 2006 Great 100 Nurse. Snider currently serves on the staff at the Carolinas Medical Center in Charlotte, NC.

1987
Ann Louise Thompson Armstrong (BSN) graduated from Drexel University in Philadelphia in May 2006 with an MSN in clinical trials. Following completion of her degree, she formed a private corporation that specializes in teaching good clinical practice to research coordinators and investigators. Currently, she is the research director at Cardiovascular Associates, P.C., in Kingsport, TN.

1988
Pat Sappenfield (BSN) retired in March 2006 from the Guilford County Health Department after devoting 46 years to the profession of nursing. While at the Guilford County Health Department, Sappenfield served as the program manager for child health.
1997

Jill Hardin Knox (BSN) (above) and husband, Jamie, became the proud parents of Jada Elizabeth on April 5, 2006. Jada, born 7 lbs, 15 oz., joined brothers Jacob and Jackson. The Knox family also celebrated Jill’s graduation from Western Carolina University with an MSN/FNP degree in August 2006.

Maureen O’Rourke (PhD) was promoted to professor at the University of North Carolina at Greensboro. She also was awarded the National Oncology Nursing Society Trish Greene Memorial Quality of Life Lectureship in November 2006.

1998

Cindy Thrower Surrrett (MSN) was married on April 22, 2006.

1999

Danielle Koonce Cecil (BSN) graduated from the Raleigh School of Nurse Anesthesia in August 2006, and now serves as a CRNA at Stet Rex Hospital in Raleigh, NC.

2000

Roulhac Clark Johnson (BSN) and her husband welcomed a new baby boy, James Jay, on July 2, 2006.

2001

Nadine “Dede” Loops (BSN) graduated from the Duke School of Nursing FNP program in September 2006.

2003

Amy Brenneman (BSN) spent last summer working at Victory Junction Gang, a camp for children with chronic medical conditions or serious illnesses.

Melanie Parnell Stephens (MSN) and her husband, Brian, celebrated the birth of their first child, Kiley Faith Stephens, born on July 3, 2006, weighing 9 lbs, 2 oz.

2004

Tiffany Fontainé Dean Bruce (BSN) married Everett Bruce III on August 26, 2006.

Jane Gledhill (BSN) received the Rehab Rookie of the Year Award by Planetree at UNC in June 2006. And, Planetree is a non-profit organization committed to helping hospitals and healthcare centers implement patient-centered care in healing environments.

Monica Lowe (BSN) received the Oncology Rookie of the Year Award by Planetree at UNC in June 2006.

What’s new with you?

Keeping up with each other is hard to do these days. Please let Carolina Nursing share your news! Whether it’s a new job, special accomplishment or an addition to your family, we’ll be happy to get the word out for you.

Be sure to include your name (and maiden name), class year, any change of address, and your news.

Please send news to:
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Chapel Hill, NC 27599-7460
sonalum@unc.edu
Danish modern was all the rage and eye glass frames looked like rhinestone-studded flying saucers. Tell us more about these photos by sending your memories to Norma_Hawthorne@unc.edu or Norma Hawthorne, Director of Advancement, UNC Chapel Hill School of Nursing, CB 7460, Carrington Hall, Chapel Hill, NC 27599-7460.

Continuing Education Calendar of Events

<table>
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<th>Date</th>
<th>Event</th>
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<td>August 6-9, 2007</td>
<td>Advanced Principles of Teaching</td>
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<td>August 6-8, 2007</td>
<td>Writing for Publication for Asian Scholars</td>
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<td>September 6, 2007</td>
<td>“Bad Bugs” Infectious Disease Update</td>
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<td>September-November</td>
<td>Tuesday Evenings - Fundamentals of Clinical Research</td>
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<td>September 10-12, 2007</td>
<td>Legal Nurse Consultant Session #1</td>
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<td>September 13, 2007</td>
<td>Diabetes</td>
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<td>October 1-3, 2007</td>
<td>Legal Nurse Consultant Session #2</td>
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<td>October 4, 2007</td>
<td>Lessons in Leadership Series</td>
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<td>October 8-10, 2007</td>
<td>17th Annual Art of Breastfeeding Conference</td>
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<td>October 12, 2007</td>
<td>NP Pharmacology</td>
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<td>October 25, 2007</td>
<td>Oncology Update</td>
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<td>October 26, 2007</td>
<td>Leadership Skills for Charge Nurses</td>
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<td>November 1, 2007</td>
<td>Wound Care Conference</td>
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<td>November 6-7, 2007</td>
<td>Long Term Care Clinical Nursing Institute</td>
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<td>November 8, 2007</td>
<td>Cardiovascular Update: Focus on Heart Failure</td>
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<td>November 9, 2007</td>
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<td>November 15, 2007</td>
<td>Pediatric Critical Care</td>
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<td>November 29, 2007</td>
<td>Advanced Practice/NP Program</td>
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<td>December 7, 2007</td>
<td>Forensic Nursing Update</td>
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For more information or to register, contact Continuing Education at (919) 966-3638 or visit http://nursing.ce.unc.edu.
Creating a Living Tribute

“After my wife, Pamela McClure Wichmann, MSN ’99, died in an auto accident in October 2006, I immediately established an endowed scholarship to support a master’s student in her memory. Pam felt that she received an outstanding Nurse Practitioner education at Carolina and that the Carolina NP students she precepted were outstanding. Pam was recognized by the faculty as Outstanding Preceptor of the Year in 2006.

Pam believed that nurse practitioners could make a difference in providing affordable health care. The bequest I recently made to add to the scholarship endowment will help future students achieve what Pam sought to do, provide quality and compassionate health care.”

Bernard Wichmann
Kernersville, NC

Creating a Scholarship and Income, Too

“Carolina and the education I received at the UNC School of Nursing have always been a part of who I am. Therefore, it was my pleasure to set up a scholarship through the UNC Chapel Hill Foundation Charitable Gift Annuity program. By doing this, I will be able to assist future students’ endeavors to become self-sufficient and contributing members of society, while providing for myself a guaranteed income on my investment.”

Patsy Johnson, BSN ’55
Cary, NC

Read more about the Pamela McClure Wichmann Scholarship on page 22.