



FROM THE *Dean*

Dear Alumni and Friends,

Spring is a time of growth and renewal, and this spring proved no different for the School of Nursing. We welcomed Dr. Mary H. Palmer, our first Helen Watkins and Thomas Leonard Umphlet distinguished professor, to the School in January. “Stan” and “Kenny,” our innovative human patient simulators, debuted in February with a ribbon-cutting ceremony, accompanied by a generous gift to the Building Campaign from W. Paul and Jane Sox Monroe (BSN '56) to name the Human

Patient Simulator Laboratory for Critical Care Skill Development.

A few weeks ago, the School of Nursing entered into a partnership with Mahidol University in Bangkok, Thailand. When plans of study of nursing doctoral students at Mahidol match the areas of expertise of faculty members at UNC-Chapel Hill, the students will spend the second year of their doctoral programs auditing courses and working with faculty members here in Chapel Hill. Faculty members will also be invited to Bangkok to teach short courses, the first of whom will be Dr. Barbara Germino, who is traveling to Thailand in June to teach a course on theories and research in the prevention and management of chronic illness.

As I write this letter, we are eagerly anticipating another milestone on April 25th when we break

ground for our new addition to Carrington Hall (look for a feature on the groundbreaking in the summer issue of *Carolina Nursing*).

I hope you enjoy reading about the advances the School is making. The vitality you see in our people and programs are matched by the support we are receiving from all of you who are our friends.

With warmest regards,

LINDA R. CRONENWETT, PhD, RN, FAAN
Dean

A Heartfelt Welcome

Colleagues, family and friends honored Dr. Mary H. Palmer at a welcome reception at the Carolina Inn February 26. Dr. Palmer is the first Helen Watkins and Thomas Leonard Umphlet Distinguished Professor in Aging. To read more about Dr. Palmer, see the article *Changing Lives, Changing Times: New Faculty Work to Expand SON Initiatives*.

Mrs. Helen Umphlet and Dr. Mary H. Palmer





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On the Cover: Carol Durham, clinical associate professor and director of the School's Clinical Education and Resource Center, performs a check-up on Stan the Man.

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Dean

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Professor **Linda Brown** is among the recipients of this year's prestigious **Johnston Awards for Excellence in Teaching**. This campus-wide honor recognizes Professor Brown for her demonstrated commitment to the highest standards of teaching and her positive impact on the intellectual growth of her students. Chancellor **James Moeser** and Executive Vice Chancellor and Provost **Robert Shelton** recognized the recipients during the half-time activities of the UNC-Ohio University men's basketball game on February 20. An awards ceremony and banquet honoring the recipients was held on April 9.

Congratulations to Professor and Associate Dean **Richard Redman** on his recent appointment to the **Community-Campus Partnerships for Health** board of directors. This national organization currently claims over 1,000 communities and institutions of higher learning that are working together to promote community health and health education.

The Center for Research on Chronic Illness published the first of its new quarterly columns on living with illness in the February issue of the *American Journal of Nursing*. Professor **Anne Skelly** penned the

CRCI's first article, "Elderly Patients with Diabetes: What You Should Ask Your Patient on the Next Visit." Professors **Sandy Funk** and **Jennifer Leeman** co-wrote an editorial in the same issue introducing the new column.

In February, Professor **Chris McQuiston** won the 2002 **Research in Minority Health Award** from the **Southern Nursing Research Society**. The award recognizes her work on sexual health and HIV risk in the Mexican immigrant community of Durham, NC.



Professor **Anne Fishel** received the **National Award for Teaching Excellence in Psychiatric-Mental Health Nursing** from the **American Psychiatric Nurses Association** in December. She was recognized for her innovative work in disseminating new knowledge in PMH nursing and for her positive mentoring to peers and new nurses.



Professor **Diane Holditch-Davis** was honored as the 2001 **Reviewer of the Year** by the *Journal of Obstetric,*

Gynecologic and Neonatal Nursing. Editor Nancy Lowe, commenting on Holditch-Davis's work to resolve the health problems of premature babies, said, "[Holditch-Davis's] curiosity of discovery and commitment to clinical relevance keep her energy high and motivate her to give back to the profession through service."

Under the mentorship of Professor **Julie Barroso**, recent BSN grad **Megan Randall** ('00) will be publishing her first manuscript, "Delayed Pursuit of Health Care Among HIV-Positive Gay Men," in the *Journal of the Association of Nurses in AIDS Care*. Megan won highest honors for the project her senior year.

Doctoral student **Carol Campbell** was awarded the first **Hildegard Peplau Scholarship** by the **American Psychiatric Nursing Foundation** and the **American Psychiatric Nurses Association** in February. The annual award is given to outstanding students to support their studies toward a higher degree of education in nursing.

In October, Professor **Mary Lynn** won the **Outstanding Faculty Researcher Award** at the **Ninth National Nursing Administration**



Chancellor Takes a Tour

Chancellor James Moeser visited the School of Nursing in September 2001 to learn more about the School's research, education and community outreach initiatives. Dean Linda Cronenwett and professors Sandy Funk, Richard Redman and Maggie Miller introduced him to faculty, staff and students in several departments of the School, including the Center for Research on Chronic Illness, the Clinical Education and Resource Center and the Biobehavioral Lab. One of the highlights of the visit was Chancellor Moeser's introduction to the School's new human patient simulators.

Research Conference. Professor Lynn's paper, "Work Satisfaction of Nurses in the 21st Century: Instrumentation Component," focused on her recently completed study on the creation of a new work satisfaction measure for nurses.



Professor **Joanne Harrell** was honored with an **Academic Alumni Award** from alma mater Avila College in October. A '65 BSN graduate of the school, Harrell was recognized for her significant contributions to the health care of children and nursing research.



In September, the **North Carolina Nurses Association** announced the selection of Professor **Susan Foley Pierce**

as the organization's president-elect. Professor Pierce took office in January and will serve as president-elect for two years and as president for two years. Also elected were Professors **Linda Brown** (delegate) and **Barbara Jo Foley** (first alternate delegate). All three will represent their district and state at the American Nurses Association convention in Philadelphia this June.

Professor **Mary Hall** was honored in September by the **Great 100, Inc.** as one of the **Great 100 Nurses in North Carolina.** Hall splits her time at Carolina, teaching undergradu-

ate clinical classes and working with critical care patients at UNC Healthcare. She was chosen for the award for her excellence in practice and commitment to the profession.

Congratulations to Professor **Pamela Johnson Rowsey** who was doubly honored by alma mater **Mississippi University for Women** this academic year. In September, she became the first African-American to present the University's senior convocation address; in April, she became the first African-American to receive the University's **Alumni Achievement Award.** She was recognized on both occasions for her contributions to society through her teaching and research in nursing.



Professor and Associate Dean **Sonda Oppewal** was named chair-elect of the **American Public**

Health Association's Public Health Nursing Section in October. Professor Oppewal will lead activities to achieve the section's mission of enhancing the health of population groups through the application of nursing knowledge.

Professor **Beverly Foster**, elected to the **North Carolina Board of Nursing** last summer, was officially installed as a board member in January at the organization's first meeting of the year. She will serve on the 15-member board for the next three years, participating in the practice and education subcommittees.



Congratulations to Professor **Mary H. Palmer** on her recent invitation to join the editorial board of the **Journal**

of the American Geriatrics Society. As a board member, she will attend editorial board meetings and review articles in her field of expertise, including urinary continence. ■

A Full House: The Office of Advancement Moves Forward

The Office of Advancement welcomed three new staff members last semester. **Norma Singleton Hawthorne**, the Office's new director, joins the School with over 20 years of marketing, public relations and communications expertise. In addition to providing the Office's leadership, she directs the School's Carolina First Campaign development initiatives. **Anne Aldridge** is the School's new associate director of Alumni Affairs and the Annual Fund. She has a long history with the University, having graduated in 1994 and worked in the Office of Human Resources. **Sunny Smith Nelson**, also a Tar Heel alum, is the School's new associate director of Public Relations and Communications. Prior to moving back to the "southern part of heaven," she worked as the director of Publicity at John F. Blair, Publisher, in Winston-Salem, NC. They join **Holly Herring**, the "veteran" staffer who has been at the School for over a year.

Moving On Up: Faculty Receive Promotions at School of Nursing

Leslie Davis, MSN, NP
Clinical instructor promoted to clinical assistant professor effective July 1, 2001

Barbara Germino, PhD, RN, FAAN
Associate professor promoted to professor effective January 1, 2002

Chris McQuiston, PhD, RN, FNP
Assistant professor promoted to associate professor effective January 1, 2002

A Man for All Reasons:

Stan the Man Takes Up Residence at the School of Nursing

BY JUDITH REITMAN

What fascinated the middle school visitors most was his mortality. “Can he die?” a 13-year-old girl asked.

Carol Durham, clinical associate professor, laughed. “Yes, he can die.”

There was a collective “Cool!” among the young observers.

“But we would rather he didn’t,” Durham said.

Those students who weren’t prodding the “patient” with stethoscopes fired rapid questions. Could he sweat (no), bleed (no,) urinate (yes), talk? Yes, Durham said.

“Hey Stan,” one of the boys asked. “What’s up?”

“Not much,” Stan replied, and winked.

A monitor steadily beeped Stan’s pulse rate, heart rate, blood pressure and oxygen saturation. Several girls said they’d like to be nurses or pediatricians after seeing Stan. Aaron Kivette, the students’ 28-year-old teacher at Perry Harrison Middle School in nearby Pittsboro, commented that he hadn’t seen this level of excitement since the school’s basketball season began.

Faculty and nursing education officials were just as taken with Stan that day. They felt Stan’s pulse points, marked with yellow dots for this demonstration, and queried Durham on Stan’s range of critical responses. Carol Swink, associate executive director of the North Carolina Board of Nursing, saw Stan as an evaluative and competency measurement tool. “This has the potential to revolutionize the teach-



Laura Roller feels Stan’s heartbeat under his Carolina t-shirt.

ing of clinical skills,” she said. Gwen Waddell-Schultz, CBSN ’70, MSN ’76, associate chief for nursing education at Durham VA Medical Center, predicted, “Stan is going to add a new dimension to critical care and interactive learning.”

Bernadette Gray-Little, a University executive associate provost, expressed what may have been on the minds of the largely female audience: “Now that we have a bionic man, what about a bionic woman?”

“He’s convertible,” Durham said of the Human Patient Simulator (HPS). “Interchangeable parts.”

This summer, the School of Nursing became the second nursing school in the country to purchase Stan the Man, short for Standard Mannequin, and his young son – or brother, Kenny (aka Stan, Jr.), a PediaSim, for exclusive nursing education. Both are manufactured by Sarasota, FL-based Medical Education Technology, Inc. (METI), which presented the School with a \$1000 scholarship check at Stan’s

unveiling on February 7. In addition to the middle school students, deans, administrators and instructors from nearby schools of nursing, including Barton College, UNC-Wilmington, NC Central, NC A&T and Eastern Carolina University, as well as the NC Board of Nursing, were present at the ceremony. The consensus was that Stan will transform clinical education in nursing.

Since the early 1970s, medical education has employed various types of simulation technology, a concept pioneered by aviation training. The HPS is a relatively recent phenomenon; its programming has been largely developed since 1995 to the present. This new generation of simulators brings response to treatment to the forefront of learning experiences, providing students hands-on, real-time training before they encounter patients.

Stan can become any one of 25 types of patients, representing different ages, physiological parameters, medical histories and even gender;

“This has the potential to revolutionize the teaching of clinical skills. Stan is going to add a new dimension to critical care and interactive learning.”

GWEN WADDELL-SCHULTZ

to wit, he can become pregnant with preeclampsia. Through a main system PC console or a remote control, instructors can access any of his 70 pre-configured high-consequence scenarios, some of which students may never see during their clinical rotations. Negative-event scenarios include heart attacks, routine anesthesia induction, hypertension, negative pressure pulmonary edema, difficult airway management, spontaneous pneumothorax and intestinal bleeding.

Young Kenny represents a six-year-old child who is nearly four feet tall and about 44 pounds in weight. He can be programmed to simulate near drowning, congestive heart failure, septic shock, juvenile diabetic coma or insulin shock. He also accurately reflects the sensitivity to drugs and various medical applications particular to children. Both HPSS react realistically to over 50 medications in real time. They respond to incorrect or over/under doses, to CPR, defibrillation, intubations, ventilation and catherization, among other procedures.

Durham first saw Stan at a nursing conference. "I want this man," Durham told Dr. Cynthia Freund, the dean at that time. "The School needs this mannequin."

Durham and Dr. Judy Miller, associate professor and leader of the 14-month Second Degree BSN Option, lobbied for the mannequin.

Dr. Linda Cronenwett, who took over the position as dean after Freund, needed little convincing. "Part of the School of Nursing's mission is to be a leader in nursing education, and in this instance we are taking a leadership position in applying the latest technology to clinical skills development," she says. The opportunity to acquire Stan comes at a time, Dean Cronenwett notes, in which the availability of clinical sites is becoming increasingly limited. Meanwhile, there is an increasing need to produce more nurses with better skills, particularly in critical care. "This means that we have to have more predictable clinical training than we currently have. The question then becomes is this the

way to do it. Our early pilot work indicates it is."

That study, which was conducted last year by Durham and Miller, found tremendous enthusiasm among the eight initial students who worked with Stan. Subsequently, 31 of the 14-month option students utilized Stan. Durham observes, "They find Stan a valuable learning experience by engaging the mannequin as a patient that must be treated with different modalities in order to prevent or turn around the crisis. And so they gain experience and build their confidence."

Dr. Beverly Foster, director of undergraduate programs and clinical associate professor, says that the

continued on next page

"Part of the School's mission is to be a leader in nursing education, and in this instance we are taking a leadership position in applying the latest technology to clinical skills development."

DEAN LINDA CRONENWETT



Dean Cronenwett looks on as Carol Durham cuts the ceremonial ribbon celebrating the debut of Stan and Kenny.

"A Vigorous Confidence Builder"

Twenty four-year-old Sherry Dumas, a 14-month Second Degree BSN Option student, thinks of Stan as "a vigorous confidence builder." During her first semester with Stan, he's been a 60-year-old man with congestive heart failure, a 20-year-old football player with a collapsed lung, overcome ventricular tachycardia and cardiac arrest, and nearly flat lined. She's bagged, resuscitated and defibrillated him. When he "came into" the emergency room complaining about chest pains, she asked him about his history of heart problems. He said he had had a prior heart attack. The football player who had been tackled and seriously injured told her, "I can't breathe. It really hurts."

"You can talk to him and it felt pretty close to his being a real patient," Dumas explained. "You can give him medications through a special port and a bar code reader shows us how he reacts."

Dumas's team of 4-5 students played out various

high-risk scenarios. They learned how many people it takes to run a code and how roles must be delegated. "It was a little more relaxed than if he had been a real patient, but it was still stressful because he could actually deteriorate." Stan actually "died" in another class.

"I think the big benefit was getting confidence because he is about as real as you can get without his being an actual person. I feel if I entered a hospital setting I would know what to do. Before Stan, I knew what I was supposed to do, now I know I can do it." She also was surprised at her depth of knowledge. "You can use what you learn in a practical setting. It's very reinforcing to apply what you've learned."

Dumas is especially looking forward to her OB/GYN rotation when Stan becomes a pregnant woman. The consensus is that Stan will not be an especially attractive woman, but he will certainly be a woman of substance.

“We are probably just at the tip of the iceberg in terms of what we can accomplish with Stan.”

DR. BEVERLY FOSTER



Chelsea Johnson and Chelsea Green look on as Zach O'Dell listens to Stan's heartbeat.

School intends to fully integrate Stan into the two-year BSN program as well. “We are probably just at the tip of the iceberg in terms of what we can accomplish with Stan,” she says.

Professor Emerita Laurice Ferris, who worked in critical care in the 1960s and 70s, wishes she had had Stan when she was teaching. “The point is to anticipate and assess a patient in an ongoing fashion in hopes of averting a crisis, but now students will know what to do in the event of a crisis on the floor or in critical care,” the now retired Ferris says.

Ferris concurs with Durham that such experience will increase confidence, as well as reduce anxiety. “There is always a level of anxiety when you know you are going to have a code, when you have a patient near death. But if you get into a crisis, you will have had a heads-up. This will help the student tremendously and the patient will ultimately get the best possible care, which is what we want.”

Southern Illinois University at Edwardsville, the first to purchase an HPS for exclusive nursing instruction, found that participating

students accrued substantial benefit in working with Stan. Students increased their confidence, improved their decision-making and critical-thinking skills and enhanced their prior learning. Stan helped them visualize physiological effects on the human body, including medicinal effects, which are hard to conceptualize when learned through lecturing and/or reading. As for instructors, Stan enabled them to utilize a structured laboratory setting instead of trying to find appropriate and/or rare patient care opportunities in a health care setting. Stan was valuable in evaluating students' synthesis of knowledge and technical skills as well.

In addition, Stan presents a viable alternative to using animals in medical teaching. “Pressure to decrease or eliminate the use of animals in laboratories has prompted many medical and nursing schools to consider Stan,” says Kimberlee Reinhardt-Lopez, one of the METI reps who attended the February 7 event.

The School plans to partner with other clinical and education organizations to develop this new technology.

And what, indeed, happens if Stan dies? “You can start him back up again,” Durham says, smiling. ■

A Worthy Cause: Alumna and Husband Support the HPS Lab

Supporting the School of Nursing has always been a cause close to the hearts of Jane Sox Monroe (BSN '56) and her husband, Paul (BSBA '56). When they heard about the School's need for support for the new Human Patient Simulator Laboratory for Critical Care Skill Development, they knew it was an opportunity to give back to the place they said had given them so much.

“My nursing degree not only provided me with a career, but it allowed me to be able to do something for others,” explains Monroe. “I feel it's now my responsibility to do something for the School that helped me become the person I wanted to be.”

The skills she learned at the School of Nursing have been invaluable to her throughout her life, says

Monroe, from working as a public health nurse to serving as a member of the Catawba County (NC) Board of Health. Helping new nurses get the skills they need for a successful career is only another example of the caring attitude she developed while at the School of Nursing.

“I believe the new human patient simulators will allow nursing students to learn so much more, from improving their critical care skills to feeling more competent and comfortable with patients,” she says.

“Nurses have so many responsibilities, but the most important is making a patient feel special through tender loving care, which is a vital combination of compassion and skills.”

Issues in Nursing Leadership: *A Panel Discussion*

BY NORMA SINGLETON HAWTHORNE

As nurses move through their careers, more options open to them, especially with advanced education. Yet, according to a group of panelists who led a discussion during Alumni Day on November 10, leadership is a quality that can be expressed at any point along the path.

“To even be here at UNC-Chapel Hill School of Nursing, you must be a leader in some capacity,” says Senior Class President Leslie Collins. Student nurses volunteer with the multidisciplinary Student Health Coalition and the student-operated free clinic in Carrboro where they see patients, operate the laboratory and coordinate patient flow. “This is important preparation for what’s to come after graduation, and it will help us become even stronger leaders,” she says.

Doctoral student Stewart Bond, who is studying delirium in late stage cancer patients, observes that there can be many leaders at all levels. “I see people participating, serving on committees, actively involved. This leadership is more about action and behavior, rather than attaining a position or role.”

Leaders, he says, are the people who understand the politics, know how to get things done and are able to influence others. “Leaders network and mentor others. They are continuously learning because they are aware that new knowledge will make them more valuable contributors. Effective nurse leaders listen to others, think before they speak and



Stewart Bond, Professor Susan Foley Pierce, Leslie Collins and Bonnie Fields offer their perspective on nursing leadership.

understand how to deliver key messages to colleague.” This takes practice, he says.

When Bonnie Fields (BSN '80) consulted in health care management for one of the Big Five accounting firms, she worked with nurse leaders as their organizations were undergoing dramatic change. She presented three characteristics of successful nurse leaders for the audience to consider: they are competent, although not necessarily technical experts; they are strong communicators, able to motivate and inspire; and they can think outside of the box.

“When organizations change, they depend on this type of leadership,” she says. “Successful leaders are honest, open and comfortable being challenged. They’re able to listen to opposing views and are open to changing their minds. Successful leaders are flexible and invite innovation. They give credit to others and will step up to take the blame when things go wrong.”

She asked the crowd to think of the film *Apollo 13* and the control

room crisis scene when people came together to find a way to bring the astronauts home. It took a team to discover the best solution, she points out. Fields emphasizes that, “If we are nurse managers in complex health systems, we must help foster an organizational leadership style that allows people to try new ideas and make mistakes.”

“I subscribe to the theories and practices of transformational leadership,” says Professor Susan Foley Pierce, president-elect of the North Carolina Nurses Association. “Leaders must understand and tap into people’s basic values, goals and motivations. I tell my students that to lead you must know yourself; you must control yourself, rising above your own petty issues and goals; you must look ahead and become a futurist; and you must be willing to take risks by being curious and willing to change the status quo, if needed.” Pierce says that it is most important to remember that no one person has all the answers – that everyone has some of the answers.

Alumni Leading from Strength, Leading to Care

The School of Nursing has produced many leaders in its 52-year history, from educators to consultants to chief operating officers. The three alumni profiled in these pages have taken the valuable education they received while at the School and developed it into not only rewarding careers but efforts that push the boundaries of known health care.

“I could go anywhere in the world and my Carolina education would be recognized.”

PAMELA JAMESON

*Pamela Ellis Jameson,
BSN '76, MPH '86, CNAA*

When Pam Jameson returned home to Linville, NC, after completing her undergraduate degree, she didn't expect to stay long. But as her career developed, Jameson says the choice to remain “at home” in the community where she grew up with the people she knew best was clear. “I could go anywhere in the world and my Carolina education would be recognized. I also knew that my nursing degree would give me a solid base on which to explore more education later if I wished.”

Now her most challenging role as vice president of clinical operations at Avery Health System is to make a small rural hospital, Charles A. Cannon, Jr. Memorial Hospital, financially viable in the midst of regulatory requirements and limited resources. But it's not just about economies of scale. “We'll overcome these challenges by providing the right kind of care for our community. If we do this, we'll be successful financially.”

Recently, Jameson saw the opportunity to affect change by introducing Planetree, a model to create patient-centered care in healing environments. “For so long, patient

care has been provider focused. With Planetree, everything we do is for patient satisfaction. It is not wrong for the patient to be at the center of your health care service model,” she says. “Staff and community benefit, too.” Planetree was a good fit for Avery Health System. With the merger, they had an opportunity to establish a new culture for a new organization.

Jameson's advice to professional colleagues stems from an unshakable belief: it is essential to care for the whole person — their spiritual, emotional and psychological needs in addition to their physical needs. “When you choose to work in a health care organization, look for one that has heart and demonstrates that its mission is more than the quality of care received. It must pay attention to how it is delivered, too.”

*Rebecca Dewees Olson,
BSN '74, MS*

Becky Olson was shocked when she first heard that 35% of the Eastern Band of Cherokee Indians has diabetes, compared to 5.9% nationally. So when she was asked to act as a management consultant for Cherokee Choices, an initiative that addresses the problem of Type 2 dia-



Olson

betes by focusing on the reservation's children, she jumped at the chance. Where better to start prevention than during a person's most formative years, she thought. The community members with whom she spoke agreed.

Now in its second year, the Cherokee Choices program focuses on fourth graders and takes a rather nontraditional approach to reducing the risk of Type 2 diabetes in the tribe. By introducing a school-based group-mentoring model to promote healthy behaviors, program leaders hope to improve the overall emotional and physical well being of the children. Enhancing the children's self-esteem and cultural awareness are important components of the program, as is developing healthy coping skills. Better food choices, more exercise and stress management are also strongly emphasized. The initiative, funded by a grant from the Center for Disease Control and Prevention, includes teacher, parent and community-wide components to promote sustainability.

“Although we are in the early stages, our fourth graders are react-

rning Leadership

ing very positively to the mentors and their special lessons and activities. They are learning that conquering the climbing wall makes exercise fun; reviewing fractions while creating a recipe for trail mix is 'cool'; and talking to a trusted adult who has a little extra time for you is invaluable."

Olson, who served as a project director and assistant director of UNC-Chapel Hill's Center for Health Promotion and Disease Prevention from 1994 to 1999, says that no matter what type of work she is doing, she constantly references her nursing education base and can't conceive of managing without it.

"I've had the pleasure of applying my Carolina nursing education in a variety of roles over the years, in both traditional and nontraditional ways. It has always provided me with a strong basis for understanding individual and community expressions of concern. In my current role, when I hear 'critical thinking' or 'logic model,' I often think 'nursing process.'"

*P. Kay Wagoner,
BSN '70, MSN '78, PhD '86*

In her work to discover novel treatments for sickle cell disease, urinary incontinence, atrial fibrillation epilepsy, glaucoma and pain, Kay Wagoner relies on her nursing background. Honored on University Day 2001 with the Distinguished Alumna Award presented to her by Chancellor James Moeser, Wagoner recalled how her experiences in nursing school and

nursing practice prepared her for her role as founder and CEO of Icagen. The company is the first biotech firm dedicated to utilizing ion channels as therapeutic targets. It is a leader in using ion channel genes and ion channel chemistry to move from gene products to drug products.

"I am convinced that a nursing degree is a basic life necessity. Everyday I use the knowledge and processing skills I learned in nursing school. In my personal life and professional work, I am often asked questions relating to health, well-being, coping with crises, and on and on, and I pull from my days in nursing school and my experiences in my nursing practice."

During her career, Wagoner has served as the founder and first director of the non-profit cardiac rehabilitation organization Orange Cardiovascular Foundation, worked in the Intensive Care Unit at UNC Memorial Hospital, and served as a faculty member at the School of Nursing. Soon after receiving her doctorate in physiology from the UNC-Chapel Hill School of Medicine, she became the senior scientist at Glaxo Research Institute in Research Triangle Park, where she created the Ion Channel Biology Group. During this time she wrote articles for esteemed journals and established many concepts used today in the pharmaceutical drug discovery industry.

"My decisions about pharmaceutical priorities are made in light of an enhanced understanding of what it is like to be sick, hospitalized or recovering from illness. I would not



Wagoner

have that perspective if it were not for my nursing background," she says.

Wagoner observes that nurses can be leaders in clinical units, academic departments and scientific laboratories. Nurse scientists, she says, are those who have earned advanced degrees and combine basic scientific methods into nursing research and nursing practice. "I would tend to say that the field allows for those of us in nontraditional roles to applaud our nursing roots. The definitions of nursing are endless." She recommends that nursing students practice the art and skills of nursing in both inpatient and outpatient settings. "These varied perspectives will help determine what your true interests are. Then," she advises, "get more education to open more doors." ■



The Class of '61 enjoys a reunion dinner in Laguna Beach, California. Pictured from left to right are: Keeter Baggett Pope, Alice Forester Keiger, Mabel Broadwell Yelvington, Ann Linville Jessup, Karen Magnuson Mauro, Donna Thompson Alexander, Margaret Thompson McCain, Ann Tolton Bergamo, Linda Mulligan Walters and Pat Brown Crist. Photo courtesy of Karen Magnuson Mauro.

A Reunion on the Road: The Class of '61

What better way to see the country than with a group of treasured friends? The SON Class of '61 has found the best of both worlds with their annual traveling reunions.

This year the group met at the home of Karen Magnuson Mauro in Laguna Beach, California, and enjoyed a stop in San Diego with Linda Mulligan Walters. Next year they head to Donna Thompson

Alexander's home in Arizona. The classmates also have been to Rhode Island and enjoyed several trips to the Carolina Coast.

A 25th reunion in Chapel Hill started their adventures. Alice Forester Keiger and Pat Brown Crist have been active organizers. "When we were on campus, we lived and studied together," says Keiger. "We were some of the very few freshman

women at Carolina." The close bonds they formed during their years at the SON have continued throughout their lives. The group enjoys seeing new places, but really focuses on catching up with each other. Planning for the reunion starts a year in advance and participation has increased each year.

The Toast of the Town — New SON T-Shirts

What better way to show your pride in the School of Nursing than by sporting the Alumni Association's new t-shirt? The white, 100% cotton t-shirts are available in sizes ranging from small to double-extra large and feature the *Leading from Strength, Leading to Care* logo on the back. Short sleeve shirts are \$10 and long sleeve shirts are \$15. If you would like to order a t-shirt, e-mail Anne Aldridge at Anne_Aldridge@unc.edu or phone her at (919) 966-4619 with your preferred style, size and mailing address. Then drop us a check made payable to the SON Alumni Association with \$3.00 added to your order for postage and handling.



Alumni Day Address

*Association of Nursing Students President
Danner Chambless*

When I first sat down to write my thoughts about nursing school, all I could think about is how much things have changed since the School first began.

Today, our students are made up of a wide variety of people. No longer are we comprised of traditional undergraduate females. We have people of many different cultures and backgrounds ranging from the country of Africa to rural North Carolina. Men and women with military backgrounds, chemistry degrees, and social work all have joined the profession of nursing. The diversity in the School of Nursing is only going to increase along with the expansion of the School.

After I began to think about the differences among our classes, it occurred to me that we all share something more important than any of our differences. We all want to serve others through the field of nursing.

Nursing will forever be the tie that binds us. Each one of us has walked in the same shoes. They may not look the same considering our uniforms have changed a great deal, but we have all learned what it is to be a nurse from the same school and possibly even the same instructors. The School has fed us the knowledge that we need to be competent nurses and has given us the opportunities to grow in our relationships with our fellow classmates. These relationships become the foundation for the most important tenants of nursing, care and compassion.

UNC is what brings us here today, but nursing is what will keep us together for a lifetime. Each of us has made a commitment of service through our degree in nursing and that unites all of our differences. Here at the School of Nursing our graduation years don't matter; it is our desire to be good nurses that does.



A festive group enjoys the company and sunshine on the Carrington Lawn.



This year's youngest Alumni Day attendee, Matthew Franklin Bunn, son of Melanie Bunn (BSN '83) enjoys plenty of attention.

Alumnae Jackie Dean Jennings (BSN '81) and Lucy Ligon Heffelfinger (BSN '81) enjoy the day with their families. Pictured left to right are: Karla Mangum, Jeff Jennings, Richard Heffelfinger, Jacy Jennings, Jackie, Jonathan Heffelfinger and Lucy.



Alumni Day 2001

Gathered under a Carolina blue sky, School of Nursing alums reconnected at their annual Alumni Day homecoming on November 10. They enjoyed the sounds of local band Hooverville and the tastes of Thrills from the Grill. Alumni Association President Carolyn Graham (PhD '97) welcomed the group, and Association of Nursing Students President Danner Chambless shared reflections on life as a nursing student in the class of 2002.

A special new feature of Alumni Day this year was an "Issues in Nursing Leadership" panel. This lively discussion of nursing

leadership was led by members of our own Carolina nursing family and featured an exchange of ideas and opinions about what leadership is, how leaders are developed and the kind of organizations that foster leadership. You can read more about the panel and profiles of select alumni nursing leaders in the article on page 7.

The 'Heels were not able to pull off a victory over Wake Forest, but the warm atmosphere on Carrington Lawn was not dampened by the loss.

Be sure to mark your calendars now for Alumni Day 2002: November 2!



Alumni Association Board of Directors 2001–2002

President:
Carolyn Graham '97

President-Elect:
Tonya Rutherford Hemming '93 ('01)

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Undergraduate Representative:
Danner Chambless

Faculty Representative:
Bonnie Angel '79



Assistant Dean for Student and Faculty Services Maggie Miller shares the plans for the School's new addition with board members.

Alumni Association Board Holds Annual Meeting

Change was the key word for the 2001 Alumni Association Board during its annual meeting November 9. They welcomed new members, designed a new committee-based structure for the board and voted Tonya Rutherford Hemming (BSN '93, MSN '01) as the board's new president-elect.

Priorities for the board this year include a survey of alumni, more student involvement and reaching out to alumni through regional programming. Working subcommittees

will focus on special events, public relations, scholarships and recognition and long-range planning. Although the group meets on an annual basis, it was agreed that the executive committee would come together more frequently to plan.

The board is an active voice for alumni within the school. If you would like to share your time and talents with the board, contact Anne Aldridge, associate director for alumni affairs, at (919) 966-4619.



Dean Cronenwett speaks with board members Susan King-Zeller and Meg Gambrell.

The 2001-2002 Alumni Association Board of Directors



Ready to Build a Strong Foundation for the Future

Dear Alumni and Friends,

When the State of North Carolina faced a series of recent budget cuts, you heard news about how this would affect the University and students. Many people weren't aware before this announcement, though, that the University was responsible for securing a major portion of its budget from private support. This private support represents 64% of what it costs to deliver a UNC-Chapel Hill education – among the finest available anywhere in the United States. The percentage is expected to increase with the State's financial woes.

At the School of Nursing, the need for private funds holds special import as we break ground on a new building. Our goal is to raise \$4 million in private support to augment the state's contribution. Your gift will enable us to educate a new generation of nurse clinicians and leaders who will help shape the future of health care.

This new building is not our only goal, however. Now, more than ever, we depend on gifts from our alumni and friends to fund critical scholarships, endowed professorships and educational, research and public service programs that will meet needs and fulfill dreams as state assistance diminishes.

You hold our future in your plans. Major gifts today and bequests we receive in the future will help the School:

- Attract and retain minority and disadvantaged students who will be educated to help address the health disparities prevalent in our society.
- Replace the 20% of our extraordinary faculty members who will retire in the next three to five years.
- Create clinical practice initiatives that will deliver care to rural and disadvantaged communities where health care is not readily available.
- Disseminate and implement a proven intervention for breast and prostate cancer patients that can help them better manage their illness and navigate an increasingly complex health system.
- Introduce middle and high school students to nursing careers while providing valuable mentoring and hands-on clinical experiences.

These are just a few of the priorities identified by the Dean and our faculty members.

If you are making an Annual Fund gift to the School, think about increasing it. Then, consider making a five-year pledge to the School of Nursing to support this campaign. We cannot do it without YOU.

With sincerest thanks and appreciation,

Norma Singleton Hawthorne, MS
Director of Advancement

Ten Ways to Make a Significant Gift to the School of Nursing

Planned gifts are a partnership between the University and its donors. Through this partnership, a donor can provide for his or her present needs as well as the future support of the School of Nursing. Here are 10 ways you can help:

- An outright gift of cash or securities
- A multi-year pledge: installment gifts
- A gift to a pooled income fund
- A gift to the charitable gift annuity program
- A gift in trust
- A gift of real estate
- A life insurance policy
- A gift of an income stream
- A bequest
- A creative combination of these

Talk to us about what you would like to do, and together we can find a way to do it.

LeVine Wellness Program: Another Rewarding Year

"Thanks to the LeVine Wellness Program, in addition to reducing my weight and waistline, I've found a renewed sense of camaraderie among faculty and staff."

LYNNETTE THACKER, STAFF MEMBER

"Wellness is just optimal functioning," says Melissa LeVine. "When I was in nursing school at UNC-Chapel Hill, I learned that definition but it didn't mean as much then. Now, I appreciate that maintaining a healthy physical, mental and social balance makes life go better because it relieves stress." LeVine, who now lives in Ann Arbor, Michigan, made a seed gift to establish a wellness program for faculty and staff at the School. She wanted to help faculty and staff model good wellness behaviors for students by taking care of themselves.

"I have a fondness for this faculty and staff. They're part of my

life and the contribution they make is awesome," she continues. When LeVine was looking for a way to contribute to Carolina that fit her values, she thought of faculty and staff who she observed were working hard for others. She wanted a way to help them sustain their energy and thrive. The fund was established to give faculty and staff the flexibility to choose the kinds of wellness activities that would be most beneficial to them.

Faculty and staff were able to stretch the fund into a second year to continue a popular Weight Watchers program that is attended by more than 40 people.

Major Gifts Received for the Building Campaign

Auditorium, Medical Drive Level, *A Gift of Frances Hill Fox*

Biobehavioral Laboratory Suite, Carrington Hall, *A Gift of the Class of '56*

Human Patient Simulator Laboratory for Critical Care Skill Development, *A Gift of W. Paul and Jane Sox Monroe, BSN '56*

Biobehavioral Laboratory for Genomics Study, Carrington Hall, *A Gift of Margaret Ferguson Raynor, BSN '67, and Dr. Bobby C. Raynor*

East Lobby and Reception Area, Medical Drive Level, *A Gift of the Faculty Emeriti*

Undergraduate Student Lounge, *A Gift of Franklin Clark, III*

Alumni Welcome Center Reception Room, *A Gift of the Class of '55*

Rooftop Garden for a Sustainable Environment, *A Gift of Dean Emerita Cynthia M. Freund*

Academic Affairs Reception Area, *A Gift of Dr. Margery A. Duffey, Faculty Emerita and Former Associate Dean of Academic Affairs*

Office of the Continuing Education Director, *A Gift of Laurice Ferris, Faculty Emerita and Former Director of Continuing Education*

Admissions and Student Services Reception Area, First Floor, *A Gift of Ben T. and Evelyn Farmer Alexander, BSN '56*

Fifth Floor Conference Room, *A Gift of Dean Linda R. Cronenwett*

Wachovia, Inc. and Avery Health System: Securing Carolina's Future

What do a banking institution and a health care system have in common? They are making a critical investment in the future health of North Carolinians.

In January, the School of Nursing received word from Greer Cawood, senior vice president of Public Policy at Wachovia and member of the School's Foundation Board, that the **Wachovia Foundation** had approved a proposal to provide \$50,000 for the creation of the Wachovia Scholarship to Build and Reinvest in Communities.

The scholarship will enable a graduate nursing student to deliver quality care to at-risk, medically underserved communities while gaining important clinical experience as they do community service or research as part of their graduate education. This service-learning experience will be invaluable for fostering interest in returning to the

underserved community represented.

As community-based practitioners, nurses unleash tremendous potential to assess the impact of poverty and to implement and evaluate interventions. This often extends to helping vulnerable groups make decisions about their lives that may include access to employment and social services, skills training, and credit and loans.

For **Avery Health System**, the decision to provide \$10,000 through a grant from the Linville Foundation in honor of Avery nurses in support of Nursing Exploration Week comes at an opportune time as the program reaches out to recruit participants from rural high schools in western NC.

During the 11 years that the program has been offered, there have been no participants from Avery County. That's why Pam

Jameson (BSN '76), Avery's vice president of clinical operations, wanted to help sponsor students to participate in the summer residential program in Chapel Hill.

Nursing Exploration Week excites young people about the prospects of nursing and health care, introduces them to mentors and gives them face-to-face, hands-on experiences with patients in various health care settings. Over 40% of the students who participate go on to enroll in a nursing program somewhere in the state.

Over the next several years, the School intends to make the program available to more minorities and disadvantaged students, and include a section for middle school students. We will be seeking significant individual, corporate and foundation support in order to sustain and grow the program.

School of Nursing Building Addition Kick-Off

Hosted by Carolyn Underwood (BSN '79)

Last fall, Carolyn Underwood (BSN '79) and Dr. Robert Blum graciously opened their Cary, NC, home to enable the School to thank major supporters and unveil architectural plans for the new building addition to Carrington Hall.

Carolyn welcomed guests and talked about her experiences as a nursing school undergraduate, telling how this education gave her the solid foundation from which to launch a successful pharmaceutical industry career. Today, she is the president and CEO of Artecetel, Inc., a Research Triangle Park biotechnology company that is conducting stem cell research.

Dean Linda Cronenwett honored Dean Emerita Cynthia Freund for her commitment to the School and its future by working to realize the dream of a new building. She also thanked Chancellor Emeritus and Mrs. Christopher Fordham for serving as honorary campaign co-chairs, and introduced Thomas Norris, a long-time supporter and Foundation Board member, as the School's representative to the University's National Campaign Steering Committee.

Fifty guests who had made or were planning to make major campaign gifts or bequests to the School attended the event.

Paving the Way: The School of Nursing Brick Campaign

It's an opportunity for everyone to participate. It's a personal expression of your "thanks" and commitment to the School. It reflects the joy of giving back. And it's a way to be publicly recognized for your support.

Your gift of \$500 (which, by the way, can be made as a 5-year pledge) will purchase an inscribed brick that will pave the entrance of the new building addition. Use this as an opportunity to recognize an individual, a family, or honor a beloved faculty member or the memory of a loved one.

Contact Anne Aldridge, associate director of Alumni Affairs and the Annual Fund, to make your arrangements to support *Paving the Way*, or see the School's website, www.unc.edu/depts/nursing.

Changing Times, Changing Lives:

New Faculty Work to Expand SON Initiatives

Globalization. World marketplace. Technological revolution. Research breakthrough. Our world changes now more in a year than it did during a lifetime a century ago. What are the implications of this change for nursing and nursing education? New administrators and professors who joined the School of Nursing this academic year believe it means a greater emphasis on taking learning beyond the traditional classroom walls, showing the nurses of tomorrow how to create new partnerships, care for people from unfamiliar cultures and understand burgeoning new knowledge. And although changes in today's world are helping drive nursing and nursing education, these new faculty members are leading changes of their own.

ADMINISTRATORS

Guiding Faculty and Students In These Changing Times

Richard Redman, PhD, RN
Associate Dean for Academic Affairs, Professor

As the new associate dean for academic affairs, it is Dr. Richard Redman's responsibility to provide leadership and oversight for the educational mission of the School. His strongest commitment, he says, is to advance the excellence in education that has been a hallmark of the School for over 50 years.

Redman's work as a nationally respected educator and academic administrator has influenced many of his ideas on how to best accomplish this goal. His ideas include the recruitment of a diverse faculty and student body; the development of research and prac-



Redman

tice programs that address society's most pressing health care problems; the fostering of a curriculum that prepares culturally competent care providers; and a balanced approach to the use of technology.

An initiative Redman believes will benefit the School in particular is the creation of stronger campus-community partnerships. He sees these partnerships as a way to build more effective patient-provider relationships.

"I want our students to experience how to form partnerships with communities and agencies in a way that will address issues of social

justice, make a difference in the health of communities and engage the students as citizens and professionals for their entire careers," he says. "I see this grassroots approach as the primary way to affect the kinds of change and reform needed in our health care system and society today."

Redman recently joined the board of Campus-Community Partnerships for Health, a national organization made up of nearly 1,000 communities and institutions of higher learning with the common goal of improving community health and health education. His fellow new associate dean at the School, Dr. Sonda Oppewal, also shares his vision of more campus involvement for the greater community good.

continued on next page

"I want our students to experience how to form partnerships with communities and agencies in a way that will address issues of social justice, make a difference...."

DR. RICHARD REDMAN

Sonda Oppewal, PhD, RN
Associate Dean for Clinical Affairs, Clinical Associate Professor

Dr. Sonda Oppewal has spent her nursing career advancing clinical practice and education. She joined the School in October from the College of Nursing at East Tennessee State University, where during her eleven years as a professor and associate dean, she directed two school-based health centers and oversaw the operations of seven other nurse-managed health centers that cared for the homeless, rural and student residents of the area. The centers provided care for more than 43,000 patients in 2001 alone.



Oppewal

At Carolina's School of Nursing, she will use her community-oriented nursing care experience to oversee all the School's clinical outreach activities, bringing faculty practice arrangements and Area Health Education Centers and Continuing Education programs under the leadership of one office. As the director of community-based initiatives at the School, she says her goal is to promote a better integration of nursing practice with education, research and scholarship.

"The mark I'd ultimately like to make is a better understanding of

working in partnership with communities for improved health," she explains. "I'm currently exploring innovative clinical initiatives with University and community partners in long-term facilities, Latino community members, at-risk elderly residents and school-based health centers. I also plan to work with faculty to advocate for and facilitate successful clinical practice arrangements in a variety of settings."

Sites where faculty currently practice include UNC Healthcare, local county health departments and family medical centers. Plans are under consideration to add an adult day health center and an on-site nurse-managed clinic at an adult assisted living center as clinical faculty practice sites.

NEW FACULTY IN CLINICAL PRACTICE

Providing Unbiased, Consistent Care in the Clinic and Classroom



Harwood

Professors **Theresa Raphael-Grimm, Elaine Harwood** and **Julee Waldrop** all lead by example. As professors who practice, they split their time between teaching students at the School of Nursing and caring for patients at UNC Healthcare. All agree that in order to teach clinical courses well, you have to practice what you teach.

Raphael-Grimm says she shares her experiences as a nurse psychotherapist with the students in her

psychiatric mental health classes all the time. Health care provider bias, her field of expertise, is an issue she often sees in the field. Making students face their own biases is one of her most important goals. "I want to make biased thinking so much a part of the consciousness of the nurses we prepare that every patient interaction will be experienced through the eyes of a sensitized provider, aware of the hazards of stereotypical thought and implicit assumptions," she says. Her new course, "Biases, Stereotypes and Implicit Assumptions in Health Care Delivery," will be offered as an elective this fall.

Harwood is looking to blaze new paths in patient satisfaction as a family nurse practitioner collaborating with physicians in the Department of Family Medicine at UNC Healthcare. She serves as a hospitalist, a position practiced widely in international health care but just emerging as an advanced nursing role in the United States. As such, Harwood acts as the first and last person many family medicine patients see in the hospital, admitting them in the emergency room, facilitating their admission into the proper unit and, upon discharge, providing them with the education they need to care for them-

selves. This quicker admission, better education and consistency of care is meant to improve patient satisfaction, shorten length of stay and reduce rates of readmission. Eventually, Harwood hopes to follow patients throughout their entire stay in the hospital, offering complete care. "I hope to teach my students what a difference a good nurse can make in a patient's life," she says of her medical surgical nursing students.

Complete care is also a primary concern for Waldrop. She cares for children in the general pediatrics clinic at UNC Healthcare and teaches nurse practitioner students about pediatric care at the School of Nursing. Many of the patients she sees are on Medicaid, which presents a host of challenges. Waldrop says she deals with these challenges by not only treating her patients' current ills, but also by educating them for the long run. "My primary goal is to facilitate complete care of patients, not just treating their chief complaints, but getting to know them and working with them on a long-term basis to ensure that they develop healthy habits and choices in life," she says.

*Leading to the Next Frontiers of Nursing Research***Genetics**

When many people think of genetics, they often think of controversial cloning research. What Professors **Dennis Cheek** and **Marcia Van Riper** want people to think of is basic nursing care. As newly appointed School of Nursing professors and Carolina Center for Genome Sciences researchers, they believe genetics can revolutionize the field of nursing.

“The patient of the new millennium will be turning to the nurse at the bedside for their counsel and expertise with regard to genetics and its impact upon them and their family,” explains Cheek, who teaches undergraduate pathophysiology and graduate pharmacology at the School. His work in genetics is bench-based, focusing on the relationship between gender and the development of cardiovascular disease. Grants from the American Heart Association and the National Institute of Nursing Research are allowing him to study the effects sex hormones have on the ability of cardiac endothelial cells (the lining of blood vessels) to regulate blood flow.

Van Riper, a pediatric and family nursing professor at the School, is studying a more social aspect of genetics: how families define and manage the ethical issues that emerge during genetic testing. During her nearly 30-year career spent working with children with Down syndrome and their families, Van Riper has become increasingly aware of how dramatically the lives of individuals and patients can be altered when they undergo prenatal screening for genetic conditions. “The most important thing I have learned in my research is that nurses and other health care professionals have the power to set the tone for those initial few weeks or months following awareness of a diagnosis,” she says. “One nurse can turn a potentially negative experience into a positive, growth producing experi-

ence. Nurses have the power to help families heal and grow.” Van Riper plans to serve as an Ethics Fellow in the inaugural Institute for Arts and Humanities Ethics Fellowship program this fall.

Underserved Women's Health

Though women's health care is an established field of study in nursing, the women who do not receive regular care due to economic or cultural barriers are often overlooked in research. Professors **Noreen Esposito** and **Pamela Pletsch** are both working to push the boundaries of women's health research through working specifically with underserved groups.

“North Carolina's health care system is challenged in trying to meet the needs of underserved minorities such as African-Americans, Spanish-speaking immigrants or ‘invisible’ groups such as drug users or sexual assault victims,” says Esposito, who is currently engaged in a study on women drug users and post-sexual assault care funded by the National Institute on Drug Abuse. “I hope to provide my women's health nurse practitioner students and other health care professionals with new insight into the unique needs, experiences and health of underserved women, and I hope to widen student interest in theoretical and intervention issues regarding marginalization, access to care and violence against women.”

Pletsch, who teaches undergraduate and graduate classes about culturally competent care and practice guidelines, says she is working to help students develop skills to work with people from various cultural, ethnic and economic groups. Two studies she is working on now focus on effective smoking cessation strategies for women and the special health needs of women who have HIV/AIDS. “I hope to improve the quality of health care that women

receive and make recommendations about skills that providers need to develop and interventions that providers can use to improve the health care received by women.”

Policy Development

Over half the nursing home population in the United States is incontinent, making the problem a public health issue in the eyes of Professor **Mary H. Palmer**, the School's first Helen Watkins and Thomas Leonard Umphlet distinguished professor in aging. Her more than 20 years of research and policy experience in the area has shown her that nurses can act more proactively in preventing and treating the condition, and she hopes her latest project, a two-day conference on urinary incontinence, will go far in proving that. Created in collaboration with researchers from the Center for Continence and Pelvic Health at the University of Pennsylvania and the editor-in-chief of the *American Journal of Nursing*, the conference will bring together academic, research, government and industry nursing leaders this summer to develop research priorities and clinical care and policy recommendations to address the prevention, treatment and management of urinary incontinence.

What ultimately drives Palmer's work, though, like her fellow new faculty members, is the ability to change others' lives for the better.

“Nursing blends the art of tender loving care with the rigorous pursuit and application of knowledge. The discovery of effective clinical practices, the prevention of prevalent conditions and the improvement of quality of care—who could ask for a more exciting career or a more enriching life?” ■

“One nurse can turn a potentially negative experience into a positive, growth producing experience. Nurses have the power to help families heal and grow.”

DR. MARCIA VAN RIPER

The Price is Right for Three SON Students



Anastasia Masino, Ashley Hutchins and Liz Koch spent their spring break in California shopping, sightseeing, going to clubs and—oh, yeah—guessing the right price for toilet bowl cleaners. The three senior BSN students attended a taping of *The Price Is Right* on March

14, sporting Carolina blue t-shirts and crossing their fingers that Rod would call for their names to “come on down.” Although they were never selected from the audience at-large, it was exciting just to be there, the students said. “This was a dream come true for me,” said Masino.

“My grandfather and I used to watch *The Price Is Right* everyday when I was a little girl, so attending the show made me feel like I was right there with him again.” The students also managed to stop by the Golden Gate Bridge during their trip, as seen here.

SON Students Network and Learn at ANS Conference

The Alumni Association awarded scholarships to SON students Danner Chambliss, Dargan Gilmore, Kirsten Fridlund and April McDuffie to attend the 2001 North Carolina Association of Nursing Students conference in High Point last October. The students thanked the Association for sponsoring them, and here are excerpts from those letters.



Thank you so much for sponsoring the Association of Nursing Students to go to the State Convention. We met nursing students from all over North Carolina

who will be our future colleagues at work, and we met representatives from hospitals, schools and clinics all over North Carolina, South Carolina, and Virginia who were recruiting new grads for their programs. It was a great experience. . . .



This was a great opportunity to further explore the “world of nursing” and also the different aspects colleges incorporate into the study of nursing. Not only did the sessions present a great learning opportunity, but discussing both current concerns and future plans with fellow nursing students allowed

me to see that everyone is dealing with the same excitement and uncertainty as I am.



It was encouraging to me to see the many schools that were represented and the amount of students that are active in their ANS chapter. I hope that each year our representation will only increase at the state and hopefully national convention. I am so thankful for being given the opportunity to expand the knowledge of nursing beyond the classrooms at UNC. The support of the Alumni Association made this a wonderful experience.

CE Sponsors Conference Featuring Lt. Governor

Alzheimer's disease is a growing health concern for the nation's aging population. It's estimated that four million Americans currently have the disease, and the number is projected to increase to 14 million by the year 2050. In order to address this growing health concern, the School's Department of Continuing Education teamed up with the

Eastern NC Chapter of the Alzheimer's Association to co-sponsor the Sixth Annual Conference on Dementia in November. The Honorable Beverly Perdue, lieutenant governor of NC, spoke on state and governmental guidance in promoting the best practice in Alzheimer's care.

"Lieutenant Governor Perdue

understands the distress of Alzheimer's on both the patient and the family," said Dr. Barbara Jo Foley, CE director. "She was able to convey that in a very caring way and it was so uplifting to the audience to know that someone in her position understands and is advocating for them."

SON in the News: January–March, 2002

Linda Brown, professor

University News Briefs, "Twenty Faculty Get Teaching Awards," *Chapel Hill News*, March 3, 2002

Feature article, "2002 Teaching Awards Announced," *University Gazette*, March 6, 2002

Linda Cronenwett, dean

Feature article, "New Focus on Private Funding," *Daily Tar Heel*, January 28, 2002

Feature article, "Nursing Education 2002: The Nursing Faculty Shortage," NurseZone.com

Leslie Davis, professor

Feature article, "Hope for Heart Failure: The University of North Carolina at Chapel Hill: Combining Forces in Heart Failure and Electrophysiology," *MD News*, Triangle edition, February 2002 issue

Molly Dougherty, professor

Subject: Urinary Incontinence in Rural Older Women

Interview, *Report on Medical Guidelines and Outcomes*, February 18, 2002

Feature article, "Study Increases Awareness of Incontinence," *Coding and Reimbursement for Urology*, March 2002 issue

Many of the School's faculty and students were called on to share their expertise and accomplishments with the press this spring.

Carol Durham, professor

Subject: SON human patient simulators

Photograph, *University Gazette*, January 23, 2002

Interview, WTVD-TV, February 7, 2002

Front page photograph, *Chapel Hill Herald*, February 8, 2002

Interview, North Carolina News Network, February 9-11, 2002

Interview, WRAL-TV, February 15, 2002

Interview, WNCN-TV, February 18, 2002 (Sherry Dumas also interviewed)

News brief, *Advance for Nurses*, Carolinas/Georgia edition, March 4, 2002

Carol Durham and Judy Miller, professors

Subject: SON human patient simulators

Feature article, "Smart Man Helps Teach Student Nurses," *Raleigh News & Observer*, February 8, 2002 (This article was distributed nationwide by the Associated Press.)

Feature article, "Stan Starts Career at Nursing School," *Daily Tar Heel*, February 8, 2002

Feature story, *Carolina Week* TV Show, February 13, 2002

Feature article, "UNC's Newest Nursing Instructor Is No Dummy," *Charlotte Observer*, March 4, 2002

Theresa Raphael-Grimm, professor

Feature article, "Seniors Teach Lessons from Lives," *Chapel Hill Herald*, February 6, 2002

Barbara Mark, professor

News brief, "Study to look at nurse staffing implications for patient care," AHAnews.com and AONE e-Newsletter, March 21 and 22, 2002

News brief, *Legislative Network for Nurses*, March 25, 2002

Interview, North Carolina News Network, March 26-27, 2002

1978

Dr. Margaret Gorely Bye (MSN) celebrated the birth of her first granddaughter, Caroline Rose, on February 20. Dr. Bye is an assistant clinical professor at UNC-Chapel Hill School of Nursing and the statewide AHEC nursing liaison.

1979

Barbara Heibel Senich (BSN) joined Xceleron Health, a joint venture of Merck-Medco, UnitedHealth Group and Accenture, as vice president of marketing and sales. She and her husband live in Franklin Lakes, NJ. Her e-mail address is barbara_senich@merckmedco.com.

1980

Donna W. Laney (BSN) was a featured speaker at INSIGHT, an international computer conference in San Diego, CA, in August 2001. She is the systems coordinator for surgical services at Union Regional Medical Center in Monroe, NC.

1983

Melanie Bunn (BSN) became the proud mother of Matthew Franklin Bunn on September 16, 2001. Bunn is a board member of the School of Nursing Alumni Association.

1984

Sally Bordsen Mountcastle (BSN) is the leader of a team that implemented a 24-hour nurse care phone line for CIGNA HealthCare in January 2002. The service provides the company's customers with 24-hour-a-day access to registered nurses for health and benefits education.

1986

Gina Wells Samia (BSN) and her husband, Glenn, welcomed Gracee Glenn Samia into the world on August 4, 2001. The Samias live in Youngsville, NC.

Margaret Boynton Wallace (BSN) received her holistic nursing certification in July 2001.

1987

Maggie Collins Bradley (BSN) and husband James announce the birth of their first child, Sean Patrick, on March 26, 2001. Bradley works in the Neurology Clinic at Children's Mercy Hospital in Kansas City, MO. Her e-mail address is Maggiecbradley@msn.com.

1988

Melissa Baron Timm (BSN) and her husband, Ronald, announce the birth of their daughter, Logan Elise, on June 8, 2001. She joins a big sister, Hunter. The family lives on Lake Gaston in Bracey, VA.

1992

Lynne Russell Brophy (MSN) accepted a position as adjunct clinical professor at Raymond Walters College, a branch of the University of Cincinnati. Her husband, Jon, is the director of intellectual property for Ethicon Endo Surgery. They are the proud parents of Ned, age 6, and Erin, 2.

1993

Pam Proctor Criscitiello (BSN) and husband Mike welcomed Sydney Leigh to their family on November 17, 2001.

1994

Susan McKinnon Collins (BSN) and her husband, Parker, became parents to Grant Alexander on October 1, 2001. Susan completed her MSN in nursing education at the University of North Carolina at Greensboro in May 2001.

1996

Tanya K. Henley (BSN) graduated from Duke University School of Nursing with her masters degree as a family nurse practitioner. She was inducted into Sigma Theta Tau International and received the distinction of being named to Who's Who Among Colleges and Universities. She was the recipient of a NC Masters Nursing Scholars Award and a Duke University School of Nursing scholarship. She is employed as a clinical research nurse at Pharmaceutical Product Development in Research Triangle Park, NC.

1997

Jennifer Foster McCracken (BSN) was promoted to nurse supervisor of Children's Services at the Catawba County Health Department.

Melinda Helms Sander (BSN) was awarded her MSN from Villanova University and passed her boards to become a CRNA. She will be a nurse anesthetist at Palmetto Baptist Medical Center in Columbia, SC.

in memorium

1974

Cathy A. James (BSN) of Glen Allen, VA. James was a fellow of the American Academy of Nursing, the founder of the Nurses' Professional Group of the American Society for Reproductive Medicine, the Reproductive Endocrinology and Infertility (REI) Nurse of the Year, and a board member of the American Fertility Society. She is survived by her husband, parents, sister, stepchildren and grandchildren.

1994

Barbara Elaine Hutchens (BSN) of Durham, NC. Hutchens was a registered nurse for the Durham VA Medical Center for 32 years. She is survived by her mother, daughter, two sons and several grandchildren.

*We want to hear
from you!*

To update your address or to let Carolina Nursing share your new job, new address, or special accomplishment with fellow alums, please use the form on page 24.

For more information on School events, contact the Office of Advancement.

E-mail: sonalum@unc.edu
Phone: (919) 966-4619
FAX: (919) 843-8241
www.unc.edu/depts/nursing

Calendar of Events

May

Third Annual Pain Conference	May 17, 2002
Commencement	May 19, 2002
Renal Failure Update	May 31, 2002

June

<i>Providing Inclusive Care Across Cultures</i> lecture presented by Shotsy Faust, BSN '79, MN, FNP	June 10, 2002
Annual Adjunct Faculty Appreciation Day	

July

Nursing Exploration Week	July 14–19, 2002
Qualitative Institute VII	July 15–19, 2002
Beginning Principles of Teaching in Nursing	July 30–August 2, 2002

August

Nurse Practitioner Review Course	August 7–9, 2002
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November

Alumni Association Board meeting	November 1, 2002
Alumni Day	November 2, 2002

Your Alumni Association at Work

RIGHT: Four worthy students were recipients of Alumni Association scholarships this year. Dean Linda Cronenwett, board member and SON professor Bonnie Angel (BSN '79) and Association President Carolyn Graham (PhD '97) were on hand to congratulate junior Jennifer Neifeld, senior Ben Roberts and junior Emily Cline. Emily Hope, not pictured, was the fourth scholarship recipient.



BELOW: Remember that last day of finals? (Exhausted. Sleepy. Hungry.) The Association treated senior BSN students to a much-needed brunch as they finished off their fall semester.



ABOVE: President-Elect Tonya Rutherford Hemming (BSN '93, MSN '01) and Geraldine Laport (BSN '55) represent the Alumni Association at the School of Nursing's human patient simulator ribbon cutting.

BELOW: The dreaded NCLEX is coming up for the Class of 2002. The Alumni Association provided a bagel break during their study session, hoping the energy boost would help them continue the School's tradition of high passing rates.



ABOVE: Graduation is a special time for the School of Nursing and the Alumni Association. Tonya Rutherford Hemming spoke on behalf of the Association at the December ceremony, welcoming them to the elite company of Carolina nurses. The graduates became the Alumni Association's newest members with the receipt of their diplomas, and were welcomed with a small gift.



Please send your survey and news to:

Associate Director of Alumni Affairs
School of Nursing
UNC-Chapel Hill
Carrington Hall, CB #7460
Chapel Hill, NC 27599-7460
Fax: (919) 843-8241
E-mail: sonalum@unc.edu

MAKE YOUR OPINION *Count*

We want to know how we can best serve you, the nearly 6,000 distinguished alumni who are an important part of the School of Nursing family. Please take a moment to fill out and return this short survey to make your opinion count.

1. What kinds of alumni programs interest you? Please rank each of the following on a scale of 1–5.

1 = very interesting 2 = somewhat interesting 3 = neutral 4 = not so interesting 5 = not interesting at all

Academic/Continuing Education Programs	1	2	3	4	5
Regional Programs	1	2	3	4	5
Athletic Events	1	2	3	4	5
Other: _____	1	2	3	4	5

2. What types of articles do you most enjoy reading in *Carolina Nursing* magazine?

Please rank each of the following on a scale of 1–5.

1 = very interesting 2 = somewhat interesting 3 = neutral 4 = not so interesting 5 = not interesting at all

Stories about alumni	1	2	3	4	5
Stories about the school and faculty	1	2	3	4	5
Student features	1	2	3	4	5
Current issues in nursing	1	2	3	4	5
Other: _____	1	2	3	4	5

3. Would you like to plan a reunion for your class? No Yes

4. Are you interested in participating on the Alumni Board? No Yes

5. Are you interested in helping to plan or host an alumni activity? No Yes, I'd like to help with: _____

6. What can your Alumni Association do to better serve you?: _____

Name (*please include maiden name*): _____ Class Year: _____ Degree: _____

Thank you for taking the time to fill out this survey. We look forward to incorporating your ideas into our alumni programs! Please return the survey by fax, e-mail or snail mail.

WHAT'S NEW *With You?*

Keeping up with each other is hard to do these days. Please let *Carolina Nursing* share your news! Whether it's a new job, a new address, or a special accomplishment, we'll be happy to get the word out for you.

Name (*please include maiden name*): _____ Class Year: _____ Degree: _____

- My address has changed. My new address is:

News: _____
