Growing Future Leaders
Dear Alumni and Friends,

At UNC Chapel Hill School of Nursing, we have a tradition of leadership. On Friday, April 29, 2005, we once again demonstrated that leadership by dedicating the building addition to Carrington Hall, the first building in the 16-campus UNC System with a pending Leadership in Energy and Environmental Design certification from the U.S. Green Building Council.

The new 69,350 square-foot facility nearly doubles the School’s existing space. To those of you who were able to join us for our celebration, thank you for your support. And, to those of you who were not able to be with us this special day, you can read more about all the festivities in “Celebrating Milestones, The SON Dedicates its New Building.”

In this issue’s feature article, “Growing Future Leaders,” we profile three Carolina nursing students who demonstrate leadership in their studies and their communities. The SON is dedicated to educating and training the nursing leaders of tomorrow in North Carolina and beyond. In “The Guatemala Experience: The SON Goes Global,” you can read about one of the ways the SON is expanding opportunities for faculty and students to experience healthcare practices abroad.

I hope you will enjoy the photos and stories from Alumni Weekend 2004. It is always a pleasure for me to reconnect with our alumni, and this past year’s event was particularly exciting, especially for those of you who made it to the UNC vs. Miami game! You are all leaders in your own way, and invaluable to the SON and its future.

In reading through this issue of Carolina Nursing magazine, I’m reminded why I’m so proud to be a part of the Carolina nursing family. I hope you’ll be reminded too.

Yours truly,

Linda R. Cronenwett, PhD, RN, FAAN
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Carolina nursing student Eugene Farrug, MSN ’05

The University of North Carolina at Chapel Hill is open to people of all races, is committed to equality of educational opportunity and does not discriminate against applicants, students or employees based on age, race, color, sex, national origin, religion, disability. It is the policy of The University of North Carolina at Chapel Hill that sexual orientation be treated in the same manner. Any complaints alleging failure of this institution to follow this policy should be brought to the attention of the General Counsel and the Assistant to the Chancellor and Director for Minority Affairs.
Dr. Barbara Carlson, assistant professor and associate director of the biobehavioral lab, has been awarded the Gordon H. DeFriese Career Development in Aging Research Award recognizing her outstanding promise and commitment to improving the quality of life for older persons.

Dr. Molly Dougherty, professor of nursing, has been named the 2004 Continence Care Champion of the Association of Obstetric and Neonatal Nurses by the National Association for Continence for her contributions toward incontinence research, education and clinical practice.

Dr. Yvonne Eaves, assistant professor, was one of only 12 Hartford Institute-AIN Geriatric Nursing Research Scholars selected for an in-depth mentoring experience with nationally recognized gerontologic nursing researchers. Scholars engaged in discussion and critical analysis of a variety of research problems, advanced and refined individual programs of research, and honed research skills to gain a competitive edge for funding.

Dr. Donna Havens, academic division chair, has been named a Fellow of the American Academy of Nursing for demonstrating evidence of outstanding contributions to the evidence base for nurse executive practice.

Karen Hearne, assistant to the dean, received the Robert R. Cornwall Unsung Hero Award. The annual award is presented to a current, full-time permanent employee who has provided significant service in support of the University over a long period of time and, generally, from a background position. Excellence in the quality of work performed is the standard used for selecting the recipient of the award.

Dr. Diane Holditch-Davis was appointed Kenan professor of nursing by UNC Chapel Hill Board of Trustees. Holditch-Davis is a leading researcher in health and development of premature infants. As director of SON doctoral and post-doctoral programs, director of CRCI, and co-director of the SON T-32 on managing and preventing chronic illness, Holditch-Davis offers leadership in scientific endeavors through important contributions to the work of many SON students, faculty and alumni.

Dr. Diane Kjervik, professor and director of the Carolina Women’s Center, recently received the American Association of Nurse Attorneys’ Outstanding Advocate Award. She received the honor, which recognizes her outstanding advocacy initiatives, at the association’s 23rd annual meeting and educational conference held in Orlando, Florida. Kjervik, who has been a member of the association since 1983, is editor of its official journal, the Journal of Nursing Law. The Outstanding Advocate Award was established to recognize an individual member whose legal theories, strategies and abilities demonstrate outstanding legal advocacy. This is the second time Kjervik has received this award.

Dr. Anne Skelly, associate professor, was awarded the Achievement in Research Award by the National Organization of Nurse Practitioner Faculties (NONPF) for her devotion to her research and study of diabetes mellitus and for her success in integrating her research experiences into her teaching roles.

Mark receives grant to help nurse researchers improve healthcare quality, patient outcomes

Dr. Barbara Mark, Sarah Frances Russell distinguished professor of nursing at the University of North Carolina at Chapel Hill School of Nursing, has been awarded approximately $1.5 million over the next five years as part of an Institutional National Research Service Award to prepare nurse researchers to improve the quality of health care and contribute to patient outcomes. The award, funded by the National Institute of Nursing Research, is titled “Research Training: Health Care Quality and Patient Outcomes” and is one of only 28 such grants in the nation. UNC Chapel Hill SON is one of only six other universities nationwide currently to have more than one of these grants funded at the same time. Dr. Merle Mishel, Kenan professor of nursing, directs a similar research training grant entitled “Interventions for Preventing and Managing Chronic Illness” funded since 1996.

Responding to a 2000 Institute of Medicine report that indicated approximately 44,000 deaths result annually due to medical errors, the program directed by Mark will use the IOM’s criteria for quality health care – safety, effectiveness, patient-centeredness, timeliness, efficiency and equity – as its organizational framework.

“This program is exceptional because it is multidisciplinary in focus,” said Mark. “Improving the quality of health care depends upon active and ongoing collaboration among the health professions. This is true in both research and in working together to develop strategies that can be used successfully in health system change.”

Partners and co-investigators in the program are Dr. Peggy Leatt, chair and research professor in the School of Public Health’s department of health policy and administration, and Dr. Timothy Carey, Sarah Graham Kenan professor of internal medicine and social medicine and director of the Cecil G. Sheps Center for Health Services Research.
HIRES & PROMOTIONS

Lindsay Allen joined the SON in May 2004 as a clinical instructor and serves as the new faculty advisor for the Association of Nursing Students. Before coming to Carolina, Allen worked in Bone Marrow Transplant at Georgetown University Hospital. She has extensive nursing experience in hematology/oncology, bone marrow transplant and healthcare policy. Allen is interested in professional development in nursing, is involved with NCNA and sits on the Triangle region board. She is a double Carolina alumna, having received her bachelor’s in 1999 and her master’s in 2004.

Diane Berry will join the SON in July 2005 as an assistant professor. Berry recently completed a post-doctoral fellowship at Yale University School of Nursing. She holds a BSN from Lenior Rhyne College, and a master’s and PhD from Boston College School of Nursing. While working on her PhD, she taught undergraduate classes at Boston College and earned the Teaching Excellence Award and the Outstanding Graduate Student Award. In 2002, Berry won the Boston College Distinctive Dissertation Award for her doctoral work on women maintaining weight loss.

Beth Black has been promoted from clinical assistant professor to clinical associate professor.

Alice (Dee Dee) Boyington has been promoted from assistant professor to associate professor with tenure.

Leslie Davis has been promoted from clinical assistant professor to clinical associate professor.

Barbara Jo Foley has been promoted from clinical associate professor to clinical professor. She is also the new chair of academic division II.

Katherine Gallia joined the faculty in August 2004 as a clinical associate professor after 13 years at the University of the Incarnate Word in San Antonio, Texas. Gallia earned her doctorate at the University of Texas at Austin. Her primary research interest is resiliance in older adult cancer survivors.

Pat Gingrich will join the faculty as a clinical assistant professor in July 2005. Gingrich began her career in nursing with a BSN from UNC Chapel Hill, Class of ‘77. She earned an obstetric-gynecologic nurse practitioner certificate at Indiana University, and completed her MSN in women’s health at UNC Chapel Hill in 2001. Gingrich was a contributing author to SON Clinical Professor Deitra Lowdermilk’s book, *Maternity Nursing*, and has additional publications on management of abnormal pap tests, and herbal therapy use for perimenopausal women.

Sandra Hoffman has been promoted from clinical instructor to clinical assistant professor.

Jeanne Brown Jenkins joined the faculty in August 2004 as a clinical instructor in continuing education. Jenkins recently served as patient service manager III at UNC Hospitals. She earned her master’s in nursing and a master’s in business administration from UNC Greensboro, and has extensive experience in emergency nursing. Her primary interests include leadership, workforce development and the nursing environment.

Martha A. Johnston joined the SON in November 2004 as the program coordinator for Building Capacity for Better Jobs & Better Care, a five year study funded by HRSA. Prior to joining the SON, Johnston was a full-time doctoral candidate at Penn State University where she was a project coordinator on a NIH research grant studying the wandering aspect of dementia. Johnston has more than 15 years of experience working with hospitals and long-term care programs in the development and management of post-acute/chronic care programs. She obtained her master’s in nursing and master’s in business administration from Widener University in Chester, PA, and her doctorate from Penn State University.

Cheryl Jones has been reappointed to associate professor, achieving tenure with her reappointment.

Mark Philbrick is serving as interim director of the Office of Academic Affairs. Philbrick is alumnus of the SON’s MSN/FNP program.

Bill Powell has been promoted from clinical assistant professor to assistant professor.

Victoria Sanchez joined the SON in September 2004 as program manager for the Center for Innovation in Health Disparities Research and the Center for Research on Chronic Illness. Sanchez formerly worked with the Pacific Institute for Research and Evaluation Chapel Hill Center as a research site coordinator for a randomized control trial of a substance abuse prevention program in five high schools in San Antonio, TX. She completed her master’s at the University of California at Berkeley in health education and her doctorate at UNC Chapel Hill in health behavior and health education.

Todd Schwartz has been promoted from research instructor to research assistant professor of biostatistics and nursing.

Gwen Sherwood will join the SON in August 2005 as associate dean of academic affairs. Sherwood formerly served as professor and executive associate dean of the School of Nursing at the University of Texas Health Science Center at Houston. Her experience includes oversight of all academic programs, including baccalaureate, RN/MSN, master’s and doctoral programs and a web-based accelerated BSN for second degree students. Sherwood has a diploma in nursing from Georgia Baptist Hospital and a BSN from North Carolina Central University. She earned an MSN in medical-surgical nursing from UNC Chapel Hill in 1970 and her PhD in nursing from the University of Texas at Austin. She is the chair of the Reflective Practice International Task Force for Sigma Theta Tau International and president of the International Association for Human Caring.

Elaine Smith joined the SON in May 2005 as director of continuing education. Smith began her career in nursing with a BSN from Adelphi University. She earned her MSN (med-surg CNS) from Adelphi and an MBA from Dowling College. She is currently a candidate for the Doctor of Education degree (adult and continuing education) from Columbia University. Smith held leadership positions in quality improvement and nursing staff development at Long Island Jewish Health System in New Hyde Park, NY, prior to joining UNC Hospitals as director of Nursing.

2005 SIGMA THETA TAU INDUCTEES

The University of North Carolina at Chapel Hill School of Nursing would like to congratulate its 2005 inductees into the Alpha Alpha Chapter of Sigma Theta Tau International.

Undergraduate BSN Students
Sarah Abel
Misty Benfield
Kathryn Berrien
Julia Brower
Tanya Bush
Ashley Campbell
Mandi Cherry
Diana Compton
Debra Davis
Jessica Eaton
Kelly Gardner
Ariel Geffen
Tara Greer
Susan Heinzlering
Sarah Hoag
Jennifer Hofmeister
Katherine Horne
Courtney Huffman
Kristin Immermann
Natalie Jones
Rebeca Jones
Orna Kafi
Jessica Kaplan
Dana Kappler
Kimberley Kurek
Thi Lam
Amy Lawler
Susan Leney
Megan Maher
Sarah May
Anne McPherson
Abigail Millikan
Christine Milmoe
Tracy Nanney
Judith Noel
Lauri Oeell
Leslie Polziens
Amy Roper
Ashley Self
Brooke Smith
Olivia Steele
Kristen Stokes
Nancy Stotts
Patricia Swagart
Courtney Taylor
Chau Thai
Elizabeth Van Cleve
Brittnay Vann
Jennifer Warren
Adrienne West
Claire Woodard
Kimberly Young

RN - BSN Students
Kristina Andronica, RN
Elizabeth Magdaleno, RN
Carol Meguid, RN
Nataliya Shuchalina, RN
Kim Woodell, RN
Victoria Zeiko, RN
INDUCTEES continued

RN - MSN Students
Joan Crowson, RN
Kathleen Doss, RN

Graduate Students
Kristen Cole
Jill Connell
Nichole Connor
Karyn Daguerre
Meredit Fraizer
Harlene Heggie
Ann Jessup
Judith Lawrence
Ashley Lindsay
Crystal McNeal
Lynanne Plummer
Sala Ray
Lara Reiler
Anne Rogers
Davide Surlis
Katherine Vaughn
Vrinda Villa
Deanna Whitley
Angela Yacuzzo

Community Leaders
Wanda Adams, RN
Angelene Baker, RN
Linda Bryant-Hampton, RN
Joan Crowson, RN
Sara Cunningham, RN
Ann Dudley, RN
Cherie Fretwell, RN
Sylvia Hicks, RN
Wendy Morgan, RN
Sandra Pabers, RN
Rebecca Roberts, RN
Elizabeth Rochin, RN
Cherie Smith-Miller, RN
Teresa Tabron, RN
Deonni van der Bergh, RN
Nancy Vines, RN

Special Thanks to Marshals
Jennifer Allran
Lauren Bruce
Jessica Cabaness
Shannon Gorrell
Shelli Hoyes
Jennifer Lagasca
Lee Ann Leclaire
Erlie Wheeler

The Alpha Alpha Chapter Board
President: Mary R. Lynn, PhD, RN
Vice President: Barbara Jo Foley, PhD, RN, FAAN
Secretary: Karla Brown, RN, MSN
Treasurer: Dee Lowdermilk, PhD, RN
Senior Counselor: Beth Lamanna, WHNP, MPH
Junior Counselor: Roberta Dillon, RN, MSN, CNS

Practice, Education and Research. She has received numerous honors and awards including the NLN Award for Outstanding Leadership in Workforce Development, the NCNA Nurse Educator of the Year Award and the National Nursing Staff Development Organization’s (NNSDO) Excellence in Professional Development Leadership Award.

Victoria Soltis-Jarret will join the faculty as a clinical associate professor in July 2005. She began her career in nursing with a BSN from Duquesne University. She earned her master’s in psychiatric-mental health nursing from the University of Pittsburgh and her PhD in nursing from Flinders University of South Australia. Soltis-Jarret worked for two years on the National Dementia Action Plan Grant for Australia and has been a co-investigator and research associate on clinical trials in geropsych at the University of Adelaide. Her publications describe clinical concerns of people with mental illness in Australia and the goals and boundaries of participatory action research in psychiatric-mental health nursing. The SON also welcomes three new clinical instructors: Beth Pack, Sarah Kelly and Brenda Pun.

RETIREMENTS

Beverly Ferreiro retired from the SON May 31, 2005. She has more than 25 years of experience in mental health services for children and their families as an educator, clinician and researcher. She received her master’s degree in nursing in child psychiatry from New York University in 1967, and her PhD in child development and family relations from University of North Carolina at Greensboro in 1988. Her research has investigated the effects of parental conflict after divorce, psychiatric nurses’ clinical decision making and practice patterns of psychiatric nurses. Her research interests focus on quality of care issues in children’s mental health services, particularly strategies for improving family involvement in mental health services for children and their families.

Martha Henderson retired on November 30, 2004 after many years of service to the SON. Henderson’s history with the school began when she graduated with the second FNP class in 1973. She returned in 1976 to teach in the SON geriatric nurse practitioner program. Henderson was an adjunct clinical instructor for the SON from 1980 through 1994. During this time she precepted FNP students and returned periodically to teach for SON, AHEC, or CE on gerontological nursing and end of life care. In 1994 Henderson became a clinical assistant professor with the FNP program, jointly appointed in the SON and School of Medicine. In the last two years Henderson published two articles and completed two national presentations on the role of the GNP in end-of-life care and all NPs doing advanced care planning. She also won a Book of the Year Award from the American Journal of Nursing for her book, Improving Nursing Home Care of the Dying: A Training Manual for Nursing Home Staff.

Deitra Lowdermilk retired on May 31, 2005. Lowdermilk received her BSN from East Carolina and her MS and PhD in education from UNC Chapel Hill. She is certified in in-patient obstetrical nursing. She began her nursing career in public health nursing and has worked in a variety of maternity and women’s health care clinical settings. Lowdermilk has been in nursing education since 1970. She is co-editor of two maternity and women’s health textbooks and a leader in the North Carolina Section of the Association of Women’s Health, Obstetric and Neonatal Nurses. She is a North Carolina Great 100 RNs for Excellence and a fellow in the American Academy of Nursing.

Elizabeth M. Tornquist retired from the SON on December 31, 2003. Tornquist taught scientific writing to nurses, physicians and public health professionals for over 30 years. She also consulted with universities and corporations and with international organizations such as the World Health Organization and the World Psychiatric Association on technical and scientific writing. Before her retirement, she taught writing in the Public Health Leadership Program at the School of Public Health, University of North Carolina at Chapel Hill, and served as editorial consultant to faculty at the School of Nursing. She continues to work with the Research Support Center at the School of Nursing to teach workshops on writing for publication and writing grant proposals, and to provide editorial consultation and assistance to nurses, physicians and other healthcare professionals around the country.

DEATHS

Ruth Dalrymple, one of the first three faculty members hired by Dean Kemble when the School of Nursing began, died December 27, 2005 at the Llanfair Retirement Community in Cincinnati, OH. She was 88 years old. SON records show that she was appointed associate professor in 1951. She left in 1968, having served as director of the BSN program and assistant dean. Dalrymple went on to become the dean of the University of Cincinnati College of Nursing, where she served for 10 years, being named The Cincinnati Enquirer’s Woman of the Year in 1977 for her outstanding contributions to education, to her profession and to her community. The SON is grateful to Dalrymple who left a $10,000 bequest to our School—an enduring gift from her to our endowment and our future.
**Kindred Spirit Award**

BSN student Christina Martinez was selected as the winner of the School of Nursing’s first Annual Kindred Spirit Award for Excellence in Multicultural Scholarship for examining diversity in care through sensitive, creative and original coursework.

“Her work demonstrates her commitment to providing culturally appropriate care,” said Dr. Rumay Alexander, director of the Office of Multicultural Affairs. “Her patients in the future will greatly benefit from her skill and dedication.”

The award is open to any undergraduate or graduate student enrolled in the School of Nursing. Students are asked to submit work that analyzes its subject using the lens of race/ethnicity, class, gender, sexuality and culture, or that focuses on the contributions of women and men of all colors to society, history, culture or thought. Judges evaluate the candidates based on seven criteria.

Martinez submitted an abstract and comprehensive care plan reflecting on an experience when she provided care for “Mr. H.,” a 47-year-old Mexican man, who recently immigrated to the United States, suffering from acute renal failure. You can read Martinez’s complete submission online at [http://nursing.unc.edu/departments/oma/index.html](http://nursing.unc.edu/departments/oma/index.html).

Dean Linda Cronenwett recognized Martinez at commencement on May 14, 2005 and presented her with a plaque and a monetary award. Martinez was selected from among seven potential winners.

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**Nurses’ Day at the Legislature**

Nurses Day at the Legislature was April 12, and it was such an awesome and powerful event!

We arrived at the Raleigh Convention Center where two speakers talked to us. The first speaker was Joanne Stevens, a North Carolina Nurses Association lobbyist. She told us about the many bills that needed nursing support and nursing opposition. She encouraged us to talk to our senators and representatives about our stances on important nursing issues. She told us that nurses must define their roles or risk being defined by others. This is why nursing students need to get involved now, so that we will know how to affect change that addresses our interests as nurses.

The second speaker was Judy Leavitt, RN, MEd, FAAN, associate professor of nursing at the University of Mississippi Medical Center. She discussed factors that increase nurses’ power to influence public policy, as well as the 5 c’s of political involvement: communication, credibility, collective action, collaboration and cash.

After lunch, we marched over to the legislative building with our new Association of Nursing Students banner! We separated and talked with senators and representatives from our voting districts. Then we went into the Senate where a joint meeting was taking place between the Senate and the House to congratulate the UNC Basketball team for winning the NCAA championship!

Nurses Day at the Legislature occurs every other year, so the next one will be in 2007. Let’s all take a stand to make our voices heard.
Growing Future Leaders

Three Carolina Nursing Students Who Exemplify Excellence

THE SCHOOL OF NURSING at the University of North Carolina at Chapel Hill, founded in 1950, has developed into a nationally renowned leader in education, research, practice and service. The School is consistently ranked among top colleges and universities in the nation. In 2004 it ranked 3rd among 98 U.S. nursing school programs in annual research funding from the National Institutes of Health and 5th among 354 graduate nursing programs nationwide by U.S. News and World Report. Carolina students historically exceed state and national averages on National Council for Licensure Examination (NCLEX) scores, boasting a 97 percent pass rate in 2004.

Over the past 55 years, the SON has earned a reputation for excellence and leadership in the profession. This robust legacy forms the foundation for the School’s students today.

Meet recent graduates Olivia Steele, BSN ’05, Eugene Farrug, MSN ’05, and Elizabeth Van Horn, PhD ’05. These Carolina nursing students provide us with a view into how nursing students are learning to lead, are leading by example and are defining what it means to lead.
What is it like to be a BSN student at Carolina in 2005? Today’s students are having different experiences from the ones our early classes had at the School. Our early classes lived and studied in the nursing dormitory that was part of North Carolina Memorial Hospital. Today’s SON students live on- and off- campus. Carolina undergraduates enter the BSN program in their junior year and are taking classes using a variety of technologies in state-of-the-art facilities. They learn clinical skills on a human patient simulator named Stan, and they are studying abroad as part of cultural, language and health care immersion programs.

Over the last 55 years as the School has continued to evolve as a leader in education, practice and research, one thing has remained constant— its unwavering dedication to achieving excellence.

Senior BSN student Olivia Steele agreed. “I chose UNC because it is known for its excellent educational opportunities, and I feel the education I am receiving is one of the best in the country both inside and outside of the classroom,” she said.

We sat down with Steele to explore a typical day in the life of a BSN student at Carolina. Instead, Steele described a typical week at the SON, painting a vivid picture of what nursing students do to prepare for their professional roles.

Steele grew up in the small town of Mocksville, North Carolina, and enrolled as a freshman at Carolina in 2000. She applied to the SON during her junior year because she felt that a nursing career would allow her to make an impact on people’s lives while offering her an opportunity to collaborate with teams of healthcare professionals to gain positive health outcomes for patients.

On Monday, Tuesday and Wednesday of each week, Steele and some of her classmates attended clinical sessions at UNC Hospitals. They spent sixteen hours caring for patients in various units of the hospital. Each student aimed to provide complete care for two patients.

After three days of clinicals, two days of classes followed. Steele’s classes usually started at 8 a.m. and ended at 4 p.m. She described the routine as extremely rigorous and demanding. This environment, she said, is what contributed to the incredibly tight-knit student community where lifelong relationships are forged. “One of the most beneficial and important things here are the friendships and contacts I have made,” she said.

Between clinicals and classrooms, Steele found time to work on a senior thesis and participate in the Research Enrichment & Apprenticeship Program (REAP). REAP, funded by the National Institutes of Health, is a multi-university collaboration that enrolls students from diverse racial and ethnic backgrounds to stimulate their interest in pursuing nursing research aimed at eliminating health disparities.

Steele, who graduated with honors in May, knows a thing or two about research. She recently completed a research project she conducted with the help of her mentor Dr. Yvonne Eaves, SON assistant professor. Steele studied the relationship between elderly home-bound African-American adults and their primary caregivers at the time of decision making about nursing home placement. After graduation, Steele plans to work at a hospital.

“Eventually, I’d like to return to school to pursue my master’s in women’s health or community health,” she said.

Steele is just one of the many Carolina BSN students learning to lead. “The nursing program at Carolina has been very rewarding,” said Steele. “I’ve been able to achieve my goals while getting a taste of the research world and preparing to pursue graduate study,” she said.
• In 1955, UNC Chapel Hill SON becomes the first in North Carolina to offer a master's program in nursing.
• In 1956, Audrey Booth became the first MSN graduate from UNC Chapel Hill SON.
• Currently 163 students are enrolled in the MSN program.
• Options of Study
  – Adult Nurse Practitioner
  – Health Care Systems
  – Children’s Health (PNP, CNS)
  – Family Nurse Practitioner (Rural Community-Oriented Primary Care Option)
  – Psychiatric/Mental Health (NP, CNS)
  – Women’s Health Nurse Practitioner
  – RN to MSN for individuals with an associate's degree, or diploma program graduates
• In 2004, U.S. News & World Report ranked the SON 5th among 354 graduate nursing programs nationwide.

For more information about UNC Chapel Hill School of Nursing master's program, visit http://nursing.unc.edu/degree/msn/index.html

Nursing is a natural fit for master’s student Eugene Farrug, age 28, who says he always liked a mix of science and humanities. “Nursing is a wonderful blend of both,” he said. A quick look at the family tree and you may even be tempted to argue that health care is in his blood. Farrug’s mother is an obstetric nurse, his father a rehabilitation counselor, and his three siblings and wife, Aimee, all have experience working in health care.

“It was a full childhood,” said Farrug who spent most of his youth in Troy, Michigan, a suburb just outside of Detroit, growing up in a house with his parents, two brothers, sister and grandmother. “When seven people live in a small ranch-style house with only one full bathroom, you’re always close.” Farrug learned a lot from his family in those early years—patience, tolerance and understanding. “As the youngest member of my immediate and extended Detroit family, I found diplomacy to be an essential part of my daily existence,” he said.

At age 18 Farrug put those skills to use when he went to work as a nursing assistant. The experience confirmed his desire to pursue nursing as a career and he enrolled in courses at Western Michigan University where he earned his bachelor’s in nursing, with minors in biology and psychology. After graduation, Farrug moved to Greensboro, NC, where he completed a cardiovascular nursing residency at Moses Cone Hospital. Then Farrug set his sights on pursuing a master’s in nursing.

Farrug knew he wanted to enroll in a school with a strong family nurse practitioner (FNP) program that would provide him with an opportunity for interdisciplinary partnership. After considering several schools, Farrug decided, “UNC Chapel Hill was the one that fit me best. I was sure I wanted to come here after meeting FNP faculty and touring the campus.”

“My education at Carolina has taken a long and interesting path,” said Farrug. Although his workload was heavy, he says it was manageable and Carolina helped to ensure he was prepared for what lay ahead. Farrug credits faculty, especially his mentors, SON professors Bill Powell, Debra Brown and Carol Durham, for his many successes. “Nursing is harder than I expected, but even more rewarding than I imagined,” he said.

Farrug, who spent time teaching as well as learning, also found himself embracing his role as a mentor to others. He taught basic skills to undergraduate nursing students in the Clinical Education Resource Center and also found time to serve as co-president of the Graduate Student Action Body and a member of the Dean’s Student Advisory Council.

“Nursing is a great career offering financial security, flexibility and opportunity for advancement,” said Farrug, who stands out among his peers for many reasons but especially because he is a male working in a profession dominated by females. “You can’t be afraid to challenge stereotypes or make mistakes,” he said. “We must do better to support nurses professionally, financially and educationally. A more diverse nursing staff is essential to meet the needs of a diverse and changing patient population,” Farrug said.

With areas of North Carolina facing nursing shortages, the SON is stepping up its recruiting efforts to increase the number of qualified faculty to teach a diverse student body. The School is looking to students like Farrug, who are leading by example, for insight into how to appeal to and recruit underrepresented student populations to careers in nursing.

“We must do better to support nurses professionally, financially and educationally. A more diverse nursing staff is essential to meet the needs of a diverse and changing patient population.”
As an undergraduate at South Dakota State University, Elizabeth Van Horn participated in a summer nursing internship at Duke University Hospital. “I saw the ocean for the first time that summer,” said the Brookings, South Dakota native. “I loved the warm weather and southern hospitality.” So after earning her bachelor’s degree in nursing, Van Horn decided North Carolina was the place for her. She moved to Durham where she became a critical care nurse at Duke University Hospital. “I knew I wanted to pursue a higher degree in nursing,” said Van Horn who earned her master’s in nursing at UNC Greensboro. “I had a real passion for it and was interested in teaching,” she said.

Then, without missing a beat, Van Horn applied to UNC Chapel Hill SON’s doctoral program. “I’ve received an excellent education and generous financial support from scholarships and grants. The nurse researchers who taught and mentored me are known leaders in their fields,” said Van Horn. The doctorate in nursing program offered at Chapel Hill was the only one of its kind in the state at the time Van Horn applied and, because of its national reputation, she knew it would be challenging.

Unlike many of her peers, Van Horn continued to work as a critical care nurse during her studies in the doctoral program. “The level of course work is very difficult and the program takes a huge time commitment, but you have some flexibility which helps to make it more manageable,” said Van Horn. With a 45-minute commute to Chapel Hill for class, Van Horn got used to rising early. She commuted two days a week for morning courses, followed by lunch meetings, and then more courses in the afternoon. She spent her weekends working full time in the hospital.

During her second year in the program, Van Horn was fortunate to receive additional financial assistance from a T-32 research grant. The grant, which provides federal support for research training fellowships, was awarded to Kenan Professor of Nursing Dr. Merle Mishel. “The extra assistance from the training fellowship helped me to cut back to part-time hours at the hospital and complete my coursework a year earlier than I expected,” said Van Horn. “Receiving the financial support was an enormous help to me. It gave me the wherewithal to focus on my studies full-time. The traineeship was an extraordinary benefit to my professional development.”

Van Horn received more than just financial assistance from Mishel. She found a mentor. “Dr. Mishel is an incredible researcher. She’s helped me develop my ideas from the ground up. Her expertise in using theory to develop research helped guide me in developing and testing my research model, as well as analyzing and interpreting the results,” said Van Horn.

Van Horn, who graduated in May 2005, has spent the past few years doing research and collecting data for her dissertation, which is based on two previous investigations. While earning her master’s degree Van Horn completed an original study published in Dimensions of Critical Care Nursing that examined how family members of patients in intensive care units cope with stress. Another study, pending publication in Orthopaedic Nursing, examined how trauma patients prevented recurrent injuries while managing recovery. For her dissertation, Van Horn developed a model, based on theory and trauma literature, which helps to identify indicators of depressive symptoms in trauma patients. She conducted interviews at UNC Hospitals and Duke Hospital orthopaedic clinics to test the accuracy of her model.

All the while Van Horn continued to teach and gain valuable classroom experience. “It’s so exciting to teach students the basic nursing skills they need to care for patients in the hospital. They are so excited and nervous. They think they don’t know anything, so you encourage them and help them build their confidence. Then you see them starting to use the skills you helped them learn. Being able to participate in their professional growth from the first day of clinical to graduation is an incredibly rewarding experience.”

Van Horn’s experience as a doctoral student has been so positive—she encourages students to seek advanced nursing degrees. “Nursing needs qualified nurses, educators and researchers. I want to help my students think past a BSN to what’s further ahead. It’s never too early to plant those seeds,” said Van Horn.

After graduation Van Horn plans to seek a university faculty position in North Carolina or elsewhere in the South. Wherever she goes, she will continue to be a defining example of what it means to be a Carolina nursing leader.
The School of Nursing at the University of North Carolina at Chapel Hill celebrated another milestone on Friday, April 29, 2005, when it dedicated its new $20 million building addition in a ceremony on Carrington Hall lawn.

“We are proud to expand the school’s capacity to educate high-achieving students who will meet the escalating healthcare needs of our state, nation and world,” said School of Nursing Dean Linda Cronenwett. “We are proud to expand the space for faculty and student scholars who seek to discover improved ways to ameliorate illness and promote health.”

UNC Chancellor James Moeser and Cronenwett hosted the ceremony. Other ceremony speakers included Dr. Mary C. Tonges, UNC Hospitals senior vice president and chief nursing officer; Margaret Raynor, School of Nursing Foundation president; and BJ Lee, School of Nursing Alumni Association president.

Funding for the new building was provided through the following sources: $10 million from the N.C. higher education bond referendum of 2000; $3.4 million from university overhead receipts, which are generated through faculty research; $1.1 million in additional university funding; almost $3 million in private gifts raised as part of UNC’s Carolina First campaign; and $2.7 million in School of Nursing debt financing.

Carolina First is a comprehensive, multi-year private fund-raising campaign to support UNC’s vision of becoming the nation’s leading...
The addition is the first building in the 16-campus University of North Carolina system with a pending Leadership in Energy and Environmental Design certification from the U.S. Green Building Council. Certification is voluntary and based on design and construction practices promoting buildings that are environmentally responsible and healthy places to work.

The new 69,350-square-foot facility doubles the school's previous space and is home to the 163-seat Dr. Frances Hill Fox Auditorium, 83 new faculty and staff offices, 23 new funded project spaces, and 15 new conference room/meeting areas. Other features include technology-enhanced classrooms, a human patient simulator laboratory for critical care skill development and a landscaped rooftop to manage storm water sustainability.

In addition to the ceremony, the School offered events throughout the day. In the morning, visitors enjoyed guided tours and faculty presentations. In the afternoon, the School held its 2005 Elizabeth L. Kemble Lecture in the new Fox Auditorium on the lower level of the building addition. This year’s featured speaker, Dr. Pamela H. Mitchell, presented “Health Care is a Team Sport: Improving Health Through Collaboration.” Mitchell is the Elizabeth S. Soule professor and associate dean for research at the University of Washington School of Nursing.

A slide show from the day’s events, along with this year’s Kemble Lecture, can be viewed online at http://nursing.unc.edu/development/decication_day.

“We are proud to expand the school’s capacity to educate high-achieving students who will meet the escalating healthcare needs of our state, nation and world…”

For more information about sustainability efforts at UNC Chapel Hill, visit http://sustainability.unc.edu/
WE FIRST MET VIA E-MAIL
and then at the home of one of our travelers, Dr. Carol Klein, a physi-
cian at Piedmont Community Health Clinic, to prepare for a 10-
day healthcare culture and language immersion in Guatemala in
October 2004. Those making the trip to Guatemala included a group
of student preceptors and faculty from the SON, Wayne Sherman, a
public health department nurse administrator, Jane Arnold, an assis-
tant professor and director of mid-
wifery at UNC Health Care, Noreen
Orronneau, a UNC Hospitals nurse,
and Elena Lamanna and Jessica
Sherman, two recent college grads
exploring a future in public health
and nursing.
SON clinical faculty instructor
Christina Harlan, MS, RN, a fluent
Spanish-speaker with in-depth
experience providing health care to
migrant workers and immigrants,
organized and led this trip. She
served as our interpreter and guide
along with Blanca Ortiz, our in-
country resource expert. Harlan lead
the first successful SON-organized
study abroad program for students
during spring break in March 2004.
The intention was to expand our
cultural competence and sensitivity
for the Latino immigrant popula-
tion in North Carolina through an
intense immersion program, study-
ing Spanish and living with a host

The Guatemala Experience

The SON Goes Global

by Norma Hawthorne
family. By doing so, we hoped to become better prepared to serve and gain a greater perspective for the patient-provider relationship. We could not have anticipated how all the nuances and subtleties we were exposed to would alter and improve our understanding of immigrants and their healthcare needs.

We were based in Antigua, the ancient historical capital at the center of Spanish colonial influence in Central America. The cobbled 16th century streets were lined with imposing villas stuccoed in hues of mango, plum, turquoise and rose. Around the Parque Centrale, shops attracted vacationers from Guatemala City and tourists from Europe. The shop windows displayed textiles, jewelry, carved jade masks and hand-tooled leather bags. On the streets, young Mayan women with babies wrapped in slings held close to their breasts were accompanied by weather-scarred grandmothers looking much older than their actual years. They wore ornately embroidered huipiles identifying their indigenous villages, a practice carried over from the Spanish conquerors, imposed to control mobility. The street corners and market stalls hummed with vendors offering musical instruments, paintings, rugs and shawls.

Guatemala is an under-resourced nation on the road to recovery after a protracted civil war in which Mayan villages were hard hit. In 1996, a peace treaty was negotiated and a newly-elected democratic government pledged to improve education and healthcare services, especially for the rural underserved. In addition to studying Spanish each day with a personal tutor, we visited public and private health clinics and hospitals, an HIV/AIDS hospice primarily serving children ages six months to 21 years, a traditional nurse midwife, and a Western-style birthing and midwife training center where we could experience and discuss first-hand the services provided and the needs still to be met. Our hosts, health professionals and leaders, were welcoming, energetic and hopeful. Their explanation of how the public healthcare system is organized in Guatemala gave us a clearer view of how our immigrant clients access care in North Carolina clinics and hospitals.

We learned that the tiered-access public health system is intended to provide broad basic services to rural populations. Then by referral, a complex or urgent case could be admitted to a regional hospital or clinic and then, by another referral, to the only public tertiary care hospital in the country located in Guatemala City. People living in remote areas depend on farming for

Return Trip
For the second year, during spring break March 2005, Chris Harlan accompanied 17 students to Guatemala. A July 23-31, 2005, trip is planned for preceptors and faculty. The approximate cost for the nine-day trip is under $1,500, including airfare, in-country travel and guide, and intensive language study. Room and board is provided in private homes. Guests share family-style meals with other visitors and the host. A limited number of spaces will be offered to alumni and friends. If you are an interested alumnus, please contact Norma_Hawthorne@unc.edu (919-966-4619) or Chris Harlan, charlan@sph.unc.edu for more information.

THE SON GUATEMALA EXPERIENCE
• Reduces the big picture to a human level
• Emphasizes the value of better understanding our multicultural world
• Offers intensive Spanish language skill development
• Promotes nursing leadership, dialogue and networking
• Encourages interest in public health, community-based nursing
• Opens future job opportunities
• Reminds us of why we are nurses
• Develops strength and willingness to place ourselves in a different place
• Encourages a trusting, respectful patient-provider relationship
• Reinforces the message about why international exchange is essential

SPRING/SUMMER 2005 13
SERVING OUR COMMUNITIES

By Audra Noble, BSN ’05

Nursing students volunteered at La Fiesta del Pueblo, the Carolinas largest Latin American Festival, in September 2004. Held at the NC State Fairgrounds in Raleigh, the festival featured a variety of art exhibits, music, poetry and politics, as well as a Health and Public Safety Fair. Over fifteen nursing students performed blood pressure screenings free of charge for festival participants. In addition, they promoted prevention of hypertension and HIV.

Family income, rely upon traditional folk medicine, have limited need for more than basic education, and must overcome complex cultural and geographic barriers to consider accessing health care and education. Most community health is provided by either lay technicians or nurse auxiliaries who receive about six months of training. A traveling physician or graduate nurse may visit a village clinic periodically for health check-ups and vaccinations. Graduate nurses, who study for three years at the one university in Guatemala that grants the degree, are few. Graduate nurses are more likely to be employed in the higher-salaried private healthcare system serving patients who are insured or are able to pay out-of-pocket. As a result, the populations in highest need have more limited access.

Over the course of a week, we visited more than 11 public and private health clinics and hospitals, talking with practitioners and administrators. Maternal and child health continually surfaced as a top priority. Pre-natal screenings, adequate midwife training (60% of births are outside a hospital), malnutrition, the highest rates of spinal bifida in the world, upper respiratory infections and high morbidity and mortality in newborns were the most frequently mentioned areas of need for health promotion and prevention. Unemployment is pervasive and one out of every three people earns less than $1 a day. Because rural life depends so heavily upon agriculture as a means of economic support, the men who perform the labor are first in line for nourishment. Often, infants and nursing mothers eat last so that those who labor to provide the food are sustained. Community life depends on it. It is usual for animals to be raised to sell rather than eaten, and one chicken may be shared by a family of eight or nine children once a week during a Sunday meal.

During the week, over a meal or at the end of the day, we talked about our experiences and explored how healthcare attitudes, perceptions and behaviors of immigrants are based on the culture and experiences in their country of origin. We also discussed our own perceptions and attitudes about delivering competent care and how the Guatemalan experience had influenced us and altered our beliefs. We brainstormed ways we could improve health communications in our own institutions and reframe educational messages. We also talked about how important an experience this was for us and for our SON students. It was an eye-opener for us to see how compassionate care is being delivered in a developing nation by non-governmental agencies and by the state. We were able to contrast it with our own western approach to the delivery of care that is very scientifically and technologically grounded. We shared how the experience develops empathy, self-confidence and cultural sensitivity by introducing the participants to the unfamiliar. “Understanding the conditions here leaves no excuse at home for not being a better, more empathetic provider,” said one traveler. Another said, “Through this experience I will be more sensitive to the people I care for. Immigrants have an entire history behind them that a study abroad program helps us understand.” We all agreed that the University’s priority for an international study abroad experience for students is essential and needs to be supported — and that a learning experience of this magnitude could not be gained in any other way.

Mother, child and fruit
Dear Alumni, Faculty and Friends,

I am honored to have been elected to serve our Alumni Association as president. Thank you for your support. As president, I have had many opportunities to get to know many of our alumni—I am proud to say that we definitely have the most passionate and tenacious alumni...the best of the best! However, just as any unit performs as a function of its parts, our Alumni Association is only as productive as those alumni who participate.

Honor. Prestige. Loyalty. To me, being a graduate of the University of North Carolina at Chapel Hill School of Nursing is all of these things and much more. I am not alone in my exuberance to express my gratitude and love for my School. The very name, “Carolina Nursing,” is synonymous with leadership and excellence, with an impressive history of leading the country in education, research and practice. The School's legacy is a result of not only our outstanding faculty, but also the amazing accomplishments of our alumni. Many of our graduates are leaders in health care, research and policy in the United States and other countries around the world. It is the quality of our graduates with each passing class that increases the value of our UNC degrees.

The Alumni Association of the School of Nursing is here for YOU—enabling you to reconnect with fellow alumni and augment your relationship with the School. We want YOU to participate with the Alumni Association. Our objectives are to: encourage the mutually beneficial relationship between the School and its alumni, promote the interests of the School, promote interest in the nursing profession, establish ways of continuing ties of friendship among alumni, and enlist the influence and support of alumni in joining with the School and with the nursing profession in seeking the advancement of health services for human welfare.

Your 23 member Board of Directors works together to ensure these goals are obtained. The Board is comprised of several subcommittees (special events, public relations, long range planning, and scholarship and recognition), which work intricately together to further our mission. If you feel you don’t have enough time to serve on the Board of Directors, you can still be an active alum. You can start the way I did—tell out the response form in Carolina Nursing and mail it in. Or you may send an email or call the Alumni Association office.

We are embarking on an exciting time in the School's history. I encourage you to become active with your Alumni Association (there are no dues or fees- you are automatically a member when you graduate from the School!). To best serve our alumni, we need to hear from you. We welcome your input and encourage your participation. You are welcome to contact me, or Anne Webb, assistant director of alumni affairs at sonalum@unc.edu, or (919) 966-4619.

Your dedication to your School of Nursing is greatly appreciated! A special thank you goes to the current Board of Directors for serving our School, as well as to all of you who have supported the School in the current campaign.

Welcome Home Tar Heel Nurses!

BJ Lee
BJ Lee, WHNP, MSN, RNC
(1993, 1997)

Alumni Board of Directors Sets Agenda for Future

The School of Nursing Alumni Association Board of Directors held its annual meeting on Friday, October 30, 2004, at the Carolina Club. The meeting was led by President Tonya Rutherford Hemming, BSN ’93, MSN ’01. Two new directors, Brandi Hamlin, BSN ’01, MSN ’04 and Donna Laney, BSN ’80, were welcomed.

As always, the directors learned about new initiatives at the School and challenges facing SON leaders through presentations from Dean Linda Cronenwett, and Maggie Miller, assistant dean for student and faculty services. Norma Hawthorne, director of advancement, led the Board in a planning session for the new building dedication ceremony. During lunch, the directors heard about the Student Health Action Coalition (SHAC) from participant and graduate student Megan Randall.

Working committee plans for the year include a focus on public service and association participation in this important area of the School’s mission. Writing a history of the alumni association is also a goal. Promoting continuing education and opportunities for alumni networking continue to be a priority as does providing support for students and faculty. The board continues to look for ways to encourage reunion activities and alumni mentoring.

The end of the meeting also brought an end to President Tonya Rutherford Hemming’s term. She was praised for her excellent leadership and innovation. Tonya turned over direction of the board to new President BJ Lee, BSN ’93, MSN ’01. Director Nancy Barrett Freeman, BSN ’73 was voted the group’s new president elect and direction of the association continues on under excellent leadership.


Alumni participate in the life of the School in so many ways throughout the year, but Alumni Weekend is a chance to relive the student experience with former classmates, see the latest innovations in nursing education and recapture the feeling of the Carolina campus on game day.

Over 120 alumni, family members, students and friends enjoyed Alumni Day festivities at the School on October 30. Touring the Biobehavioral Laboratory, practicing on the human patient simulator and attending a session on student international opportunities were highlights of the day.

Over 120 alumni, family members, students and friends enjoyed Alumni Day festivities at the School on October 30. Touring the Biobehavioral Laboratory, practicing on the human patient simulator and attending a session on student international opportunities were highlights of the day.

Dean Cronenwett and Alumni Board President BJ Lee, ’93, ’97, welcomed attendees during the short program. The BSN class of ’69 presented a class gift to name a conference room in the new building and four Carolina nurses were honored through the annual alumni awards program. The group then enjoyed a late lunch on the lawn together. Attendee and reunion organizer Jean Cly Townsend, BSN ’64 said, “For returning alums, the human patient simulator demo was quite exciting and educational. Of course the personal Q&A with Dean Cronenwett provided information about the SON’s programs, and my favorite part of the event was the barbeque on the lawn and all the fellowship!”

As always, reunions were a big part of the weekend. This year the classes of ’59, ’64, ’69, ’74, ’79, ’84 and ’99 organized reunions and representatives of each reunion class were present at the Alumni Day festivities.

Some classes started celebrating early. On Friday night the BSN class of ’59 had a lively gathering at the home of Durham classmate Helen Shelburne Watkins. Some 15-20 members of the group gathered with spouses at her home for a wonderful evening of food and fellowship. Mary Helen said of the event, “It was so amazing how we were able to pick up after 45 years and reminisce about our days at UNC. There was much laughter and some tears over losses, as well as talk of children and grandchildren. Two things we all agreed on: we all still love Carolina deeply, and we are very proud of the many accomplishments our classmates have made. It was especially meaningful and enjoyable to have Dean Cronenwett join our gathering and compare with us how things are today at the SON! We all left, promising to meet again soon.”

The BSN class of ’74 shared dinner at Café La Rez on Rosemary Street. As reunion organizer Beverly Johnson learned, reunions are a great time to learn about classmates’ accomplishments since graduation. “I am impressed with how much we have contributed to nursing. Many of us have advanced degrees or are working on them. We have advanced nursing practice within the state of North Carolina and the United States. Whether it is the delivery of over a thousand babies, improvement of health care, forwarding the cause of elder care or empowering patients with mental illness, I am proud to say that I am a part of the class of 1974.”

Saturday evening brought a night game against powerhouse Miami, and alums were treated to a historic victory! The Heels defeated the Hurricanes 31 to 28 providing a perfect end to a special weekend in Chapel Hill.
ALUMNI DAY 2005
Saturday, November 5, 2005

Registration begins this fall, so keep an eye on your mailbox for more information! Contact Anne Webb, Associate Director of Alumni Affairs and Annual Fund, at 919-966-4619 or anne_webb@unc.edu with any questions or for help with planning your reunion.
Noteworthy Nurses

by Kathryn Williford

Patty M. Hill, BSN ’69
The SON Alumni Association presented Patty M. Hill with the Carrington Award for Exceptional Community Service at the SON 2004 Alumni Award Ceremony for her outstanding contributions both to her profession and her community.

Hill is a proud alumna of UNC, having received both a BSN and MED in adult education and pediatric nursing. She has served as the secretary/treasurer of the SON Alumni Board and is currently a member of the SON Nursing Foundation Board.

Hill is an active alumna of the SON and also ardently serves her community. She was a member of the Human Services Commission for Orange County and the North Carolina Health Services Commission. Other involvements with the community include serving as Cub Scout den mother, president of St. Thomas Moore PTA, and facilitator of Problem Solving and Stress Management Seminars for Chapel Hill Schools.

Kelly Young, BSN ’91, MSN ’94
The SON Alumni Association presented Kelly Young with the 2004 School of Nursing Alumni Award at the SON 2004 Alumni Award Ceremony for exemplifying the “gold standard” in her 13 years of dedication to oncology care.

Young became OCN certified immediately after graduating and became AOCN certified the first year the test was offered. After completing her ANP certificate at the University of Pennsylvania she returned to North Carolina and began her career at Duke University.

In 2001 Young was awarded the O’Keefe Award for Clinical Excellence in Oncology as a result of her commitment to the field. Recently, Young lobbied congress to gain support for oncology nursing related issues, and she actively coordinated smoke-outs and “I can cope” programs through the American Cancer Society.

Young’s dedication to cancer prevention is demonstrated in her active membership in Women Against Lung Cancer and in her ardent care of lung cancer patients on a daily basis.

Sandra K. Evans, BSN, MBA ’92
The SON Alumni Association presented Sandra K. Evans with the Honorary Alumni Award at the SON 2004 Alumni Award Ceremony for her support of numerous SON partnerships over the years and particularly for her effort in implementing a program that provides educational loans to BSN students. Over 270 students in UNC SON have received aid to finance their nursing educations because of Evans’ efforts.

The Columbus, Ohio native has earned numerous titles since deciding to bring her passion and dedication for the field of nursing to UNC Hospitals in 1973. Among them are senior vice president and interim director of nursing at UNC Hospitals, vice chair of the nursing department, assistant director of operations and adjunct faculty at UNC SON.

Sandra Lynn Jarr, MSN ’96
The SON Alumni Association presented Sandra L. Jarr with the Graduate of the Last Decade Award at the SON 2004 Alumni Award Ceremony for her vision in the area of improving patient care.

After receiving her BSN from Milton College in Wisconsin, Jarr completed her MSN at UNC SON. She is now employed as the clinical nursing director at UNC Hospitals.

Project Compassion, a community-based organization committed to providing education, advocacy and support to people dealing with serious illness, death and grief, boasts Jarr as one of its founding board members as well as its liaison to UNC Hospitals. In 2001, Jarr spearheaded Project Compassion’s first major public program, and in 2003 she worked with the UNC Burn Center to create a volunteer support team for burn victims and their families.
Dear Alumni and Friends,

As you read this issue of Carolina Nursing magazine, we will have just dedicated our new building addition. More than 350 people attended the all-day festivities on April 29 that included faculty and student presentations, poster talks, exhibits and building tours. It is important to stop and celebrate our great accomplishments. I invite you to browse our Commemorative Dedication Program found online at http://nursing.unc.edu/development/dedication_day/index.html.

And, when you visit the School of Nursing, please stop by the lobby atrium of the new building where you will see the Wall of Honor that recognizes those donors who have made gifts to the building campaign of $5,000 or greater. The wall also recognizes everyone who has made gifts of $25,000 or more over their lifetime to sustain the school. Without this consistent support by alumni and friends, year after year, the mission of the School would be severely compromised as state support steadily declines.

In other news... The SON initiated another first this year—the Duke-Carolina Visiting Professorship in Geriatric Nursing. Blue Cross and Blue Shield of North Carolina is underwriting this innovative, six-year partnership between Duke University SON and UNC Chapel Hill SON. Carolina hosted the inaugural three-day program in November 2004. In alternating years each SON will take turns as host, and faculty from both universities, along with BCBSNC case management nurses, will join together to discuss health issues for our nation’s aging population. A special highlight each year is the Carol Hogue Distinguished Lectureship. This year over 120 healthcare leaders came to hear “What’s Wrong With This Picture? Nurses’ Influence on Being Old and Ill in America,” by featured speaker, Sarah Kagan, PhD, APRN, BC, AOCN®, from the University of Pennsylvania SON. If you were unable to join us this year, you can still check out Dr. Kagan’s presentation online at http://nursing.unc.edu/new/hogue.html.

It always delights me to share good news with all of you. Please let us know when you will be in Chapel Hill. We would be pleased to arrange a personal tour of the new building for you.

Regards,

Norma Hawthorne
Director of Advancement
SON Foundation, Inc.

Remembering Carolyn Underwood, BSN ’79
DECEMBER 25, 1956–JANUARY 2, 2005

We will remember Carolyn Underwood with love. She was a cherished friend of the School of Nursing, serving as a director on the SON Foundation, Inc., and elected to vice president in 2003. Her leadership, wisdom and compassion exemplified what Carolina nursing is all about. She selflessly stepped forward to volunteer for us whenever there was a need, and with her husband Bob Blum, hosted two special events for us at their home supporting the SON building campaign. Carolyn carried the values and spirit of the SON with her throughout her successful career as an executive in pharmaceutical and biotechnology industries, and made a huge and positive difference in many people’s lives. We have lost a remarkable woman.

As a shining example of Carolyn’s dedication to the health all people, we want to share with you one of her final thoughts. “Carolyn wishes to remind all women to get a mammogram early and often. Beginning at age 40 may be too late.”

Your exceptional support and belief in the future of nursing education has put us ahead in the Carolina First Campaign. As of this writing, we have reached 75 percent of our Campaign goal, raising over $11.2M toward the $15M target. The University overall has reached 81 percent of its $1.88 Campaign goal, with 73 percent of the Campaign completed. We have momentum, there is much more to do, and many important naming opportunities remain available in the new building.

It always delights me to share good news with all of you. Please let us know when you will be in Chapel Hill. We would be pleased to arrange a personal tour of the new building for you.

Regards,

Norma Hawthorne
Director of Advancement
SON Foundation, Inc.

Katherine Wilson Scholarship Fund

To honor a young woman with strength, hope and tenacity, the Friends of Katherine Wilson have endowed a scholarship fund that will bear her name. It will benefit future students who share Katherine’s passion for nursing. For 4-1/2 years Katherine struggled to complete her nursing degree while bravely battling rare small cell lung cancer. Katherine fulfilled a lifelong dream when she earned her BSN in 2004 along with Sigma Theta Tau distinction at age 27. Katherine died comfortably at home in Chapel Hill with her parents, Anne and John, her friend, Brian Woods, and her hospice nurse by her side on February 16, 2005, at age 28. The Friends intend to raise $100,000. To date, more than 310 people have made gifts totaling over $68,000 to establish the scholarship.

The first recipient will be named at the start of the fall 2005 semester. To make a gift, contact SON Director of Advancement Norma Hawthorne at (919) 966-4619 or Norma_Hawthorne@unc.edu.

Carolyn Underwood leads a November 2002 strategic planning session for the SON Foundation, Inc. board of directors.
More than 30 years later, Fray inspired Osborn once again—this time to make a $50,000 gift naming the Office of Multicultural Affairs in the School of Nursing’s new addition in Fray’s honor.

“I was flabbergasted,” Fray said. “I couldn’t believe she would be so caring and so generous to the school on my behalf.” For Osborn, the gift is a belated “Thank you.”

“I never let Professor Fray know what she meant to me and how she influenced my life,” Osborn said. “It feels nice to be able to say ‘thank you. You did a great job.’”

Fray, professor emerita of nursing, was the first African-American faculty member to achieve tenure in the School of Nursing. Born in Jamaica, she received a bachelor’s degree from Hunter College in 1956. Four years later, she was awarded a bachelor’s degree in nursing from Cornell University and graduated first in her class. In 1964, Fray earned a master’s degree in medical-surgical nursing from Teacher’s College, Columbia University. She joined the Carolina faculty in 1969. In 1975, undergraduates honored her with the Nursing Faculty Award for being the “faculty member who most helped members of the class develop their abilities.” Later that year, the University awarded her the Nicolas Salgo Award for Distinguished Teaching.

Though she said “thousands and thousands” of students passed through her classrooms, Fray remembered Osborn.

“You remember some students because you have to fight to get them to learn,” she said. “You remember others because their motivation, intellect and personality make them stand out. Jody Nelson Osborn was one of those students. I just knew she belonged in nursing.” Osborn has been interested in the issue of diversity since childhood. When Linda Cronenwett, dean of the nursing school, suggested naming the Office of Multicultural Affairs in honor of Fray, Osborn felt it was “a good fit.”

“It’s not acceptable for there to be a need for action in diversity,” Osborn said. “We should get to the point where there’s an even playing field—where the need for diversity isn’t noticed. But we’re not getting there on our own.”

Thanks to Osborn’s gift, generations of nursing students will find a helping hand in the Office of Multicultural Affairs. “Osborn championed a cause dear to her heart and honored a professor she holds in highest esteem,” Cronenwett said. “The admiration and respect that began between two people in a single classroom in the 1970’s will make a difference for lifetimes to come.”
1973

Nancy Smith (BSN) retired in December from North Arundel Hospital in Annapolis, MD, after 30 years of service. In January, Smith and her husband, Darrell, relocated to Whitset, NC, where they just finished building a new home.

1978

Harriet W. Buss (MSN) is proud of her daughter, LTJG Maria Buss (BSN ’02), who served in Iraq with the 1st Marine Expedition Force.

1979

Leslie Latta Verner (BSN) recently reunited with former classmates Eva Kerr Cooke (BSN) and Sandra Sleeman Franklin (BSN). The friends and classmates, who had not see each other for 25 years, caught up for a weekend in Asheville, NC.

1980

Kenny Shade, JD, (BSN) earned his JD in 1990. Shade is currently working for the Center for Drug Evaluation & Research at the Food & Drug Administration and is a guest lecturer at Howard University Law School in Washington, DC.

1982

Lynne Russell Brophy (BSN) is working as an adult oncology CNS at a community hospital in Cincinnati, OH. Brophy recently authored a paper summarizing findings from a study on women receiving a new type of high-dose radiation therapy for breast cancer that was featured at the ACS/ONS Cancer Nursing Research conference in February 2005. Brophy adds that her husband, Jon, and their two children, Ned, age nine and Erin, age five are doing well.

1983

Maureen Daly Abraham (BSN) graduated from Duke University in May 2004 with an MSN in nursing education. Currently, Abraham is a faculty member at Craven Community College in New Bern, NC, teaching in the associate degree nursing program.

1987

Deborah Kaye Campbell (MSN) was promoted to Colonel in the Army Nurse Corps December 16, 2004. Campbell, who has served in the Army for almost 23 years, is also the director of the U.S. Army practical nursing course at Fort Gordon, GA.

1989

Teresa Collins (BSN) welcomed her second daughter, Maya Collins Nelson, into the world November 5, 2003 in a planned homebirth. Maya has a proud older sister, Jacey, age four.

1992

Lisa Barnette Callanan (BSN) and her husband, Kevin, became the proud parents of their son William Joseph on August 2, 2004. William joins his older sister, Emma, age five.

1994

Martha JoCarroll Denton (BSN) graduated Summa Cum Laude from Clemson University in May 2004 with an MSN. After passing her FNP certification exam, Denton moved to Thomasville, NC, where she works at Chair City Family Practice. Denton is currently seeking publication of an article she co-authored with one of her professors at Clemson on metabolic syndrome.

1997

Megan Roberts Farrell (BSN) and husband, Brian, announce the birth of their son, Michael Edward, born on September 4, 2004. Megan is currently working as a pediatrics nurse practitioner at Forsyth Pediatrics in Winston Salem, NC.

Tina Bish Hackney (MSN) and husband, Travis, welcomed the addition of their third child, a girl, Emma Kathryn, on May 13, 2004.

Kelly Mullis McNeill (BSN) and her husband, Jamie, are the proud parents of their second child, a boy, Grant Wingate, who was born on July 6, 2004. Grant’s big brother, Aiden, is almost three.

Elizabeth Slavey Simmons (BSN), and her husband, Ryan, delivered their first child, a boy, Logan Thomas Simmons on March 23, 2004. Logan was born six pounds 14 ounces, and 22 inches long.

1998

Julie Meyer Harrington (BSN) was inducted into Sigma Theta Tau International.

1999

Kelley Knight (RN-BSN) has opened her own practice in holistic stress management in Carrboro, NC. Knight is certified in stress management instruction and teaches clients life skills such as time management, relaxation, healthy nutrition, medication and movement. She uses hypnotherapy and energy work in her practice to restore optimum health and promote stress reduction.

2000

Sabrina A. Walton (BSN) was recently accepted to Jacksonville University master of science in nursing program in Jacksonville, FL.

2002

LTJG Maria Buss (BSN) served in Iraq with the 1st Marine Expedition Force.
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