

# Carolina NURSING

THE UNIVERSITY OF NORTH CAROLINA AT CHAPEL HILL SCHOOL OF NURSING • Spring 2003



Engagement  
in the Community



## FROM THE *Dean*

Dear Alumni and Friends,

During this springtime of global unrest, I am especially proud of the many ways in which School of Nursing students, faculty, and staff are engaged in partnerships with communities, local and global, and with our alumni, through the work of the Alumni Association and the SON Foundation Board. These partnerships shape how we learn, what we learn and the nature of the citizens we become in this world.

In January, I had the opportunity to develop a stronger understanding of our world as I represented the School of Nursing at a meeting in Bangkok, Thailand, that included the boards of the Kenan Institute Asia (KI Asia) and the Kenan



**Dean Wipada Kunaviktikul and Associate Dean for International Relations Dr. Achara Sukonthasarn of Chiang Mai University with Dean Cronenwett.**

Institute for Private Enterprise. The Provost and deans from three UNC schools had the privilege of interacting with the former prime minister of Thailand, a variety of UNC-Chapel Hill alumni and Thai government and business officials as we sought ways to enhance student and faculty exchanges throughout Southeast Asia.

KI Asia made local arrangements for me with the nursing leaders of Thailand. In Bangkok, I worked with the dean and directors from Mahidol-Ramathibodi and Mahidol-Siriraj to plan the international conference on chronic illness that our School will co-sponsor with Mahidol and Yale Universities in January 2006. At Chiang Mai University, the dean and I began negotiations for a partnership similar to the one we have with Mahidol University, where our faculty participates in doctoral education of Thai nurses.

The trip was an incredible experience, enhanced each day by the warmth and hospitality of our Thai nursing colleagues. I spent evenings in Bangkok with our recent doctoral graduate, Kwan Amnatsatsue, and with Renu Pookboonmee, a faculty member from Mahidol-Ramathibodi, who recently completed a post-doc year in Chapel Hill. In Chiang Mai, I visited with current doctoral student Nada Lukkahatai and her mother, the head of nurse-anesthesia at Chiang Mai Hospital. Faculty members and deans at both universities graciously hosted events where



**Dean Cronenwett with Dr. Kobkul Phanchaoenworakul, dean of the faculty of nursing at Mahidol University, Siriraj, and Dr. Supanee Senadisai, director of nursing, faculty of medicine, at Mahidol University, Ramathibodi.**

I could learn about Thai culture, food and religion, in addition to learning about Thai nursing education and research.

One is forever changed by immersion in another culture. It is why the faculty of this School and University promote cross-cultural experiences at home and abroad. I hope you enjoy reading about the many ways in which your School is engaged in the world in this issue of *Carolina Nursing*. If you are far away from Chapel Hill, I also hope you remember the dogwoods and the way the campus looks in the full bloom of spring.

*Linda R. Cronenwett*

Linda Cronenwett, PhD, RN, FAAN  
Dean



Carolina Nursing is published by the University of North Carolina at Chapel Hill School of Nursing for the School's alumni and friends.

#### Dean

Linda R. Cronenwett, PhD, RN, FAAN

#### The Office of Advancement

Norma Hawthorne, Director  
Anne Aldridge Webb, Associate Director, Alumni Affairs and Annual Fund  
Sunny Smith Nelson, Associate Director, Public Relations and Communications  
Cami Harwood, Public Information Assistant  
LaToya Wills and Sarah Wood, Health Affairs Communications Interns  
Shelley Clayton, Work-Study Intern

#### Editor

Sunny Smith Nelson

#### Contributing Writers

Cami Harwood  
Norma Singleton Hawthorne  
Marcia Kaye  
Sarah McConnaghy  
Merle Mishel, PhD, RN, FAAN  
Anne Aldridge Webb  
Sarah Wood  
Natasha Worthington

#### Photography

Barbara Germino, PhD, RN, FAAN  
Steve Exum  
Sunny Smith Nelson  
Merle Mishel, PhD, RN, FAAN  
Ann Doxey Turner  
Anne Aldridge Webb  
John Young

#### Design and Production

Alison Duncan Design

#### School of Nursing

The University of North Carolina at Chapel Hill  
Carrington Hall, CB #7460  
Chapel Hill, NC 27599-7460  
(919) 966-4619  
E-mail: sonalum@unc.edu  
<http://www.unc.edu/depts/nursing>

## ENGAGEMENT IN THE COMMUNITY ISSUE

### *Local Community*

- 6 You Get What You Give:  
SON Students Aid Community,  
Build Skills through Volunteer Efforts
- 8 New Service-Learning Project Creates  
Campus-Community Partnership

### *Statewide Community*

- 10 Sustainable Solutions:  
Nursing Education for Golden Leaf Counties
- 12 Just What the Nurse Manager Ordered:  
A New Leadership Program for Clinical Managers

### *National Community*

- 14 A Partnership in Reducing Health Disparities
- 16 Nurse Educators:  
How the SON Is Helping Supply Meet Demand

### *International Community*

- 18 "Uncertainty" Comes to South Korea
- 20 A Powerful Exchange of Ideas:  
The UNC-Mahidol University  
Nursing Scholar Exchange Program

## REGULAR FEATURES

- 2 Roll Call
- 4 SONdries
- 22 Alumni News
- 29 Noteworthy Nurses
- 30 Development News
- 33 Alumni Notes
- 34 Calendar of Events

**ON THE COVER:** School of Nursing students Melissa Dedmond and Jenny Neifeld practice their skills for SHAC, UNC's Student Health Action Coalition. The organization, which is staffed by students and faculty mentors from each of UNC's health affairs schools, is the oldest student-run free clinic in the country.



*Miller*

Congratulations to **Dr. Judy Miller** on being the Carolina recipient of the UNC Board of Governors Award for Excellence in Teaching. Established in 1994 by the BOG, the awards are given to a tenured faculty member from each UNC campus to recognize and reward excellence in teaching. Miller will receive a \$7,500 stipend and a bronze medallion to mark the honor.



*Harrell*

**Dr. Joanne Harrell** received the American Heart Association's 2002 Katharine A. Lembright Award in honor of her contributions to cardiovascular nursing research. The award was established in 1987 in honor of an AHA staff member who played a significant role in the development of the AHA Council on Cardiovascular Nursing.



*Dalton*

Congratulations to **Drs. Jo Ann Dalton** and **Sheila Englehardt**, winners of North Carolina Nurses Association awards at the 2002 annual conference. Dalton was honored with the NCNA Board of Directors Award for her outstanding contributions to nursing in North Carolina. Englehardt received the Informatics Nurse of the Year Award in recognition of her innovation and leadership in the field of nursing informatics and educational technology.



*Kjervik*

**Dr. Diane Kjervik** has been appointed as a leadership fellow in UNC's Institute for the Arts and Humanities Academic Leadership Program for 2003. In addition to providing a stipend, the award will allow Kjervik to expand her scholarship related to women's health,

leadership and therapeutic jurisprudence.

Congratulations to **Dr. Diane Holditch-Davis**, recipient of the Southern Nursing Research Society's 2003 Distinguished Researcher Award. She was chosen in recognition of her established program of research that has enhanced the science and practice of nursing in the Southern region.

**Dean Linda R. Cronenwett** has been chosen to serve as a research group member for the Hastings Center's Ethical Issues in Improving Healthcare Quality and Safety Project. She will serve for two years.

Congratulations to North Carolina State University doctoral candidates **Kathy Alden**, SON clinical assistant professor, and **Carol Durham**, SON clinical associate professor, who were inducted into Phi Kappa Phi, NCSU's oldest and most prestigious honor society. Only 1% of the university's graduate students were inducted this spring.



*Cheek*



*Funk*

Congratulations to **Drs. Dennis Cheek** and **Sandy Funk**, both of whom accepted fellowships in prestigious national organizations this past fall. Cheek was honored with becoming a fellow of the American Heart Association and the Council of Cardiovascular Nursing, while Funk was elected an honorary fellow of the American Academy of Nursing.

**Jane Campbell**, a SON adjunct faculty member and clinical nurse specialist in gerontology at UNC Hospitals, was selected as one of the top 100 nurses in North Carolina in practice and commitment to the profession by The Great 100, Inc.



*Pierce*

**Dr. Susan Pierce** was elected by the American Nurses Association House of Delegates to serve on the 15-member ANA Congress on Nursing Practice and Economics. She will serve a four-year term and her duties will include focusing on nursing's approach to emerging trends within the socioeconomic, political and practice spheres of the health-care industry; recommending policy alternatives to the ANA Board of Directors; and updating, disseminating and assuring implementation of the Code of Ethics for Nurses. In addition to serving as a member of the congress, Pierce was selected by ANA's governmental affairs office to serve on ANA's Committee on Legislation.

**Kim Larson**, a SON PhD student, has been appointed dean of the Barton College School of Nursing in Wilson, North Carolina.

**Rebecca Gary**, also a SON PhD student, won a Dean's Award for Graduate Student Research Benefitting North Carolina. Her winning research submission was "The effectiveness of home-based exercise in older women with diastolic heart failure." The University-wide award was presented to Gary in March as a part of the UNC-Chapel Hill Graduate School's centennial celebration.

Several SON students won prestigious academic scholarships recently from the North Carolina League of Nursing. They include doctoral students **Kim Larson** and **Kerry Thompson** and master's students **Kelly Berry** and **Melanie Stephens**. The NCLN Academic Scholarship Fund is administered by the Foundation for the Carolinas.

# New Full-Time Faculty Appointments

**Dr. Gail Mazzocco** accepted the position of statewide Area Health Education Centers (AHEC) nursing liaison, joining the faculty in February 2003. Mazzocco formerly served as an associate professor at the University of Maryland School of Nursing and was involved with Maryland's AHEC program since its inception.

**Dr. Rumay Alexander** has accepted the position of director of the SON's Office of Multicultural Affairs, joining the faculty in April 2003. Alexander formerly served as president of a health-care consulting company specializing in change management, leadership development and workforce and diversity issues. She has held positions with the Tennessee Hospital Association, most recently as the senior vice president for clinical and professional services, and served as a board member and chair of the diversity committee for the American Organization of Nurse Executives.

**Dr. Shielda Rodgers** joined the SON faculty in July 2002 as a clinical associate professor. She comes to UNC from North Carolina Central University where she served for four years as an associate professor.

**Dr. Vicki Kowlowitz** joined the SON this fall as the director of the School's Center for Instructional Technology and Educational Support and a clinical associate professor. Before joining the SON she served as a research assistant professor in the UNC-Chapel Hill Department of Family Medicine.

**Dr. Debra Brown**, a newly appointed assistant professor, joined the SON this past summer. Most recently, she served as a program associate for the Office of Multicultural Affairs at the University of Michigan School of Nursing.

**Kathy Moore**, director of admissions and students services, recently accepted a faculty appointment as a clinical assistant professor.

In a move to recognize the strong working partnership between the School of Nursing and UNC Hospitals, **Dean Linda R. Cronenwett** and **Dr. Mary Tonges**, UNC Hospitals senior vice president and chief nursing officer, have accepted positions within one another's institutions. Cronenwett will serve as the associate chief nursing officer for academic affairs at UNC Hospitals, and Tonges will serve as the associate dean for UNC Health Care at the School of Nursing.



*Alexander*



*Rodgers*

## Cultural Competence: A Visiting Scholar Shares Her Expertise

Cultural competence: it's one of the hottest topics in health-care education today. But what is it and how does one go about getting it? The SON's Ethnic Minority Visiting Scholars Task Force invited Dr. Nilda Peragallo, an associate professor and the director of the Pan-American Health Organization/World Health Organization Collaborating Education and Practice Center at the University of Maryland at Baltimore School of Nursing, to share her perspective on the issue in late January. Dr. Peragallo is a leader in the cause to promote culturally competent HIV/AIDS prevention education among Hispanics in the United States and has devoted the majority of her career to outreach efforts with Hispanic communities. Here are a few of the suggestions she gave during her visit for developing cultural competence.

---

Remember that excellent nursing competence supports cultural competence. Learn to routinely and skillfully ask patients to describe themselves, including the history and

context of prejudice, racism, heterosexism and intolerance in their lives.

---

Ask useful assessment questions with an immigrant population. Answers to questions like "Where were you born?" or "How long have you been in this country?" and "How many years of school did you receive before and after coming here?" can provide preliminary information on the acculturation of the patient and their literacy capabilities. The country of origin may be relevant to the health issue at hand.

---

Seek out learning opportunities by developing experiences with clients who are different from your cultural group. Examples of learning activities include focusing on a particular disparity and tracking the issue through several clients or critiquing the larger aggregate risk and epidemiological facts and figures of clients in order to tease apart the socioeconomic and prejudicial practices that make a particular group look like they have

"more" of a particular disease or condition.

---

Overcome biases and distance through coordinated activities. Develop ongoing linkages with target communities through volunteer work or audit local university or community college classes and programs that explore diversity and cultural competence.

---

Dr. Peragallo suggested several resources for learning more about cultural competence. One such resource is the US Department of Health and Human Services' Health Resources and Services Administration website found at <http://www.ask.hrsa.gov/Minority.cfm>. It features many free publications on minority health. Another good resource is the DHHS' Office of Minority Health website found at <http://www.omhrc.gov>. You can learn more about statistics on minority health, upcoming conferences and OMH's new initiative to make recommendations for national standards to assure cultural competence in health care.



**Nancia Odum, Wendell John and Nena Harris attended the 2002 National Black Nurses Association conference in Houston last summer.**

## Minority Students and Faculty Attend National Conferences

The School's Ethnic Minority Visiting Scholars Task Force chose and granted stipends to several minority students and faculty members to attend national nursing conferences in the summer of 2002. The initiative is a way to promote mentoring relationships and encourage minority students to pursue nursing leadership roles.

Students Nena Harris, Nancia Odum and Wendell John attended the

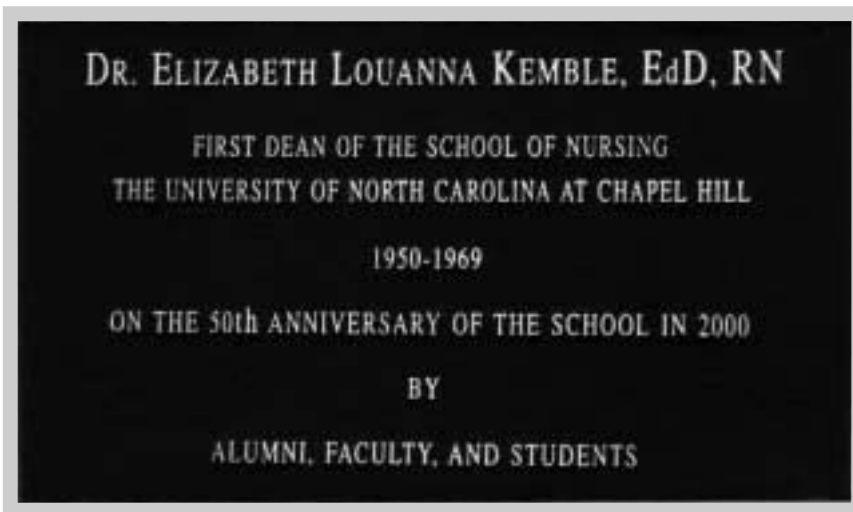
National Black Nurses Association conference in Houston, Texas, July 24–28, 2002, and Carlos Jara-Acosta and Monica Sanchez attended the National Association of Hispanic Nurses conference in Miami Beach, Florida, July 17–19, 2002.

Each was chosen based on their academic excellence, service to the community and School and the ability to be ambassadors for the SON.

## A Semester at Sea

Sonya Montgomery, a SON clinical instructor, was selected from a highly competitive pool of applicants to serve as a nurse practitioner this past fall for the University of Pittsburgh's Semester at Sea program. She cared for 650 undergraduate students, faculty and staff while onboard the ocean liner that took them to places such as China, Japan, Kenya, South Africa, India, Brazil and Cuba. The purpose of the trip was to comparatively study structural changes occurring in the world today. "The most rewarding aspect of Semester at Sea is the fact that we were not traditional tourists," explains Montgomery. "The program allows for home stays in each country, and we had the opportunity to interact with national leaders such as South African Bishop Desmond Tutu, winner of the Nobel Peace Prize. He told the group, 'To whom much is given, much is expected.' He said we must not forget what we've seen and that we have a responsibility. I think this experience taught me that we as a nation have to look beyond our own communities."

Photo by John Young



**Audrey Booth (MSN '57) led an initiative to honor the memory of the SON's first dean, Dr. Elizabeth L. Kemble, with a grave marker noting her important role in the School of Nursing.**

## A Fitting Memorial for a Nursing Pioneer

Dean Elizabeth L. Kemble led the School of Nursing from its founding in 1950 until her retirement in 1969. During her 19-year tenure as the School's first dean she touched many students' lives, including that of Audrey Booth, the School's first MSN graduate in 1957. Booth credits Dean Kemble with giving her the knowledge and skills to develop a successful nursing career and inspiring her to serve the SON herself as an associate dean for a number of years.

Booth visited Dean Kemble's grave a few years ago during the SON's fiftieth anniversary celebration. What she found there, however, was a great disappointment to her. "I delivered a floral arrangement from one of our events to the Kemble grave in the new Chapel Hill cemetery and was struck by the lack of information there on her leadership role in the first years of the history of the School which we were so enthusiastically celebrating," she recalls. "I proposed to Dean Cronenwett that

we—faculty, students and alumni—remedy this oversight by placing an informational plaque on the grave site."

The plaque, pictured here, was placed on Dean Kemble's grave on July 23, 2001. Today, thanks to the efforts of a particularly grateful student, all visitors who pass by Dean Kemble's grave can learn about her important role in making the SON one of the top nursing schools in the country.

## The NBNA Conference: A Student's Perspective

BY WENDELL JOHN  
*MSN student*

This past July the National Black Nurses Association held its thirteenth annual institute and conference in the beautiful city of Houston, Texas. The affair gave Nena, Nancia and me a wonderful opportunity to interact with outstanding minority nurses who have excelled in their education and careers.

The purpose of the conference

was to bolster the value of health screening and detection and to identify various strategies to decrease the morbidity and mortality of minority populations.

Workshops ranged from how to obtain research funding to pain management and from bioterrorism to complementary health. During the institute, we attended various focus groups and discussed ways to incorporate the social dynamic into the mitigation of minority health issues. These workshops and the

conference as a whole enhanced our professional development and provided a plethora of master's and doctoral prepared mentors to provide guidance and inspiration in our endeavors.

Nena, Nancia and I truly appreciated the generous assistance of the Ethnic Minority Visiting Scholars Task Force and the UNC-Chapel Hill School of Nursing Foundation that made attending the conference possible.

# You Get What You Give

## *SON Students Aid Community, Build Skills Through Volunteer Efforts*

BY SARAH MCCONNAGHY

Every Wednesday evening, students from the School of Nursing join their peers from UNC's fellow health science schools to operate a free medical clinic in Carrboro.

These volunteers are members of the Student Health Action Coalition (SHAC), an organization comprised of students in nursing, dentistry, medicine, pharmacy, physical therapy, public health and social work. Formed by students in 1968, SHAC is the oldest student-run free clinic in the country.

SHAC allows students to learn from each other, especially because of the interdisciplinary interaction, and serve the community's medical needs. Patients come from traditionally underserved communities that often face economic and language barriers. SHAC provides efficient health care that attempts to educate recipients and prevent further medical problems.

"SHAC serves a wonderful and much-needed purpose," says SON senior Melissa Dedmond, who began volunteering with SHAC last spring. Older and outgoing volunteers trained her so she could start

working on her own during the summer. She will work through the spring and train the next set of new volunteers that will take over after she graduates.

Students coordinate and staff the clinic, which is hosted by the Carrboro Community Health Center, and work Wednesday nights. Faculty members from each of the schools accompany them to serve as their clinical and administrative advisors. Dr. Ed Halloran is the SON's faculty representative.

"I think it is wonderful that the people who can't afford health-care services can come to a student-run clinic for no charge at all," Dedmond says. "The patients get the care they need, and students get to improve their skills."

SON senior Jenny Neifeld is one student who thinks SHAC has improved her clinical skills. "I have really enjoyed working with SHAC, especially in the lab," she says. "Because of SHAC, I feel very comfortable with my immunization and blood drawing skills."

Neifeld gets to the lab around 5:20 p.m. and checks in on the on-site pharmacy. Patients come to the lab after their check-ups with third- and fourth-year medical students. She says that her main tasks are immunizations and blood work, both of which involve lots of paperwork.

Neifeld's night "usually ends

around 10 to 10:30 p.m., but we stay until the last patient is seen."

In addition to their Wednesday clinic, SHAC students also sponsored special sport physicals and kindergarten clinics that were held on Saturdays from 9 a.m. to 3 p.m. this fall. Neifeld worked at both programs and says, "They were both great opportunities to focus on specific physicals that together can take a long time on a normal SHAC night." Shots For Tots, a program to give kindergarten-bound children their necessary immunizations, used to be a special event, but now is available during the regular Wednesday medical clinic.

SHAC is not the only way that SON students volunteer in their community. In November 2002, the SON Alumni Association and BSN students teamed up for a second time and sponsored a blood drive. Senior Amy Brenneman and junior Erin Seitz were class leaders for the event in which enough blood was donated to serve 120 people.

Brenneman, who is on the 2003 Senior Class Board, started the blood drive in April 2002. "I thought it was a good way to get the nursing students to give back to the community that is helping to educate us," she says.

Seitz and Brenneman met with a Red Cross organizer to plan the date and time for the event and e-mailed SON faculty, students and staff to encourage their participation. On the day of the blood drive, they set up the registration area in the

*"I think it is wonderful that the people who can't afford health-care services can come to a student-run clinic for no charge at all," Dedmond says. "The patients get the care they need, and students get to improve their skills."*





*Jenny Neifeld, standing, often practices the skills she uses with her SHAC patients with fellow classmate and SHAC volunteer, Melissa Dedmond.*

ground floor lobby of Carrington Hall. During the event, they helped sign in, register and recruit donors. After the donors are signed in, they go to the Blood Mobile, a Red Cross bus that comes to donors to collect the blood.

Both the students and Alumni

Association want to make the blood drive a tradition. "I'd love to see more donors and more pints collected," says Seitz.

The blood donated by the School stays in the area, so it could directly affect patients that students interact with in the near future. Brenneman

hopes future drives continue to reach their blood product goals.

"As student nurses we are learning how to care for patients, and giving our patients blood products will eventually be part of our job." ■

# New Service-Learning Project Creates Campus-Community Partnership

BY SUNNY SMITH NELSON

Wednesday, November 20,  
8:55 a.m., Medical Drive  
outside of Carrington Hall

*“This project gives high school students a sense of hope that they can develop the skills and motivation to enroll in our University and become a nurse. . . .”*

DR. RICHARD REDMAN

They come tumbling off the yellow school bus, one by one, zipping their jackets against the cold, swiping errant strands of hair from their eyes, making jokes with their classmates and feeling rather important and grown-up. These sophomores and juniors from Cedar Ridge High School in Hillsborough, North Carolina, have arrived at the School of Nursing after nearly four months of classroom preparation, eager to learn what college—and a career in health sciences—is really all about.

They are participants in the SON’s new Service-Learning Project—high school students who have spent the semester in a health occupations career education class learning about the many professions available in the health-care field and at least two hours a week in tutoring sessions with a SON student mentor. Now that they have learned about the many educational and professional options open to them, they are ready to see health care in action.

10 a.m., The Clinical  
Education and Resource  
Center, Carrington Hall

Divided into four groups, the students rotate throughout different CERC labs, listening to heart and



**Meghan Linthicum and Ryan Bateman were fascinated by the SON’s human patient simulator. They were able to visit real patients at UNC Hospitals later that day.**

lung sounds, mischievously checking one another’s reflexes in a sensory testing session and, most importantly as the word in the hallway goes, visiting “Stan the Man,” the School’s human patient simula-

tor. Eyes a-glow and questions a-flying, the students are proof-positive that the project is working. Their SON student mentors who are helping lead the tours know that those many hours of helping with science



**Taneesha Stephenson tested Ashley Brooks' reflexes during one of the interactive skills labs.**

and math homework, giving pep talks and lending a listening ear to fears and aspirations have been worth the effort.

Dr. Richard Redman, the SON's associate dean for academic affairs, and Kathy Moore, director of the Office of Admissions and Student Services, check in on the students periodically. Redman and Moore are the "proud parents" of the project, having created it through a grant from UNC's Assisting People in Planning Learning Experiences Service-Learning Program (APPLES) as a service-based honors project that would engage senior nursing students in the community while helping them earn credit toward graduating with honors.

The three senior SON honors students who have been instrumental in helping Redman and Moore get the project off the ground are Mary Elaine James, Terri Sue Giles and Crystal Hudson-Blackwell. They look at the project as more than a way of graduating with honors.

"More than anything, I believe I have gained a deeper understanding of working with the community," says James. "I have found working with the community to be extremely challenging, but also very rewarding. It also has helped reinforce and supplement the principles I have

been learning in my community health and clinical education classes."

As student leaders for the project, James, Giles and Hudson worked with Redman, Moore and faculty advisors from Cedar Ridge to design a tutor/mentor training program, develop a system of scheduling and coordinate the twice-weekly tutorials. Moore also helped them design a volunteer bank of undergraduate and graduate nursing students to serve as mentors throughout the year. Weekly meetings with faculty advisors and a reflection journal helped round out the experience.

The daylong visit to the Carolina campus, coordinated once a semester by the nursing students, was the culmination of their efforts.

"Community partner-defined goals and students' reflection are critical components that distinguish service-learning from other types of clinical or fieldwork experiences that students typically have in nursing education," says Redman. "The students reflect on their experience and relate it to the larger social issues behind the needs he or she is responding to in the community. Our hope is that our students will realize the impact of civic engagement and continue their involvement throughout their career."

### Noon, UNC Hospitals

It's now after lunch, and the high schoolers have moved on to UNC Hospitals to visit the NC Jaycee Burn Center. James and fellow mentor Ben Furnas lead them through the hallways, telling them about the nature of the unit and what to expect. The students are excited about the prospect of seeing actual patients and nurses in person.

The day for the SON mentors is long, and answering question after question from these inquisitive teens can be a little overwhelming, but it is well worth the effort, they say.

"I hope that working with the students has helped them consider nursing as a career," says James. "I know after this experience that service activities will continue to be a

part of my career and private life. I have found nothing more fulfilling than working for others in order to better the entire community."

Once the students are boarded up on the bus for their return to Cedar Ridge, Redman and Moore reflect on the effectiveness of the day and the new program. Their comments echo one another, saying that everyone benefitted from the visit and the effort that went into the months leading up to it.

"This project gives high school students a sense of hope that they can develop the skills and motivation to enroll in our University and become a nurse, and it provides nursing students the opportunity to model nursing as a career option while critiquing the social factors and structures that influence life circumstances among students from varied backgrounds," says Redman.

Moore nods her head in agreement. "This program offers a win-win situation for both their students and ours. We all grow as we learn more from, and about, each other." <sup>u</sup>



**Getting hands-on experience with Stan the Man was one of the highlights of the students' visit. Pictured here are (l-r) Whitney Mitchell, Jasmine Torian, Ashley Brooks, Danielle Wilson and Taneesha Stephenson.**

# Sustainable Solutions

## *Nursing Education for Golden LEAF Counties*

*“We believe this program has the potential to build a group of nurse practitioners that will earn higher salaries, remain in their communities to contribute to the workforce, stimulate the economic life of the area and serve as role models for others to follow.”*

DR. JEAN GOEPPINGER

It is August 2002 and the deadline for the Golden LEAF grant proposal is approaching. A team of School of Nursing faculty members, administrative leaders and advancement officers, led by Dr. Jean Goepfinger, a faculty member who holds joint appointments with the Schools of Nursing and Public Health, comb through the grant guidelines to prepare a response.

They submit “Sustainable Solutions to Economic Distress, Tobacco Dependence, Limited Health Care Access and the Nursing Shortage: Nursing Education for Golden LEAF Counties,” one of five proposals submitted by UNC-Chapel Hill schools and departments. Soon, the SON team learns that there are 384 applicants statewide requesting more than \$96 million.

Golden LEAF, Inc., created by the State of North Carolina in 1999 to receive and distribute half the funds from the settlement of litigation against tobacco product manufacturers, plans to make about \$15 million in awards in 2003 for programs benefitting areas in the state considered rural, economically challenged and tobacco-dependent. The SON waits.

In late November Golden LEAF announces its awards and the SON learns that it will receive \$200,000,

making it the only UNC-Chapel Hill project to be funded by the organization. The grant will support a collaborative effort to prepare associate degree- and baccalaureate degree-educated registered nurses in Alamance, Durham, Edgecombe, Granville, Halifax, Nash, Vance and Wilson counties to become nurse practitioners. A major goal of the grant is to make it easier for nurses to continue working, living and contributing in their home communities while they are students in the SON’s RN to MSN and MSN programs.

To offer the RN to MSN and MSN programs to the eight counties, the SON is partnering with area community college nursing programs and NC Area Health Education Centers to design new ways of delivering the programs. The grant also provides for scholarships that will cover the cost of tuition, books, a laptop computer, access to an Internet service provider and a small stipend.

As soon as the announcement of the grant is made, inquiries begin to come into the Office of Admissions and Student Services from prospective students living in the counties targeted for the program, five of which are designated as shortage areas for health professionals such as nurse practitioners. Kathy Moore,

the SON director of admissions and student services, says the prospective students with whom she has spoken are most interested in the family nurse practitioner (FNP) and adult nurse practitioner (ANP) programs. “They’re telling me that they want to contribute to their communities where there is an insufficient supply of health-care providers or lack of access to providers for uninsured patients,” she says. “They like this option because it will prepare them to fill a provider gap that is in their communities.”

Many of the people Moore has heard from have been working for more than 10 years and are at a point in their careers where they are ready to do something different. She says they’re excited about the prospect of enrolling and feel the program is tailor-made to fit their needs.

Keeping highly skilled health-care workers in the area will contribute to improved health-care access and a healthier workforce and economy for each of the counties, another goal of the grant, explains Goepfinger.

“We believe this program has the potential to build a group of nurse practitioners that will earn higher salaries, remain in their communities to contribute to the workforce, stimulate the economic



Photo by Steve Exum

life of the area and serve as role models for others to follow,” she says. “We see this as a unique opportunity to introduce change in the health-care infrastructure and in the workforce of these communities.”

When students graduate they will be prepared to contribute to their home communities as nurse practitioners in community and migrant health centers, public health departments, hospitals, schools, nursing homes and retirement communities, occupational health clinics and private medical practices, among a host of other options, she says.

By the end of February the School establishes an advisory board that will help shape the model that will work best for offering the necessary instruction. It is comprised of leaders from the SON and community college associate degree nursing programs and the AHECs located in the eight counties. Recruitment

activities in those areas will include on-site briefing sessions and a direct mail brochure intended to inform all nurses about the program. Sessions will explain the curriculum, specialty options, part-time and full-time options, prerequisites, and application and admissions process. Applicants will be invited to Chapel Hill to meet faculty members and current students to begin valuable mentoring relationships. The School also will offer GRE preparation support in cooperation with the AHECs since this often seems to be one of the biggest barriers to the application process. “We want to help overcome this perceived obstacle and provide the needed support to help people succeed,” says Moore.

As community-based health professionals, nurse practitioners have tremendous potential to help members of vulnerable populations make decisions about their health and

their lives, explains Goepfinger. Nurse practitioners build community capacity, and as more people gain advanced health-care expertise in Golden LEAF counties, there will be more opportunity for entrepreneurial health services to develop, thereby potentially stimulating the local economy.

“The Golden LEAF priorities to create and retain jobs, provide job training and skills development and create a competitive workforce are all being addressed through this program,” she says. “More nurses will be educated to take a participatory approach that involves working with the family and community to define their health problems and seek solutions.”

For more information, please contact the Office of Admissions and Student Services at (919) 966-4260 or [nursing\\_applications@unc.edu](mailto:nursing_applications@unc.edu). [u](#)

***A Golden LEAF grant is enabling the SON to offer its RN to MSN and MSN programs in innovative ways to registered nurses in eight NC counties.***

# Just What the Nurse Manager Ordered

## *A New Leadership Program for Clinical Managers*

*One of the most critical positions in any nursing department today is that of front-line manager ... They are running small businesses when you consider the number of employees and the size of their budget.*

BY CAMI HARWOOD

All that hard work has finally paid off. You've just been promoted to nurse manager of your unit and you can see the rewards waiting in the wings—more respect, more money, more opportunities to show off those leadership skills. But wait—you haven't been in this kind of leadership position before. How do you balance your unit's ever-growing needs with limited resources? How do you juggle the needs of your patients with those of your staff? And how do you keep morale up in the face of increasing patient workloads? It's enough to make some nurse managers second-guess their decisions.

Leading figures in North Carolina's health-care industry know a lack of leadership experience or education is a problem for many of the state's clinical middle managers. Dr. Barbara Jo Foley, the director of the School of Nursing's

Continuing Education Department, Dr. Richard Redman, SON associate dean for academic affairs, and Dr. Cheryl Jones, an associate professor and MSN coordinator of the Health Care Systems option, heard the same message from chief nursing officers, members of the North Carolina Nurses Association and constituents of the North Carolina Hospital Association: clinical middle managers need more leadership training to prepare them for their role.

“One of the most critical positions in any nursing department today is that of front-line manager,” explains Redman. “The responsibilities and demands in any nurse manager position today are incredible. Often these clinicians are promoted into their managerial positions with little formal education in management, yet they are running ‘small businesses’ when you consider the number of employees and the size of their budget.”



**Miriam Greene, clinical lead for UNC Hospitals' Gynecology/ Gynecological Oncology unit, and nurse manager Nancy Cartledge work closely together to ensure smooth operation of their unit.**

Heeding the call, Foley, Redman and Jones worked with SON faculty members and staff in the CE Department to design the Certificate in Leadership program, a weeklong conference that centers on discussion of communication issues, ethical dilemmas, organizational culture issues, issues of leadership style and budget and quality care. A management project and follow-up two-day institute round out the program. Real-life issues and everyday dilemmas presented through stories and case studies form the basis of program.

The SON's initial offering of the program was held in September at Wayne Memorial Hospital in Goldsboro, North Carolina. Twenty-three participants from WMH and three from Roanoke-Chowan Hospital attended and reported positive experiences overall. "The faculty incorporated real issues into the course teaching," and "I loved the

ability to be informal, flexible and able to discuss topics that were important to our facility," were some of the comments Foley received.

"I found the participants to be energized and engaged in the program," says Redman. "I think they were very impressed that their employer would support their participation and free them up for a week so they could acquire additional skills to become more effective and confident in their responsibilities. This program provides an excellent opportunity for health-care organizations to invest in their clinical managers and to help them acquire the skills necessary for carrying out their responsibilities."

The next certificate program will begin this spring at the William and Ida Friday Center for Continuing Education in Chapel Hill. The

participant fee includes instruction, faculty support for the required managerial project, a clinical management textbook, all handout materials and breakfast and lunch each day of the program.

According to Foley, the demand for the program continues to grow. "I expect the demand for this program to remain high for the next three to five years," she explains. "Upon completion of the program, our graduates will be able to describe successful leadership styles, identify key human resources management issues, describe basic cost and budgetary concepts, and identify elements that are necessary to create a climate of clinical excellence. Research has shown that the nurse manager is critical to creating the kind of work environment that is satisfying and rewarding for nurses, and that includes themselves." <sup>11</sup>

# A Partnership in Reducing Health Disparities

BY SUNNY SMITH NELSON

North Carolina's African Americans are more than two times as likely to die of diabetes, and its recent Hispanic immigrants are two to three times more likely to acquire the disease than the state's majority population.

Hispanics are more than three times as likely and African Americans are more than 10 times as likely to die from AIDS than non-Hispanic whites in North Carolina.

North Carolina's African Americans are more than four times as likely and Hispanics are nearly five times as likely to die due to homicide compared with the majority population.

Health disparity, both in the quality and availability of care, is a major concern for the nation's minority populations. Getting to the roots of the problem, from differences in the safety of neighborhoods and access to affordable health care to the lack of minority representation in health-care research, service and education, is a daunting yet crucial task.

The National Institute of Nursing Research and the National Center for Minority Health and Health Disparities, both branches of the National Institutes of Health, recently combined efforts to address

health disparities. The result: \$15 million to fund health disparity research centers between partnered universities. Eight centers were established across the country, and among those universities chosen to host a center were Winston-Salem State University and North Carolina Central University, both historically black universities, and the University of North Carolina at Chapel Hill. The Center is appropriately named the Center for Innovation in Health Disparities Research.

Why one Center shared among three universities? According to Dr.

Chris McQuiston, an associate professor and Center director from UNC-Chapel Hill, they are stronger as a team than separate entities. "The partnership among the universities is one of the Center's greatest strengths," she explains. "We all bring a different type of expertise to the Center and will learn from and teach one another as we share the common vision of reducing health disparities and promoting social change."

McQuiston, who shares the title of Center director with Dr. Betty Dennis, chair of the Department of Nursing at NCCU, and Dr. Sylvia Flack, dean of the WSSU School of Health Sciences, says the Center was created to advance three primary goals: to increase the number of minority nurse researchers; develop programs of health disparities research; and improve the way researchers collaborate with and conduct research with minority populations and communities. This latter item is one of the most important aspects of the Center,





*Drs. Betty Dennis, Chris McQuiston, Dean Linda Cronenwett and Dr. E. Joyce Roland celebrated the inauguration of the Center for Innovation in Health Disparities Research with a ceremony at NCCU in February.*

McQuiston believes.

“We want to build community capacity,” she says. “We will be asking community members to identify their needs and, based upon their responses, match researchers and students with expertise to identified areas of need. We believe this philosophy is critical to developing the innovative methodologies that will be necessary to further the agenda of health disparity research.” The Center’s community partners to date include El Centro Hispano in Durham; El Centro Latino in Carrboro; University/ Community Wellness Center in Winston-Salem; and community groups in Bertie County, North Carolina.

“We are looking forward to a true partnership with our partner schools and communities,” says McQuiston. “We are attempting to level the balance of power between partner schools and participants in research programs—particularly racial, ethnic and cultural minorities.” ■

### ***NINR/NCMHD-Funded Health Disparity Research Centers***

University of North Carolina at Chapel Hill

North Carolina Central University, Durham, NC

Winston-Salem State University

Johns Hopkins University, Baltimore, MD

North Carolina Agricultural and Technical State University, Greensboro, NC

University of California, San Francisco

University of Puerto Rico Medical Sciences, San Juan

University of Michigan, Ann Arbor

University of Texas Health Science Center, San Antonio

University of Pennsylvania, Philadelphia

Hampton University, Hampton, VA

University of Texas, Austin

New Mexico State University, Las Cruces

University of Washington, Seattle

University of Hawaii, Honolulu

Yale University, New Haven, CT

Howard University, Washington, DC

# Nurse Educators

## *How the SON is Helping Supply Meet Demand*

BY SUNNY SMITH NELSON

Sure, you've heard the facts about the nursing shortage: in 2000, according to a study by the US Department of Health and Human Services, the shortage of full-time equivalent registered nurses was estimated at 110,000, or six percent. By 2010, the shortage is expected to increase to 12 percent. And by 2020, if current trends continue, the shortage will reach an estimated high of 29 percent. Staggering statistics, to be sure. But what do you know about the nursing educator shortage?

According to a survey conducted by the American Association of Colleges of Nursing in 2000, more than one-third of nursing schools that responded to a poll said faculty shortages were the reason for not accepting all qualified candidates into entry-level baccalaureate programs. That translates into nearly 6,000 potential nurses turned away because there was no one there to teach them. Shrinking budgets, aging faculty and competition from the private sector for well-educated, highly skilled nurses are all contributing factors to this shortage.

Nursing faculty in North Carolina's universities and commu-

nity colleges know the reality of the nursing shortage all too well. The shortage of nursing educators isn't just limited to nursing schools, either. Nurse administrators and educators in hospitals, rehabilitation centers, assisted living facilities and other health-care agencies also feel the effects of the nursing educator shortage. So how can the educational demands of complex academic and health-care environments and future generations of nurses be met in the face of this shortage?

Carolina's School of Nursing is trying to address this critical concern. Dr. Bonnie Angel, a SON clinical associate professor, Dr. Cheryl Jones, Health Care Systems coordinator and associate professor, and Dr. Barbara Jo Foley, director of Continuing Education and clinical associate professor, are spearheading an effort to craft three educational options to prepare future nursing faculty and help current nursing educators learn the best practices in teaching: the Health Care Systems-Education Option in the master's program, the Health Care Systems-Education Option in the post-master's program, and the Certificate in Nursing Education.

"These innovative programs were created to challenge students to integrate knowledge and skills in nursing with education to understand how educational theory, curriculum development, evaluation strategies and the use of educational technology apply to nursing education," explains Jones. "We believe these options will prepare students to fill important educational roles in academic, staff development or patient care arenas."

Both the Health Care Systems Area—Education master's and post-master's options provide in-depth learning experiences about educational theory and practice relevant to nursing. "These options are designed to give nurses advanced knowledge and skills to succeed in educational leadership roles and prepare graduates to develop, implement and measure the impact of nursing educational innovations in academic and health-care organizations," says Jones.

Because the classes are offered through a combination of traditional classroom settings and web-enhanced technologies, they offer students flexibility in meeting learning and educational needs.

*According to a recent survey, faculty shortages were the reason for not accepting all qualified candidates into entry-level baccalaureate programs. That translates into 6,000 potential nurses turned away.*



**Dr. Bonnie Angel, center, is the program leader for the Certificate in Nursing Education. The program is one of three options now available at the SON for nurses interested in learning the latest skills and knowledge in nursing education.**

“Students who enroll in the master’s degree program complete 40-credit hours of coursework and an intensive residency in a related educational or practice site with expert nurse educators,” explains Jones. The post-master’s option is targeted at nurses who already have a master’s degree, and who are interested in gaining advanced knowledge and skills in nursing education to complement their previous degree. Post-master’s students take 15-credit hours of coursework that also includes an intensive residency experience. Both master’s and post-master’s options are offered for students interested in part-time or full-time study.

The Certificate in Nursing Education, first offered in the spring of 2002, is a continuing education program open to all registered nurses who want to learn more about nursing education or who desire an

update in teaching theory and strategies. It is comprised of two four-day institutes on basic and advanced principles of teaching, two focused teaching workshops and an education project. There are no prerequisites to meet prior to enrollment, and the program can be completed in one to two year’s time. Nurses earn at least 76 CE credits for completing the program.

“We believe the activities included in both institutes provide a rich learning environment that promotes interaction and collegiality among participants. The institutes are also arranged to be flexible so that working nurses can fit them into their schedules. The educational project provides an opportunity for participants to integrate program content with a real-life educational need that is relevant to their jobs and practice,” explains Angel, the program coordinator. “We had a

tremendous response in our initial offering of the program, and we encourage all registered nurses who desire to increase their teaching effectiveness in clinical or academic settings to apply for the next session.”

Additional information is available for all of these opportunities. To learn more about the Master’s or Post-master’s Health Care Systems Area—Education Option, please contact the Office of Admissions and Student Services at (919) 966-4260 or [nursing\\_applications@unc.edu](mailto:nursing_applications@unc.edu). Information may be viewed on the web at <http://nursing.unc.edu/degree/index.html>.

For more information on the Certificate in Nursing Education continuing education program, please contact the Office of Continuing Education at (919) 966-3638 or [nursing\\_ce@unc.edu](mailto:nursing_ce@unc.edu). Information on the Certificate in Nursing Education is also available on the web at [http://nursing.unc.edu/lifelong/nursing\\_ed\\_cert.html](http://nursing.unc.edu/lifelong/nursing_ed_cert.html). ■

# “Uncertainty” Comes to South Korea



Photo courtesy of Dr. Merle Mishel

**Dr. Cho-Ja Kim, advisor to SON visiting scholar Dr. Hee Young Song, and Dr. Merle Mishel discussed the Mishel Uncertainty in Illness Theory before Mishel's presentation on the subject at Yonsei University.**

*The questions [asked at the conference] were very complex, thoughtful and proved that the doctoral students in this university are well trained in critical thinking and nursing theory.*

BY MERLE MISHEL, PhD, RN, FAAN  
AND MARCIA KAYE

Uncertainty: it's a feeling that has touched the lives of countless people who are suffering or have suffered from chronic illnesses. I've dedicated my career to researching how to help patients manage the uncertainty that arises from not knowing which treatment to pursue or not knowing how to handle their emotions in the face of a recurrence. I've been fortunate that my research on the topic has touched people around the world, so it was with pleasure I accepted an invitation last March to speak on uncertainty at the 2002 International Conference on Middle Range Nursing Theory at Kyunpook National University in Daegu, South Korea. Janet Stewart, a doctoral student whom I mentor, accompanied me on the journey and joined me in presenting talks at the conference.

My presentations covered managing uncertainty in chronic illness, the reconceptualization of the uncertainty theory and uncertainty management intervention. The

audience, comprised of faculty members, doctoral students, nursing administrators and nurses in clinical practices, were for the most part familiar with the Mishel Uncertainty in Illness Theory, and a few had even performed their own research on uncertainty and the scales for measuring it. I found the research techniques and theory development of the faculty and students with whom I spoke to be very advanced.

Each of the several hundred attendees brought a manual to my keynote speech entitled "Uncertainty in Illness: Theory, Intervention, and Application across All Age Groups." Following opening speeches by Dr. Moon Sook Jung, the director of nursing, Dr. Dal Ung Kim, the president of the university, and Dr. Byung-Chul Park, the dean of the medical school, I presented an explanation of the uncertainty theory and supporting research.

In the sessions that followed, I lectured on uncertainty in chronic illness and uncertainty nursing intervention. Janet presented "Uncertainty in Childhood Illness: Parent and Child Perspectives" and



Photo courtesy of Dr. Merle Mishel

her test of a conceptual model of uncertainty in childhood cancer. We also led group discussions and question and answer sessions. I must say that the questions were very complex, thoughtful and proved that the doctoral students in this university are well trained in critical thinking and nursing theory.

Janet and I were fortunate enough to squeeze in some time to explore the city and the countryside of Daegu both before and after the conference and found it to be a most beautiful city. We went on a city bus tour, which took us to Dosun-Sa, a very beautiful temple, with at least 100 steps to climb to the top. Once at the temple, a three-story tall stone Buddha, singing monks and a mountain range in the background greeted us. It was a scene right out of Shangri-La. As luck would have it, there was a festi-

val going on in the city and since I had forgotten my sun hat, I browsed through the stalls looking for one. What did I find? A UNC baseball cap! No, I did not buy it. I bought something a little more native to the area. But it shows that even far from home UNC is never that far away!

After our time in Daegu and our brief excursions, we traveled north toward Seoul, home of Yonsei University. Most of the cities in South Korea have universities that offer doctoral programs in nursing, and we traveled here to give another presentation on the Mishel Uncertainty in Illness Theory. Janet and I enjoyed meeting Dr. Cho-Ja Kim, advisor to our own SON visiting scholar Dr. Hee Young Song, and the approximately 85 faculty and doctoral students who attended the two-hour presentation. The students at this university also were

well informed and asked insightful, thought-provoking questions.

As all good things must come to an end, so did our time in South Korea. Upon leaving, I was presented with a wonderful gift of two celadon tea mugs, a most kind gesture.

Through this international exchange I found that South Korea is a beautiful country with excellent universities and doctoral programs in nursing. The people are gracious and friendly. We enjoyed our time together while we mutually gained an even greater appreciation for the use of theory as a basis for research and an understanding of the process for developing theory. By sharing knowledge and incorporating it into one another's research, our universities grow. It is the proverbial "win-win" situation. ☺

***Dr. Merle Mishel and PhD student Janet Stewart gave several presentations on managing uncertainty while visiting South Korea last spring.***

# A Powerful Exchange of Ideas

## *The UNC-Mahidol University Nursing Scholar Exchange Program*

BY SARAH WOOD

In the summer of 2002, the schools of nursing at the University of North Carolina at Chapel Hill and Mahidol University in Bangkok, Thailand, initiated an international faculty and doctoral student exchange program. Dr. Barbara Germino, UNC-Chapel Hill Beerstecher Blackwell Professor in Thanatology, was the first SON faculty member to participate in the program. She spent three weeks in Thailand that summer, two of which were spent teaching an intense seminar-style version of a doctoral course on theories of management in chronic conditions.

Mahidol University approached the SON a few years ago about developing an international exchange program to help them build their nursing research capabilities. With the recent establish-

ment of a doctoral nursing program featuring internationally trained, doctorally prepared faculty and more research opportunities and government funding, administrators at Mahidol wanted to develop a program that would further support and complement their efforts to develop nursing knowledge in Thailand.

In the exchange program, a faculty member from the SON travels to Thailand to teach a particular course in his or her area of expertise each year. The faculty member is chosen based on the compatibility of their area of expertise and the courses that Mahidol University plans to offer. The next SON faculty member to participate will be Dr. Merle Mishel, who will travel to Thailand in February 2004.

Doctoral students from Mahidol University can elect to spend up to a year in the United States at any one

of several schools of nursing, including UNC-Chapel Hill. Usually one or two students go to each school with which Mahidol has established an agreement. They are assigned a mentor to help them with their doctoral research and they audit classes that fit their interests. Two students from the international doctoral program in nursing at Mahidol University, Semsri Santati and Pennapa Pakdewong, are attending the SON this academic year. There also is an option for Mahidol University nursing faculty to act as visiting scholars at UNC for up to a semester, as well as opportunities for postdoctoral work.

“Nurses in Thailand are going through many of the same struggles that we did in the United States in developing nursing research,” explains Germino. “It is imperative to help each other as the world is becoming even smaller and more

*“Nurses in Thailand are going through many of the same struggles that we did in the United States in developing nursing research.”*

DR. BARBARA GERMINO



Photo courtesy of Dr. Barbara Germino

***Dr. Germino posed before a tile mural in one of the temple buildings of the Grand Palace in Bangkok. The Palace is actually a complex of palaces, temples and public buildings that represent hundreds of years of Thai history, culture and architecture.***

intensely involved. This international program will prepare people who have familiarity with and knowledge of Western nursing research literature, as well as Asian research literature, which is growing.”

Germino says it was interesting to find that Thailand has many of the same health concerns as the United States does, but their ways of addressing and treating these concerns can be unlike our own due to cultural differences. Heart disease, substance abuse and cancer are all major problems common to both the US and Thailand, but the specific kinds of cancer most prevalent are different. Cervical cancer, which can be treated effectively in its early stages in the United States due to correct diagnosis through pap smears, is the number one killer of women in Thailand. Pap smears are not a part of routine

health care for many women in Thailand, particularly for older women or women in rural areas, with less education or with less exposure to modern medicine, explains Germino.

Germino says she learned many valuable aspects about the culture of the Thai during her visit, as well as the feeling of community they have with other Asian countries. “Hospitality is a very important aspect of Thai culture, and the faculty, staff and students at Mahidol University School of Nursing were incredible hosts. They enabled me to see and learn a great deal about Thailand and its culture in a very short time and to gain an appreciation for the beauty and richness of Thai history and traditions.” She was happy to learn that the Thai government has invested significantly in nursing research,

and the “progress nursing science has made in the last ten years there is amazing.” She hopes to return for a planned international conference on chronic illness, which will be co-hosted by Mahidol University and the SON in January 2006.

Chiang-Mai University in northern Thailand recently approached the SON about arranging a similar exchange program there. According to Dean Linda Cronenwett, that decision will be made this spring.

“Both institutions gain opportunities to enhance cross-cultural learning and understanding among our students and faculty through this type of program,” says Cronenwett, “as well as new opportunities for collaborative research and teaching.” ■



## FROM THE ALUMNI ASSOCIATION *President*

Dear Alumni, Friends  
and Colleagues,

First of all, thank you for electing me to serve as president of our Alumni Association. I am honored, as I know I lead one of the most elite groups of alumni anywhere!

If you are unfamiliar with the Alumni Association, let me take a minute to introduce you to our Association. Our Alumni Association is composed of over 6000 alumni. By virtue of graduation, you become an alumni member. (It's that simple—no hidden inductions, fees or commitments!) A Board of Directors guides the Association. These 23 alumni represent the diversity of our School in

that they come from various ethnic backgrounds, different class years, different geographical areas (including outside our state) and different nursing backgrounds. In fact, perhaps the only thing that is common among the members of the Board of Directors is graduation from our School of Nursing!

The mission of the Alumni Association is to “stimulate, nurture, and support positive interaction between the school and its alumni.” One of the tasks of the Board of Directors is to see that this mission is accomplished. Through the many projects that are carried out by committees within the Association, we are able to accomplish the mission. You may read about these projects in *Carolina Nursing*. In this issue of *Carolina Nursing*, you will read about the annual meeting of the Alumni Association and the panel presentation on nursing given in November to the current junior class and the 14-month second-degree students. I doubt I am alone when I say that there is no greater feeling of accomplishment than to talk to a

group of future nurses or serve as a mentor to a current nursing student! But, we have many areas in which you can also serve as alumni, and we would love to hear from you regarding your interests and have your participation.

Chances are there are many ways that you could contribute within the Alumni Association. We need input and direction from you—fellow alumni. I invite you to become active with the Alumni Association. If alumni are to be the voice of the School, then we need to hear from each of you! Please feel free to contact me, or the Alumni Association's executive director, Anne Webb, at either son-alum@unc.edu or (919) 966-4619.

I look forward to hearing from you and hearing your ideas for our alma mater!

*Tonya Rutherford Hemming*

Tonya Rutherford Hemming,  
MSN, ANP, RN (1993, 2001)





**(LEFT)** Melissa LeVine (BSN '77, MSN '81) checked Stan the Man's heartbeat in the Monroe Human Patient Simulator Laboratory for Critical Care Skills Development.

**(BELOW)** Olivia Griffin (BSN '67) investigated one of the SON's clinical labs.



# Alumni Day 2002

On November 2, 2002, over 120 alumni, family and friends gathered at Carrington Hall for the annual School of Nursing Alumni Day celebration. The morning was filled with greeting friends and exploring new areas of the School. Alums got hands-on experience with the new human patient simulator and spent time touring the Biobehavioral Laboratory. They also enjoyed information sessions about the new building addition, continuing education opportunities and a display of historical SON memorabilia.

Lunch was served on Carrington Lawn where Alumni Association President Tonya Rutherford Hemming (BSN '93, MSN '01) wel-

comed the group. Members of the Alumni Association Board Recognition Committee presented three outstanding alumni awards. Katherine Harper Kent (BSN '95) was presented with the Carrington Award for Community Service and two alums were co-recipients of the 2002 Alumni of the Year Award. Mae Massey Carroll (BSN '67) and Jacqueline Lytle Gonzalez (BSN '79) shared the honor. Senior Laura Correll spoke to the group on behalf of the current BSN students and proved that some aspects of being a nursing student never change.

The BSN Class of '67 had the most members present as they celebrated their 35th class reunion, but the BSN Class of '62 and MSN Class



**Helen Bridges (BSN '79)** posed with one of the uniforms that SON students wore in the '60s. "Can you imagine wearing one of these nowadays?" she said.

of '87 also had strong reunion groups. After the lunchtime festivities most alumni headed to Kenan Stadium for football and a continuation of their Carolina memories.

Mark your calendars now for the next Alumni Day celebration on October 18, 2003!

Photo courtesy of Anne Dooey Turner



The Class of '62 enjoyed good attendance at their 40th reunion. Pictured are (first row, seated, l-r) Sabra Brew Taylor, Andé Gorcia Kirchenhelter and Undine Caudle Garner; (second row, l-r) Ann Dooey Turner, Ann Bennett Propert, and Ester Tesh; (third row, l-r) Judy Buxton Collins, Nancy Wills Hudock, Ann Davisson, Doris Bankert Anderson, Linda Knott Strother and April Longanecker Mayville; (fourth row, l-r) "Sistie" Boatwright Howie, Eugenia Allen Howell, Jane Huber Clark and Ann Hopkins Fishel.

# *Classes of '62, '67 and '87 Celebrate with Reunions*

Alumni Day is a time for all alumni to come back to the SON and enjoy fun and fellowship together, but there is something really special about sharing it all with former class members. This year several classes did just that as they built reunions around alumni weekend.



MSN Class of '87 members Deborah Betts and Gary Crotty said they had a wonderful time discussing SON memories with Gary's wife, Pat, at their 15th reunion.

Classmates from the MSN Class of '87 celebrated their 15-year reunion in style as they caught up with one another while dining at the Weathervane Cafe. Classmate Gary Crotty has published a newsletter since the group graduated, which keeps them informed about each other's lives and helps them stay in touch. Copies of the class newsletters printed over the past 15 years were distributed to those in attendance.

Thirty-five years had passed since members of the BSN Class of '67 studied at the SON, but they fit right in during alumni weekend. The group met for dinner at the Sheraton Hotel on Friday night where they first reunited for the weekend. Dean Linda Cronenwett gave the class an update on the state of the School and they enjoyed a great party. Saturday they attended the school's Alumni Day celebration and proudly had the most class



*The Class of '67 boasted the largest reunion turnout for Alumni Day. Pictured here are (l-r) Betty Jones, Vivian Varner, Pay Haynes, Nancy Crutchfield, Cherry Howe, Margaret Raynor, Carole Wilmot, Susie Tonski, Barbara Jo Foley and Olivia Griffin.*

members present at the gathering. That evening they enjoyed a casual dinner together and continued to share news and memories.

The BSN Class of '62 had a great turnout for their 40th reunion. They began the weekend with a gathering with Dean Cronenwett at the Radisson Governor's Inn on Friday evening. Saturday was spent on campus at the SON festivities and visiting the

old hangout, the Rathskeller. Saturday evening the entire group gathered for dinner at the Governor's Inn. They enjoyed not only the fun of catching up on new events, but also discussing their nursing school escapades.

Organizer Anne Doxey Turner said, "The weekend was enjoyed by all. Mark your calendars — we want 100% attendance in five years!"

## Alumni Career Panel Shares Working Experiences, Advice with BSN Students

"What is it really like to be a new grad in nursing?" This and many other questions were answered honestly and with much humor by a panel of Alumni Association Board members who spoke to junior and 14-month option BSN students this fall. The career panel was a way to bring the practical knowledge and experience of School of Nursing alumni to current nursing students, but everyone learned something from the lively and informative exchange.

Panelists Derek Chrisco (BSN '91), Meg Gambrell (BSN '01), Mary Holtschneider (BSN '95), Zelda Moore (BSN '78), Courtney Rawls (BSN '01) and Tonya Rutherford Hemming (BSN '93, MSN '01) shared their diverse perspectives based on their varying

years of experience and areas of specialty. However, they all had one thing in common with each other and the audience: starting out as a Carolina nursing student.

The idea, which was eagerly embraced by the students, is a result of the Alumni Association's enhanced goal of serving the student population through education and mentoring. "The career panel was a wonderful experience for both students and Board members," says Hemming.

A future career panel is being planned with different alumni representatives. If you would like to share your experiences as part of a future panel, please contact the Alumni Association at [sonalum@unc.edu](mailto:sonalum@unc.edu) or (919) 966-4619.



*Meg Gambrell (BSN '01), Derek Chrisco (BSN '91) and Courtney Rawls (BSN '01) enjoyed sharing their perspectives as nurses working in diverse fields with students at the Alumni Career Panel.*

**The University of North Carolina at Chapel Hill School of Nursing Alumni Association Board of Directors**

**Executive Committee:**

Tonya Rutherford Hemming (BSN '93, MSN '01)  
President

BJ Lee Simpson (BSN '93, MSN '97)  
President-Elect

Susan King-Zeller (BSN '95)  
Treasurer

Meg Gambrell (BSN '01)  
Secretary

Carolyn Graham (PhD '97)  
Past President

Bonnie Angel (BSN '79)  
Faculty Representative

Bret Temming (BSN '03)  
Undergraduate Representative

**At-Large Members:**

Prentiss Anne Allen (BSN '67)  
Mary Lou Booth (BSN '57)  
Derek Chrisco (BSN '91)  
Abby Ensign (BSN '00)  
Mary Holtschneider (BSN '95)  
Michael Joyner (MSN '00)  
Geraldine Laport (BSN '55)  
Heather Mackey (MSN '01)  
Jo-Anne T. Martin (BSN '69)  
Susan Minnix (BSN '95)  
Becky Olson (BSN '74)  
Robin Perry (BSN '96)  
Courtney Rawls (BSN '01)  
Greg Simpson (MSN '01)  
Alyshia Smith (BSN '89)  
Carole Barrow Warren (BSN '71)  
Jo Lentz Williams (BSN '69)



*The SON Alumni Association Board of Directors held their annual meeting November 1, 2002. Pictured here are (first row, l-r) Meg Gambrell, Becky Olson, Tonya Rutherford Hemming, Jo-Anne Trowbridge Martin, BJ Lee Simpson; (second row, l-r) Bonnie Angel, Mary Holtschneider, Jo Lentz Williams, Courtney Rawls, Mary Lou Booth; (third row, l-r) Alyshia Smith, Carolyn Graham, Bret Temming, Derek Chrisco, Geraldine Laport, Anne Allen and Greg Simpson.*

## Alumni Association Board Holds Annual Meeting

The SON Alumni Association Board of Directors celebrated their achievements and made plans for the future at their annual board meeting on November 1, 2002. This group of Carolina nurses from diverse backgrounds, class years and specialties enjoyed a lively, daylong discussion about the SON and the importance of its alumni. Dean Linda Cronenwett, Assistant Dean Maggie Miller and Advancement Director Norma Hawthorne worked with the Board in the morning and gathered feedback from these alumni representatives. One of the SON's most recent alumni, Ben Roberts, also spoke to the group about the new 14-month option.

The Board had an active year in 2002 under a new structure of working subcommittees. They implemented an alumni survey, ran strong recognition and scholarship programs and formed partnerships with student groups through special events. This year the focus will be on offering continuing education, reaching out to alumni in different geographic areas and mentoring students. Recognizing Carolina nurses for their accomplishments and encouraging participation from all alumni are also goals for 2003. The Board will support the campaign for the new building addition by purchasing and naming a brick for the brick walkway.

President Tonya Rutherford Hemming (BSN '93, MSN '01) was installed as was President-Elect BJ Lee Simpson (BSN '93, MSN '97) and Secretary Meg Gambrell (BSN '01). Seven new board members were installed and outgoing members Helen Bridges (BSN '79), Zelda Moore (BSN '78) and Melanie Bunn (BSN '83) were recognized for their service. Carolyn Graham (PhD '97) was given special recognition for her role as past president and remains on the board for one year as past president.

The Board constantly seeks input and participation from all alumni. Please contact Executive Director Anne Webb at (919) 966-4619 or sonalum@unc.edu to get involved.



*Dean Linda Cronenwett and Dr. Marcia Van Riper enjoyed sharing the latest information on genetics research and the state of the school at a Charlotte CE event.*

*Pictured here are (first row, l-r) Jane Mayes Link (BSN '74), Brenda Gail Summers (BSN '74, MSN '81), Amy Walters Courson (BSN '98), Tonya Rutherford Hemming (BSN '93, MSN '01) and Alene Fuller Cooley (BSN '70); (second row, l-r) Danita Winchester Terrell (BSN '75), Glenda Sue Wooten (BSN '82), Dr. Van Riper and Dean Cronenwett.*

## Alumni Association Hosts Regional CE Events

In addition to hosting social and networking events, the SON Alumni Association Board of Directors is providing personal and professional development opportunities for alumni. A current focus of this effort is continuing education. The Association worked this spring to create top-notch programs at a low cost for several groups of SON alums in the communities where they live and work.

The first of these programs was held in Charlotte during the month

of March. Dr. Marcia Van Riper, an associate professor at the SON, presented "Genetics and Nursing in the 21st Century." Following the education session, participants enjoyed brunch and an update on the School from Dean Linda Cronenwett. Not only did the event offer 1.5 contact hours of ANCC credit at a special rate, it also gave local alumni the opportunity to meet one another and learn together.

Charlotte alum Glenda Wooten (BSN '82) helped arrange logistics

for the event, which was held in the auditorium of Carolinas Medical Center. Another regional continuing education session, featuring a legal issues update, is planned for the Winston-Salem area on July 12.

Local alumnae Heather Thompson Mackey (MSN '01) and Pat Dodson Hayes (BSN '67) are helping to plan the day. If you would like more information on this event, please contact Anne Webb at (919) 966-4619 or Anne\_Webb@unc.edu.

## Alumni Association Awards Scholarships

As part of its plan for student outreach, the Alumni Association Board again awarded scholarships for the spring semester to several deserving nursing students. Recipients included Master's student Andrea Biondi, seniors Debra Davis and Jewel Scott and junior Mary Glenn Smith. Members of the Board's scholarship committee reviewed nearly 30 strong applications for the four awards. Dean Cronenwett and Alumni Association President Tonya Rutherford Hemming honored the recipients at a celebration luncheon on February 20. Both agreed that these outstanding students will bring strong talents to the nursing profession.



*Alumni Association President Tonya Rutherford Hemming and Dean Linda Cronenwett offered their congratulations to scholarship award winners (l-r) Jewel Scott, Mary Glenn Smith, Andrea Biondi and Debra Davis at a celebratory luncheon this spring.*

# SON Alums Keep in Touch through Regional Events



*Bonnie Fields (BSN '80), Nancy Scott Fuller, Dean Linda Cronenwett, Shawn Houck (BSN '86), Karen Highfill (BSN '90) and Beth Jaekle (BSN '80, MSN '85) met in October for a Greensboro-area alumni event.*

Alums are strengthening school ties and getting the most out of their Carolina nursing connections through a new regional alumni program. The program was put in place to draw together alums in various communities and bring a bit of the SON to them. Three groups have formed in North Carolina and spent time with each other and Dean Linda Cronenwett this past fall. The participants enjoyed meeting other alums and comparing notes on career opportunities, health-care networks and even social and family life. Greensboro, Southern Pines and Wilmington were all places where regional events took place this fall. In Greensboro, Bonnie Fields

(BSN '80), Beth Jaekle (BSN '80, MSN '85) and Nancy Caddy (BSN '71) were alumni organizers for an afternoon reception in October. Area alumna Ann McPhaul (BSN '65) provided a location for the meeting. In addition to getting to know each other, the group heard an update on School events and had a lively discussion about nursing education and the role of the SON in the state. "The event gave many of us the opportunity to reconnect with old friends, but perhaps even more importantly it gave us the opportunity to make new ones," says Fields. "The breadth and depth of our alumni network is quite amazing and these events give us the opportunity to link and get to know one

another in our local area."

Southern Pines-area alumni enjoyed lunch with Dean Cronenwett in September. Cheryl Banks Bachelor (BSN '79) helped organize this gathering of alums from various classes.

A Wilmington-area committee formed in 2001 and has been very active. Headed by alum and faculty member Betty Woodard (MSN '87), these SON graduates have hosted two events so far and hope to continue getting together. Committee members are co-chair Donna Bost (BSN '76), Tyler Baucom (BSN '96), Beth Chadwick (BSN '81), Denise Darden (BSN '77), and Robin Harper (BSN '86). Together they represent a wide range of nursing knowledge and also enjoy having fun with fellow UNC grads. The committee put together one event just to get to know younger alumni in the area who recently started careers and can benefit from the advice of other Carolina nurses.

Bringing the School out to alumni is also a goal of this year's Alumni Association Board of Directors. "Gathering feedback from alumni who are doing the work that we train our students to do is invaluable to the School," says Anne Webb, Alumni Association director. "Getting together with fellow alumni seems to be a real benefit for our graduates and is always lots of fun." If you are interested in helping form a group in your area, please contact Webb at [Anne\\_Webb@unc.edu](mailto:Anne_Webb@unc.edu) or (919) 966-4619.

# Noteworthy Nurses: *The 2002 Alumni of the Year*

BY NATASHA WORTHINGTON

**SERVICE. COMPASSION. EXCELLENCE.** All words that describe nurses who on a daily basis care for patients who span the human diaspora of age, race, creed and color. The School of Nursing recently honored three of its most outstanding nursing alums at the 2002 Alumni Day celebration with awards that recognized their significant contributions to the profession.

**Mae Massey Carroll,  
BSN '67, MSN, RN**

Carroll is co-recipient of the 2002 Alumna of the Year Award, an award given to SON graduates known for their outstanding service in the area of nursing, either through scholarly efforts, promotion of health care or service to the field of nursing.

Carroll works as a psychiatric clinical specialist at the Veterans Affairs Medical Center in Salisbury, North Carolina, where she developed the first post-traumatic stress disorder outpatient clinic for veterans. She also developed STOP (Salisbury Transitional Outpatient Program), a program that allows homeless veterans to participate in a wellness program at the center during the day and reside at the local Rowan Helping Ministries during the night while awaiting admission into an appropriate rehab or treatment program.

Carroll earned recognition as the first African American to teach nursing at the Louise Harkey School of Nursing at Cabarrus College of Health Sciences in Concord, North Carolina, and the Decker School of Nursing at Binghamton University in Binghamton, New York. She also broke ground as the first African American female to serve as commander at the JC Price American Legion, Post 107, in Salisbury, North Carolina, where she introduced health education for Legionnaires.

**Jacqueline Lytle Gonzalez,  
BSN '79, MSN, CNA, RN**

Gonzalez is the other recipient of the 2002 Alumna of the Year Award. She has served as vice president of patient care services and chief nursing officer at Miami Children's Hospital in Miami, Florida, since 1998.

After graduating from Carolina in 1979, she began her career at Charlotte Memorial Hospital (now Carolinas Medical Center) in Charlotte, North Carolina, as a staff nurse. In 1980 she moved to Miami to work as a staff nurse at Miami Children's Hospital, where she has held several nursing positions since then, including assistant head nurse, head nurse, nursing supervisor, associate director of nursing and director of operations.

Gonzalez is active in her local nursing community, having served as adjunct and guest faculty at Florida International University School of Nursing, University of Miami School of Nursing and Florida Atlantic University College of Nursing. She works with a number of Miami-area health-care councils and organizations, including Parent to Parent, an organization devoted to the support of families of children with disabilities, and is a member of several nursing organizations, including the National Association of Children's Hospitals, American Organization of Nurse Executives and the Nursing Shortage Consortium of South Florida.

**Katharine Harper Kent,  
BSN '95, OCN, RN**

Kent is the recipient of the 2002 Carrington Award for Exceptional Community Service, given to an individual who has given remarkable service to the community, state or other beneficiary organizations (though not necessarily through direct nursing activity) and who has reflected favorably on the SON through this remarkable service.

Kent started her nursing career as an oncology nurse at Frye Regional Medical Center in Hickory, North Carolina. Not long afterward, she was hired as a breast health nurse at the Center for Breast Health at Caldwell Memorial Hospital in Lenoir, North Carolina.

In her capacity as a breast health nurse, she performs clinical breast examinations, coordinates breast health outreach programs, writes grants for breast health awareness programs and counsels breast cancer patients and their families. She also works as a volunteer with the Susan G. Komen Breast Cancer Foundation and helped start a local affiliate of the foundation in the North Carolina foothills. She currently serves on the Dallas Komen Foundation's National Advocate Grant Review Committee.

*If you know of any noteworthy nursing alumni who deserve recognition, please fill out and return the alumni award nomination form found in the back of this magazine.*



**Mae Massey Carroll thanked the Alumni Association and her fellow alums for the day's honor.**



**Katharine Kent received a corsage from Alumni Affairs Director Anne Webb to note her special place at the SON on Alumni Day.**



**Jacqueline Lytle Gonzalez, pictured here with her husband and mother, visited Chapel Hill for the first time since she graduated more than 20 years ago.**

**The University of  
North Carolina at  
Chapel Hill School of  
Nursing Foundation, Inc.  
Board of Directors**

**Executive Committee:**

Margaret Ferguson Raynor  
(BSN '67)  
President

Franklin Clark, III  
Past President

Nancy Scott Fuller  
Vice President

Karen Coley Harrison (BSN '65)  
Secretary

Greer Cawood  
Treasurer

**At-Large Members:**

Evelyn Scott Alexander (BSN '56)

Denise Taylor Darden (BSN '77)

Barbara Jo Foley (BSN '67)

Terry Graedon

Pamela Jameson (BSN '76)

Steve Martin

Joyce Page

Gary Park

Mary "Bebe" Rose (BSN '64)

Gwen Russell

Janet Askew Sipple (MSN '70)

Carolyn Underwood (BSN '79)

**Honorary Emeritus Members:**

Audrey Booth (MSN '57)

Frances Fox Hill

Carolyn London (BSN '56)

Thomas Norris, Jr.

Mary Ragsdale

## The Generosity of Friends

Dear Alumni and Friends,

This was one of those extraordinary days when the generosity and thoughtfulness of alumni, friends and faculty gives me pause. I have just opened four envelopes. They were postmarked from Salisbury, North Carolina, Richmond, Virginia, Rochester, New York, and Milwaukee, Wisconsin. One of them contained five one-dollar bills with a note to apply the gift wherever there was greatest need and the cheer, "Go Heels." This gift was as touching as the other gifts I opened from family and friends who wished to honor the memory of a wonderful alumna and her mother, both of whom died of cancer.

Earlier, a highly regarded faculty member came into my office, closed the door, sat down and confided that

she and her husband had just completed their wills and it is their intention to leave a major (and anonymous) bequest to the School to use for scholarships. She plans to complete a planned gift information sheet so that we can document this and count it toward our campaign goal. During lunch today Dean Cronenwett and I met with a group of Raleigh alumni from the classes of '59, '70, '73 and '74. Each woman told stories about how her nursing education and UNC-Chapel Hill experience was a constant thread of dependability in their lives and a source of support as they built upon personal and professional successes.

You constantly remind me of your compassion and your values that are demonstrated by your desire to give to others and create a future for those who come after you. You

express this in the work you do and the many ways you give back to us. We have now reached 42% of our \$15 million campaign goal, and have brought over \$6 million in private gifts to the School of Nursing. This is accomplished as much by small donations as it is by large gifts. We still have some distance to go. Yet, I am reassured by your love for Carolina nursing and know that because of this, we will fully fund our new building and establish the scholarships and professorships we need to create our future.

With heartfelt thanks,



Norma Singleton Hawthorne, MS  
*Director of Advancement*

## SON Foundation Board Update



**Carolyn Underwood (BSN '79) facilitated the fall 2002 Foundation Board meeting with group exercises and brainstorming sessions.**

During an all-day planning session called by President Margaret Raynor (BSN '67) on November 14, 2002, the Board of Directors of the School of Nursing Foundation, Inc., met to establish a new working committee structure and identify strategic goals that would help the School reach its \$15 million campaign goal.

The meeting was facilitated by Carolyn Underwood (BSN '79), president and CEO of Artecel Sciences, Inc., a Research Triangle Park biotechnology company, who led individual and group visioning exercises that explored ways to grow major gifts and bequests, develop corporate and foundation contacts and create stronger ties to alumni, students and friends of the School.

By the end of the day, the working committees had identified nine major goals that included holding a gala event in spring 2003, identifying family foundations that could support the School and supporting student recognition cere-

monies to build early loyalty.

Dr. Janet Askew Sipple (MSN '70) will chair the Major Gifts Committee and plans to co-host a fall 2004 reception for alumni and friends in the eastern part of the state with Paul Chused. To support the Campaign, Denise Taylor Darden (BSN '77) plans to entertain Wilmington alumni and friends in her home this summer. President Raynor will further explore efforts to link students more closely with Foundation Board goals with new board member Gwen Russell, parent of Kim Russell (BSN '02).

The Board also welcomed new member Joyce Page of Durham. She joined directors Evelyn Alexander (BSN '56), Greer Cawood, Dr. Franklin Clark III, Dr. Barbara Jo Foley (BSN '67), Nancy Scott Fuller, Dr. Terry Graedon, Karen Coley Harrison (BSN '65), Pam Jameson (BSN '76), Gary Park and Bebe Rose (BSN '64) in the lively discussion that established the action plan for the immediate future.



## Class Gifts to Carolina First: *Leveraging the Power of Individuals*

When Bette Davis (BSN '55) called her classmates to urge them to support a class gift that would name the Alumni Welcome Center Reception Room in their honor, she hoped to get 100% participation. And, thanks to the generous support of her classmates, she did. On November 9, many of the first to graduate from the School of Nursing reunited at Aurora Restaurant in Chapel Hill to celebrate a collective \$60,000 gift to the building fund. Joy Burton, Gwen Butler, Martha Cline, Winnie Cotton, Bette Davis, Patsy Johnson, Geri Laport, Mary Leggette, Janet Littlejohn, Gloria Peele, Ramelle Starnes and Louise Thomas were all in attendance. Those who made individual gifts or pledges of \$5,000 or more will receive added recognition on the Wall of Honor plaque in the entry lobby of the new building. Ed Starnes (AB '56), painter and husband of Ramelle Starnes, is creating a commemorative watercolor to hang in the reception room when the new building is dedicated in 2005, also the 50th reunion of the class.

Classmates Karen Coley Harrison and Helen Wilson (BSN '65), along with husbands David Harrison and Ronny Wilson, gathered before the UNC v. UConn basketball game to begin exploring a Class of '65 gift to the Carolina First Campaign. Their hope is to present it at their 2005 reunion. They discussed options, including naming an endowed



**Bette Davis, Gwen Butler and Gwen's husband, Robert, caught up with one another and fellow classmates at the celebratory dinner at Aurora.**

scholarship or a room in the new building in honor of the class. They plan to survey classmates about preferences soon.

The Class of '69 also recently kicked off an initiative to support the new building. At this time, they are looking at several possible rooms for the class to name. Jo Lentz Williams and Jo-Anne Trowbridge Martin are leading the effort.

Class of '93 members Tonya Rutherford Hemming, BJ Lee Simpson and Jennifer Christian Wilkins are organizing a class effort to coincide with their upcoming 10th reunion. They are planning a collective gift to the building fund and will present it at Alumni Day this fall.

Some of the most recent graduates are also getting involved. Courtney Rawls and Meg Gambrell have launched a BSN Class of '01 effort to support the brick campaign and have their class well represented on the paved walkway alongside the new building addition.

These group gifts will add to those made by the Class of '56 (\$350,000) and the Faculty Emeriti (\$140,000).

If you'd like to know more about organizing a steering committee of your classmates for a class gift, please contact Norma Hawthorne or Anne Webb at (919) 966-4619 or sonalum@unc.edu.

### **Class Gift Notes**

A "class gift" represents the sum of individual gifts made by each classmate to the building fund. This collective gift can have a substantial positive impact on the future of the SON. If an average individual gift or pledge is \$25,000 to \$50,000, a class gift could generate enough collective impact to name, for example, the dean's suite (\$200,000) or the undergraduate computer laboratory (\$400,000) in honor of a class.

A significant gift from an individual who contributes toward the class gift will also have a naming opportunity in the building.

We are unable to count bequests toward a class gift, as they cannot be used for capital building funds.

All gifts over \$5,000 will be recognized on the Wall of Honor.

**All gifts of whatever size are valued and welcomed.**



**The Class of '55 gathered for dinner recently to celebrate a collective \$60,000 gift to the Building Campaign. Participation in the Campaign was 100%. Pictured here are (l-r) Bette Davis, Ramelle Starnes, Gloria Peele, Gwen Butler, Joy Burton, Geri Laport, Winnie Cotton, Patsy Johnson, Janet Littlejohn, Mary Leggette, Martha Cline, Dean Cronenwett and Louise Thomas.**

**Planned Giving:  
For Something  
You Believe In**

Making a bequest to the School of Nursing testifies to your concern for the welfare of others and for your commitment to the future of the School, its faculty and students. By informing the University of your intention to benefit Carolina, you give us the opportunity to thank you now for your generosity. For some, the combination of a campaign gift or pledge and a deferred gift can result in significant financial advantages.

- You do not need to send us a copy of your will to document a bequest.
- An easy, one-page deferred giving information sheet is the only necessary paperwork.
- The University understands that people's intentions may change and they may want to make later modifications. A documented bequest is considered a revocable gift to the University.
- All information is confidential and anonymous unless you tell us otherwise.
- Documented bequests count toward the Carolina First Campaign.
- This is a VERY important way you can help us reach our \$15 million goal.

Please visit [www.carolinafirst.unc.edu/giftplanning](http://www.carolinafirst.unc.edu/giftplanning) to learn more.

# The George Livas Leadership Award

In March and June of each year the faculty who teach undergraduate BSN students are asked to submit names of two graduating seniors, one from the 14-month option and one from the 24-month option, who they feel best exemplify nursing leadership qualities. Ballots are prepared, faculty votes are tallied and the dean honors the recipients at a special ceremony or during commencement.

*Turn back the clock.* 1956. A group of senior BSN classmates gather daily at the Carolina Coffee Shop where owner George Livas makes a place for them at the front window alongside Chapel Hill's civic and business leaders. Nursing students are among the first women on campus, and Mr. Livas wants them to feel comfortable. Sometimes, when they are short on change, he treats them to lunch or a soda and offers help to solve a particularly perplexing mathematical problem. They make him an honorary class member as they prepare to graduate. His warmth and good nature are supportive and encouraging.

When Mr. Livas died suddenly that year, still a relatively young man, the women wanted to pay special tribute to his memory. They established the George Livas Leadership Award and solicited contributions from some of Franklin Street's notables. A small fund was established and over the years it has grown



**Dean Cronenwett and Carolyn London (BSN '56) were appreciative of Sophia Livas and her daughter, Elaini Bingham, sharing a few memories of George Livas.**

modestly, with the interest accrued each year enough to make two small awards.

When Mrs. Sophia Livas came to visit Dean Linda Cronenwett in October 2002 with daughter Elaini Bingham, she recounted the era with Carolyn London (BSN '56) and Jeff Dudley (BSN '02), last year's 14-month option Livas Award recipient. Jeff, who is now working at UNC Hospitals, says the award is especially meaningful to him because it represents special recognition by the faculty and is a long-standing tradition in the School.

Carolyn London remembered how classmates Landy Fox, Jess Carraway Heizer, Coolie Monroe, Jane Sox Monroe and she were accepted by Mr. Livas and what it was like to be a student at that time. Their recollections have inspired the SON to look for ways to build the Livas Award fund. If you are interested in contributing to this special fund, please contact Norma Hawthorne at (919) 966-4619 or [norma\\_hawthorne@unc.edu](mailto:norma_hawthorne@unc.edu).

## George Livas Leadership Award recipients from the past 10 years:

**2002:** Jeffrey Dudley,  
14-month option

Leslie Collins,  
24-month option

**2001:** Emily Joubert

**2000:** Christopher Norwood

**1999:** Jonathon Rector

**1998:** Laura Calamos

**1997:** Jennifer Simms

**1996:** Susan Richard

**1995:** Mary Holtschneider

**1992:** Becky Guess

## 1970

---

**Gwen Dorminey Sherwood** (MSN) was inducted into the American Academy of Nursing in 2001 and became president-elect of the International Association for Human Caring. She is a professor and associate dean for practice and outreach at the University of Texas-Houston School of Nursing.

## 1973

---

**Maryann Patterson Ingersoll** (BSN) has returned to live in the United States after three years in Kuwait, though her husband still travels back and forth for business. She keeps busy with volunteer work at Houston Children's Hospital, KUHF Radio and the Houston Museum of Fine Arts. She is a member of the Holistic Nursing Association and hopes to certify in aromatherapy soon.

**Suzanne Limparis Ward** (BSN) is now a licensed and nationally certified massage therapist in Maryland. She is also a part-time costume designer.

## 1974

---

**Carol Zimmerman Garrison** (BSN) began her tenure as president of the University of Alabama at Birmingham September 1, 2002. She completed her MSN from UAB and her PhD in Epidemiology from the University of North Carolina in 1982.

## 1983

---

**Mary Maddrey Chandler** (BSN) is in the post-masters FNP program at the University of Virginia and looks forward to her graduation in May 2003. She completed her MSN at UVA in 1992. She is married to the Rev. Dr. John Chandler (BA '83). They have two sons, Preston and Roland.

## 1984

---

**Nancy Walters Harman** (BSN) marked seven years at Womack Army Medical Center in Ft. Bragg, North Carolina, in June 2002 as a staff nurse midwife. In August, she opened Birthwise of Central North Carolina in Chatham County, which provides home birth services and well woman care. She stays busy growing organic vegetables and herbs on her family farm, volunteering with the Chatham County Social Health Council, directing the choir at her church and raising her three teenage sons.

## 1985

---

**Cynthia Cumbo Klaess** (BSN) received certification in case management. She now works as a cardiovascular surgery case manager at Rex Healthcare in Raleigh, North Carolina.

## 1987

---

**Gary Crotty** (BSN '84, MSN '87) finished his term as president and past president of the Tennessee Nurses Association.

## 1994

---

**Cherie Smith-Miller** (BSN) presented "Why Are We Talking About Hearing Loss? I Have Lives To Save!" at the 26th Annual Congress and Nursing Symposium of the Society of Otorhinolaryngology and Head-Neck Nurses held in San Diego, California, September 20-24, 2002.

## 1996

---

**Susan Kyle Foster** (BSN) gave birth to Megan Kyle Foster in December 2001. Megan's older sister, Emily Kathryn Foster, is three years old.

## 1997

---

**Ginger Baity Ervin** (BSN) completed her MSN at UNC-Charlotte and is now working as a family nurse practitioner in an internal medicine practice.

**Yvette M. Pype Gramins** (BSN) moved back to North Carolina after living overseas with her husband, who is a surgeon in the US Navy, and works at Presbyterian Hospital in Charlotte.

**BJ Lee Simpson** (BSN '93, MSN '97) was awarded the National Association of Nurse Practitioners in Women's Health Nurse Practitioner of the Year Award during the 2002 NPWH conference in Scottsdale, Arizona. The award honors her dedicated service promoting women's health care and issues in rural North Carolina.

**Julie M. Schneider** (BSN) has been promoted to manager of Transplant Services at Memorial Hermann Hospital in Houston, Texas.

**Niki Peaden Spери** (BSN) and husband Bill (BSBA '97) became the proud parents of daughter Taylor Daune in August 2001. She also has been promoted to operating room manager at NC Specialty Hospital in Durham, NC.

*We want to hear from you!*  
To update your address or to let Carolina Nursing share your new job, new address, or special accomplishment with fellow alums, please use the form on page 35.

For more information on School events, contact the Office of Advancement.

E-mail: [sonalum@unc.edu](mailto:sonalum@unc.edu)  
Phone: (919) 966-4619  
FAX: (919) 843-8241  
<http://nursing.unc.edu>

For more information or to register for a Continuing Education program, contact the School of Nursing Office of Continuing Education.

E-mail: [nursing\\_ce@unc.edu](mailto:nursing_ce@unc.edu)  
Phone: (919) 966-3638  
FAX: (919) 966-0870

<http://nursing.unc.edu/lifelong/index.html>

# Calendar of Events

## June

---

Nurse Practitioner Review Course	June 3–5, 2003
History Taking and Physical Examination: Sharpening Your Skills	June 6, 13 and 20, 2003
Critical Teaching Strategies for Critical Thinking	June 7, 2003
■ Nursing Exploration Week	June 22 – June 27, 2003

## July

---

1st Annual Advanced Teaching Excellence Institute: Advanced Principles of Teaching in Nursing	July 29 – August 1, 2003
--	--------------------------

## August

---

■ 14-month Second Degree BSN Option Commencement	August 10, 2003
Writing for Publication with Elizabeth Tornquist	August 22, 2003
■ First Day of Classes	August 26, 2003
Legal Update	August 29, 2003

## September

---

Career Opportunities in Clinical Research: Understanding the Roles & Responsibilities of CRA and CRC	September 2 – November 18, 2003
Strokes: Preventing & Managing "Brain Attacks"	September 4, 2003
HIV Update 2003: Caring for the HIV Patient	September 11, 2003
Teaching using Stories	September 13, 2003
The Cutting Edge: Balancing Your Life	September 18 – 19, 2003
Diabetes Management in the Hospital Setting	September 30, 2003

■ *Distinguishes School of Nursing events from Continuing Education events*



Please send your survey and news to:

Associate Director of Alumni Affairs, School of Nursing
UNC-Chapel Hill, Carrington Hall, CB #7460
Chapel Hill, NC 27599-7460
Fax: (919) 843-8241 E-mail: sonalum@unc.edu

MAKE YOUR OPINION Count

We want to know how we can best serve you, the nearly 6,000 distinguished alumni who are an important part of the School of Nursing family. Please take a moment to fill out and return this short survey to make your opinion count.

1. What kinds of alumni programs interest you?

Please rank each of the following on a scale of 1-5.

1 = very interesting 2 = somewhat interesting 3 = neutral 4 = not so interesting 5 = not interesting at all

- Academic/Continuing Education Programs 1 2 3 4 5
Regional Programs 1 2 3 4 5
Athletic Events 1 2 3 4 5
Other: 1 2 3 4 5

2. What types of articles do you most enjoy reading in Carolina Nursing magazine?

Please rank each of the following on a scale of 1-5.

1 = very interesting 2 = somewhat interesting 3 = neutral 4 = not so interesting 5 = not interesting at all

- Stories about alumni 1 2 3 4 5
Stories about the school and faculty 1 2 3 4 5
Student features 1 2 3 4 5
Current issues in nursing 1 2 3 4 5
Other: 1 2 3 4 5

3. Would you like to plan a reunion for your class? [ ] No [ ] Yes

4. Are you interested in participating on the Alumni Board? [ ] No [ ] Yes

5. Are you interested in helping to plan or host an alumni activity?

[ ] No [ ] Yes, I'd like to help with: \_\_\_\_\_

6. What can your Alumni Association do to better serve you?:

\_\_\_\_\_
\_\_\_\_\_

Name (please include maiden name): \_\_\_\_\_ Class Year: \_\_\_\_\_ Degree: \_\_\_\_\_

WHAT'S NEW With You?

Keeping up with each other is hard to do these days. Please let Carolina Nursing share your news! Whether it's a new job, a new address, or a special accomplishment, we'll be happy to get the word out for you.

Name (please include maiden name): \_\_\_\_\_ Class Year: \_\_\_\_\_ Degree: \_\_\_\_\_

[ ] My address has changed. My new address is: \_\_\_\_\_

News: \_\_\_\_\_
\_\_\_\_\_
\_\_\_\_\_
\_\_\_\_\_

