Three Week NCLEX Review Plan Post Graduation

Please try to take a live NCLEX review course from one of the major vendors: Hurst, Kaplan, or ATI. The There are on-line courses from each of the vendors and from NCSBN (www.learningext.com).

This three week NCLEX review plan was developed by the Academic Counselors and has been used by numerous students. Feedback from students is that the plan really works! The method you will use is “test, review, test, review...”, until you are confident that you have mastered content in each area.

Set a goal for when you plan to take the NCLEX exam, then create a study schedule. Write it down and document what you are doing each day. There is a schedule grid provided for you. Your goal is to complete at least 3000-4000 questions. This plan is based on a three week time period. If you are taking a review course, you can alter this plan to fit with your course.

WEEK I:

Testing Strategies

Start with strategies for answering NCLEX questions. You may be able to answer an NCLEX question correctly even if you do not know the content, provided you know the proper strategy.

- ATI Nurse Logic: This program provides you with great information about testing strategies and about alternate item questions you will see on NCLEX. Nurse Logic is located under My E-learning, Tutorials. You can do Nurse Logic or Nurse Logic 2.0 (the 2.0 version is newer). View the lesson for each section, and complete the practice questions.
- Do Nurse Logic before you start your actual content review. Then, apply the strategies for all the practice questions you will do.

Medical/Surgical Nursing:

- ATI Med/Surg Exam: Do “focused review” on line for the med/surg test you took at the end of N590, then retest using a practice med/surg exam. Afterwards, do “focused review” on line, and repeat this process until you are making at least 80%. Note that under “Practice Assessments” there are two med/surg practice tests and separate tests that contain questions for each body system. Do all of these. You can also use the practice questions in the Learning System (under Tutorials) under practice tests and finals. Try to identify areas of weakness (system, pharm, lab results, etc). When you do online ATI tests, be sure to read the rationale for answers.
- Silvestri Review Book: Beginning with areas in which you feel less confident or did not do as well on the ATI practice tests, review the content of the med/surg chapters and answer the questions at the end; also do the pharmacology chapters associated with each system. Be sure to read the rationale and testing strategies when you are checking your answers.

Pharmacology:

- ATI practice pharm exam (from N590): Do “focused review”, then retest with another practice pharm exam (under Practice Assessments or Tutorials - Learning System). Afterwards, do “focused review” on line, and repeat this process until you are making at least 80%. Also, answer the pharm questions under Learning System.
• Silvestri: Review the pharmacology chapters associated with the med/surg chapters. Be sure to read the rationale and testing strategies when you are checking your answers.

WEEK 2:

Mental Health

• ATI Mental Health Exam (from N477): Do “focused review”, then retest with a practice mental health exam (under Practice Assessments or Tutorials – Learning System). Afterwards, do “focused review” on line, and repeat this process until you are making at least 80%. Also, answer the mental health questions under Learning System.
• Silvestri: Review the mental health chapter and answer the questions. Be sure to read the rationale and testing strategies when you are checking your answers.

Pediatrics

• ATI Pediatric Exam (from N472): Do “focused review”, then retest with a practice pediatric exam (under Practice Assessments or Tutorials – Learning System). Afterwards, do “focused review” on line, and repeat this process until you are making at least 80%. Also, answer the pediatric questions under Learning System.
• Silvestri: Review the pediatric chapter and answer the questions. Be sure to read the rationale and testing strategies when you are checking your answers.

WEEK 3:

Leadership

• ATI Leadership Exam (from N588): Do “focused review”, then retest with a practice leadership exam (under Practice Assessments or Tutorials – Learning System). Afterwards, do “focused review” on line, and repeat this process until you are making at least 80%. Also, answer the leadership questions under Learning System.
• Silvestri: Review the leadership chapter and answer the questions. Be sure to read the rationale and testing strategies when you are checking your answers.

Maternal/Newborn

• ATI Maternal/Newborn Exam (from N479): do “focused review”, then retest with a nonproctored maternal/newborn exam (under Practice Assessments or Tutorials – Learning System). Afterwards, do “focused review” on line, and repeat this process until you are making at least 80%. Also, answer the maternity questions under Learning System.
• Silvestri: Review the maternity chapter and answer the questions. Be sure to read the rationale and testing strategies when you are checking your answers.
COMPREHENSIVE PREDICTOR EXAM

- ATI RN Predictor Results from January: do “focused review”
- Take the ATI practice comprehensive assessment (similar to the RN predictor). Do “focused review” and retest using the NCLEX Final under Tutorials – Learning System. You should do better on this than you did on the RN Predictor in January. Try to identify any areas in which you still feel less confident and do more study.
- If you are still in the Chapel Hill area, about a week before your NCLEX test date, plan to take the proctored version of the RN Predictor. You will come to school and take it in the lab on 4th floor. This must be scheduled with the academic counselors. Please email Kathy Alden (alden@email.unc.edu) or Jennifer Alderman (jgtaylor@email.unc.edu).

REVIEW COURSE

Take an NCLEX review course (Hurst, Kaplan, ATI, or NCSBN).

NCLEX 4000:

This program is on the desk top of all computers in the undergraduate lab; come back to school and do the questions.

IF YOU DO NOT PASS NCLEX, PLEASE CONTACT US ASAP SO THAT WE CAN HELP YOU PASS THE NEXT TIME. EMAIL ONE OF THE ACADEMIC COUNSELORS: Kathy Alden (alden@email.unc.edu), Jennifer Alderman (jgtaylor@email.unc.edu) or Shielda Rodgers (srodgers@email.unc.edu).