Inquire, Innovate, Inspire
FROM THE DEAN

Dear Alumni and Friends,

We are circling in a holding pattern where the air traffic controllers are the Electronic Health Records (EHRs) we all love to hate and the vessel attempting to land is a jumbo jet labeled ‘the promised future of healthcare.’ The Affordable Care Act is now the law. In early 2014, millions of American families will be newly eligible for healthcare (assuming the sign-up websites will cooperate!). What is that promised future?

Since the early 2000s, the Institute of Medicine has recommended that the wants and needs of consumers must set the bar for a new form of care that relies on continuous healing relationships with knowledge shared amongst patients, their families, and their health care team. The next generation of healthcare and health outcomes will be evidence-driven. A fully deployed EHR system will increase our capacity to better understand and manage population health through “pooling” information across many individuals and exploring how genetics, daily practices, medical treatments, lifestyle changes, and environment impact health.

At the School of Nursing, we are looking at what it takes to prepare health professionals to offer optimal health care to society. Stewarding our legacy of being part of the University of the People, we are proud to uphold Carolina’s history of graduating nurses who bring scholarship and leadership to practice, research, education, and health policy.

Last Spring, the UNC Board of Governors unanimously voted to enable six NC state-supported schools of nursing to establish programs of study leading to the Doctor of Nursing Practice (DNP) degree. This decision increased access to the most-advanced level of clinical education available to North Carolina nurses. Through the tireless and passionate work of Dr. Debra Barksdale, our newly appointed DNP Program Director; Dr. Jennifer D’Auria, MSN Program Director; Gwen Sherwood, Associate Dean for Academic Programs; Kathy Moore, Assistant Dean of Student Affairs; Dr. Deborah Mayer, DNP Executive Committee Chair and many others, our DNP program is now up and running. In August of 2013, we admitted our first class of 14 masters-prepared nurses to our DNP program. In August of 2014, BSN-prepared students seeking to become advanced practice nurses or nurse executives will have options to apply to programs of study leading to either their MSN or DNP degree.

We have deeply appreciated the unwavering endorsement of the importance of a clinical nursing doctorate offered by the Graduate School, former Executive Vice Chancellor and Provost Bruce W. Carney, and former Chancellor Holden Thorpe. Our School continues to realize incredible administrative support from Chancellor Carol Folt and Executive Vice Chancellor and Provost James Dean. This year, they provided the School with a budget that enables recruitment of additional tenure-line and clinical faculty to help lead the DNP program.

Inquiry, Innovation, Inspiration

In this issue, we highlight faculty who exemplify our tradition of inquiry, innovation, and inspiration. Some are seasoned investigators and educators. Others are emerging experts. What they all have in common is taking positive steps to become part of the solution to transform health care and achieve better health for more people at a lower cost.

We also celebrate donors who enthusiastically support the School. A heartfelt debt of gratitude goes to Carol and Coleman Ross, who created the Carol Morde Ross Distinguished Professorship in Psychiatric-Mental Health Nursing (see story on p. 22). The UNC-Chapel Hill Psychiatric-Mental Health Nurse Practitioner program is the only such graduate nursing program in the state of North Carolina. Carol and Coleman’s gift is a much appreciated investment in the future of the program and our School.

By educating students in an environment where inquiry is encouraged, innovation is celebrated, and inspiration is abundant, we aspire to develop nurse scholars and leaders who will reshape the future of healthcare. The need for providers ready to deliver safe, effective, affordable, and accessible care is growing. Carolina Nurses stand ready to serve.

Sincerely,

Kristen M. Swanson, RN, PhD, FAAN
Dean and Alumni Distinguished Professor

Dean Kristen M. Swanson
DNP welcomes inaugural class

School-based health center brings high-quality accessible care to Alamance County

Higher nurse-to-patient ratios reveal mixed result on quality of patient care

News Briefs

GLOBAL HEALTH FEATURES

Advancing practice through inquiry
Fostering innovative practice
Inspiring students to flourish

2012–2013 HONOR ROLL OF GIVING

SON FOUNDATION

Ross Distinguished Professorship to support psychiatric-mental health nursing

New endowed scholarship honors Frances Emily Gilreath
Three new directors join the SON Foundation
Funding the future: Donors meet their scholars at annual alumni award reception

On the Cover: Associate Dean for Research Kathleen Knaff and Dr. Coretta Jenerette are two researchers whose inquiry leads to better understanding of ways to improve care.

FACULTY NEWS

Faculty appointments and accomplishments
Dr. Margaret Miller—beloved leader

ALUMNI

Alumni News
My Alumni Story
Class Notes
On the first day of fall semester, the SON welcomed its inaugural class of Doctor of Nursing Practice (DNP) students. The DNP program of study will prepare graduates to fill critical roles in an increasingly complex health care environment in which people need better access to primary care, chronic illness management, and preventative health services.

Until this year, there were no state-supported colleges or universities offering the DNP degree in North Carolina. UNC-Chapel Hill and five other state-supported schools join Duke University and Gardner Webb University in offering the most-advanced level of clinical education to North Carolina nurses.

**Advanced Clinical Education**

“The health of our nation relies on the availability of a highly educated nursing workforce,” says associate professor Debra J. Barksdale, PhD, RN, FNP-BC, ANP-BC, CNE, FAANP, FAAN. She is the newly appointed director of the DNP program. “UNC-Chapel Hill will educate nurses at the doctoral level to practice collaboratively with other care providers and offer care that is accessible, affordable, and of the highest caliber.”

DNP students can choose preparation for direct care as nurse practitioners or for leadership roles as nurse executives. Along with three years of coursework, students will complete a capstone project in which
Debra Barksdale Named Director of the DNP Program

Dr. Debra Barksdale, PhD, RN, FNP-BC, ANP-BC, CNE, FAANP, FAAN, has agreed to serve as the inaugural DNP Program Director. Dr. Barksdale is a nationally certified family and adult nurse practitioner. She has worked as an FNP in urgent care, primary care, and home health care. Since joining the SON in 2002, Dr. Barksdale has pursued innovative research on stress and cardiovascular disease in Black Americans. She is also currently serving as President of the National Organization of Nurse Practitioner Faculties and is actively shaping national standards for DNP curricula as well as influencing the roles DNPs will be expected to fill in health care.

"I am honored to be the first Director of the DNP program at UNC-Chapel Hill," says Dr. Barksdale. "Health care is rapidly changing, and nurses with the DNP degree will be leading transformations in health care delivery and systems of care by improving the quality, cost, and outcomes of care."
The School of Nursing has partnered with Piedmont Health, a nonprofit federally qualified health center, and the Alamance-Burlington School System to open a nurse-managed health center in Alamance County. The Sylvan Community Health Center, located next to Sylvan Elementary school in Snow Camp, NC, will make it easier for students and members of the community to access affordable, high-quality care.

Residents of Snow Camp have few local options for health care. More than half of them also commute long distances to work, which makes it difficult to fit in health appointments. “I’m a big believer in increasing access to care for everybody,” says SON Clinical Instructor Leslie Sharpe, FNP. She is the center’s lead provider. “We’re working to determine ways that health centers located in schools can be sustainable models for providing primary care to small, rural communities.”

Adria Shipp, PhD, former Manager of School Health Programs at Piedmont Health, was one of the driving forces behind the unique partnership that led to the opening of the center. When she was a fifth grade teacher at Sylvan Elementary, a student grappling with his father’s suicide inspired her to obtain her doctorate degree and begin a new role as a school counselor at Sylvan. Working with former principal Whitney Oakley, she began to brainstorm other ways they could support the students at Sylvan Elementary.

“What ultimately inspired us to pursue a health center was the knowledge that classroom performance is tied to many factors in addition to classroom instruction,” says Dr. Shipp. “We needed community partners to help us pursue a whole child approach to education, and that included finding a way to provide access to primary care on campus.”

In collaboration with staff at Sylvan Elementary, Dr. Shipp determined the health care needs of students and community members. Along with the school system, she was successful in obtaining federal funding from the Health Resources and Services Administration to renovate space for the center. At the recommendation of the Alamance Regional Medical Center, she and other school system officials asked Piedmont Health to operate the center. With Piedmont Health on board, the project received additional financial support from the Kate B. Reynolds Charitable Trust and the NC Office of Rural Health and Community Care.

“We are grateful and proud to have the UNC School of Nursing invited into this community-based health center,” said Dean and Alumni Distinguished Professor Kristen M. Swanson, RN, PhD, FAAN. “I am certain that the creative alliance between our organizations will become a model program for delivering health care that is truly community-focused, evidence-based, and service-oriented.”

Dr. Shipp is already seeing that Ms. Sharpe’s efforts to reach out to the community are making a difference. Dr. Shipp was standing outside the school at dismissal time when a man in the car line called her over and said, “Have you been out to that health center?” Dr. Shipp smiled and told him yes. He said, “I’m a patient there. Those are some good people in that health center. I used to have to drive all the way to Greensboro to go see someone.” Dr. Shipp said hearing this testimonial justified every ounce of effort that went into opening the center.
HIGHER NURSE-TO-PATIENT RATIOS REVEAL MIXED RESULTS

In 2004, California legislation increased nurse-to-patient ratios, providing a rare opportunity to examine how increasing nurse staffing affects patient care and hospital economics. A study from the School of Nursing found that the mandate had mixed results regarding quality of care for patients. Sarah Frances Russell Distinguished Professor Barbara Mark, PhD, RN, FAAN, led the study, which appeared in *Health Services Research*.

Through prior research, Dr. Mark found that after the legislation, wages rose for nurses due to the demand for more nursing staff. However, hospital financial performance and charity care decreased in some California hospitals.

“There is a measurable cost to the increase in staffing,” Dr. Mark says. “Before implementing similar nurse staffing requirements elsewhere, more studies should examine the effects of minimum nurse staffing requirements on all aspects of patient care and whether staffing increases are worth the cost.”

The new study compared quality of care and staffing in California hospitals, before and after implementation of the legislation, with hospitals in 12 other states without staffing legislation. Dr. Mark and colleagues divided California hospitals into four groups based on their staffing levels prior to the legislation. To measure the quality of patient care between 2000 and 2006, they analyzed data on patient deaths from complications (known as failure to rescue), infections due to medical care, post-operative respiratory failure, and post-operative infections.

After the mandate, California hospitals, for the most part, increased nurse-staffing levels significantly more than hospitals in comparison states. The study showed that, compared to similar hospitals in 12 states without staffing legislation, California hospitals with the lowest and highest pre-legislation staffing levels had a significant decrease in failure to rescue. Another group of hospitals, with somewhat lower levels of pre-legislation staffing than the best-staffed hospitals, initially showed a statistically significant increase in the number of infections due to medical care. The increase may reflect better detection due to higher staffing levels. Yet the increase was not significant at the conclusion of the study. The analysis revealed no significant changes in the occurrences of respiratory failure and post-surgical infections for any of the hospital groups.

“The study didn’t tell us the best nurse-to-patient ratio,” Dr. Mark said. “Patients vary widely in the amount of care they need from nurses, and as of yet we don’t have a way to quantify that from the nursing point of view.”

SAM DEAL RECEIVES TWO PRESTIGIOUS SON AWARDS

At the School’s end of year celebration, facilities manager Sam Deal was awarded both the Outstanding Staff of the Year Award and the H.O.P.E. (Helping Other People Excel) Award. The H.O.P.E. award recognizes staff or faculty who help to create a welcoming and inclusive environment in the school. Mr. Deal is the first staff member in the history of the SON to be selected for both awards in the same year.

Mr. Deal, who has served the SON for almost a decade, was honored for his positive attitude, his willingness to help, and the many hours of hard work he has contributed to keeping the SON’s facilities running smoothly.

“Sam is a joy to be around,” says Lisa Miller, Associate Dean for administrative services. “He goes out of his way to help people. He is very helpful and very caring.”
BSN Student Published in Vaccine

After Group B Streptococcus (GBS) took the life of her newborn son Keegan in 1989, Gina Burns organized the GBS Association along with other parents who had lost children to the infection. Ms. Burns, who is pursuing her BSN degree at the SON, has published a review about the association’s GBS advocacy in the journal Vaccine.

GBS is not typically harmful, but it can be fatal to a newborn if the infection spreads to the birth canal before a woman gives birth. In the review, Ms. Burns and her coauthor Jane Plumb, who leads a British advocacy group called Group B Strep Support, described how the GBS Association assembled a national medical advisory board and developed guidelines to prevent the infection. Due to their hard work, routine GBS screening for all pregnant women was adopted in the United States in 2002.

Screening has helped reduce early-onset GBS cases, but Ms. Burns says that infants will be at risk for late-onset GBS until a vaccine is developed. The association is collaborating with the Maternal Immunization Working Group created by the National Vaccine Advisory Committee to determine barriers to vaccine development and federal opportunities to overcome these barriers.

Her 22 years of advocacy ultimately inspired Ms. Burns to enroll at the SON. “My work with GBS Association is a labor of love,” says Ms. Burns. “My volunteer efforts have helped me to make sense of a preventable loss.”

Honors Student Presents at Campuswide Undergraduate Research Forum

Honors student Devin Fohn presented her research at UNC’s 14th Annual Celebration of Undergraduate Research. Her project, “Hippotherapy as a Rehabilitation Method for Regaining Ambulatory Function in Spinal Cord Injury Patients,” focused on a form of physical therapy that incorporates the patient riding a horse. According to Ms. Fohn, there is some evidence that a horse’s steady gait can improve muscular function in patients with neurological disorders, such as cerebral palsy.

After conducting a thorough literature review, Ms. Fohn uncovered no current research on using hippotherapy to rehabilitate patients with spinal cord injuries. She did find that many of the reported physiological benefits of this type of physical therapy, such as improved coordination and strength training, correlate with the treatment needs for spinal cord injuries. Clinical assistant professor Beth Lamanna, RN, MPH, WHNP, was Ms. Fohn’s advisor for her undergraduate honors project.

(continued from left)

Keegan’s short life left me with a big piece of work to do. I am doing this in his memory and with my love.”

To read a copy of the review, see http://go.unc.edu/Ly87G.

Two Bald Heads Are Better Than One

For a second year, SON assistant professor Eric Hodges, PhD, FNP-BC, shaved his head to raise money for child cancer research. This year, Dr. Hodges faced the electric razor alongside BSN student Ian Urbaitis (pictured above). Their two-man team, the Carolina Chrome Domes, raised nearly $4,000.

SON Receives Award for Charitable Giving

The School of Nursing received the Davie Poplar Award for achieving 61% participation in the 2012 Carolina Cares, Carolina Shares charitable giving campaign. The campaign is an annual effort led by North Carolina state employees to raise money for charity. The SON was also recognized for raising nearly $17,000 and finishing among the top ten divisions at UNC-Chapel Hill.

From Left to Right: Team Captains Eric Hodges, Talat Qazi, Brett Coleman, and Group Leader Lica Strasner. Not Pictured: Team Captain Kathy Lebbad
BSN student Leonora Tisdale was awarded a $5,000 University-based fellowship established by the Class of 1938 endowment. She spent part of her summer volunteering at a health clinic in Oaxaca, Mexico. Oaxaca appealed to Tisdale because she wanted a better understanding of the cultural background of her Spanish-speaking patients.

During a typical Oaxaca day, Tisdale would check patients in, give vaccines, and change wound dressings while also educating patients and scheduling appointments. Some days, she and her colleagues would travel to the town market to find mothers whose children needed to be vaccinated and remind them to come by the clinic.

What Tisdale found in Oaxaca was not just ample opportunity to practice her Spanish, but a society rich in deeply held culinary traditions, music, and art. “I feel like I have more of a sense of where many of the folks who immigrate to North Carolina are coming from,” she says. “They are coming from rich cultural homes and now I understand why many are interested in eventually returning to Mexico.”

Dean and Alumni Distinguished Professor Kristen M. Swanson, PhD, RN, FAAN, hosted a visit from Professor Helen McCutcheon, RGN, RM, and the Head of Florence Nightingale School of Nursing and Midwifery at King’s College London at the SON during the winter break. After a tour of the SON, the two leaders discussed ways to strengthen the global alliance between their schools.

They continued their conversations when Dean Swanson visited King’s College London in July. In addition to continuing faculty exchanges, Dean Swanson and Prof. McCutcheon explored other possible collaborations, including student exchanges and research collaborations.

Dean Swanson also presented the keynote lecture at the inaugural research conference hosted by the Florence Nightingale School of Nursing and Midwifery. Her talk focused on how caring has the potential to improve healthcare internationally by transforming the culture in which caregivers practice and students learn.

“It has been a pleasure welcoming Kristen to King’s and we are delighted with her excellent contribution to our research conference,” said Prof. McCutcheon. “King’s and UNC have a strong relationship through an alliance that spans both institutions, so it is great to be strengthening these ties through our schools.”

Lisandro Hernandez, the 2013 Cronenwett Scholar, traveled to Kenya this summer to volunteer at the Carolina for Kibera medical clinic. Hernandez, who is a BSN student at the SON helped conduct medical home visits, administered care that the clinic, and provided health advice to patients in the clinic’s new nutrition center.

A native of El Salvador, Hernandez has nearly ten years of experience in health care, four of which he spent working to improve public health conditions in El Salvador. During his time in Kibera, he noticed health problems that were similar to those he addressed in his home country. Yet he was also aware of his role as a volunteer, knowing that attempting to “fix” these problems without cultural sensitivity would inevitably lead to conflict.

“I wanted to offer what I know to the Kiberans because I could empathize with their living conditions,” says Hernandez. “That’s something that I really love, to share what I know with others, and to help others with what I have.”
SON researchers are providing knowledge that can inform interventions that improve the lives of patients.

The Family Impact of Chronic Disease

Frances Hill Fox Distinguished Professor Kathleen Knafl, PhD, FAAN, has been advancing the field of family nursing for decades. She is known for her contributions to the development of the Family Management Style Framework (FMSF), an evidence-based conceptualization of the family response to chronic conditions.

The FMSF emerged from an early collaboration between Drs. Knafl and Janet Deatrick, PhD, RN, FAAN, at Shriner’s Children’s Hospital. Dr. Deatrick, who was director of nursing research at the time, was asked to conduct research that would provide the basis for family-centered care at the hospital. Together, they launched studies of families’ needs during a child’s hospitalization, family preferences for involvement in the child’s care, and family management of the child’s condition following hospitalization.

“We focused on how families responded to a child’s chronic illness,” says Dr. Knafl. “We wanted to identity different patterns or styles of family response and examine the relationship between the family’s pattern of response and the child’s wellbeing. We thought understanding the relationship between the pattern of family response and child’s wellbeing was an important first step in intervention development.”
The FMSF led to the Family Management Measure (FaMM), a questionnaire measure that Dr. Knafl and her colleagues used to more precisely study the relationship between family response and the child’s health outcomes. In a recent investigation, they examined 575 parents of children with diverse chronic conditions, such as type 1 diabetes or cystic fibrosis. Participants completed the FaMM as well as additional questionnaires to determine family functioning and child adaptation.

Based on the FaMM results, the investigators determined the pattern of family management used to cope with the child’s condition. For example, families identified as having a Family Focused management pattern were caring for the child’s condition effectively. Their lives did not revolve around condition management. In contrast, for families identified as Condition Focused, a great deal of their everyday life was centered on the child’s special needs and the treatment regimen.

Dr. Knafl and her colleagues found a relationship between the management pattern and a family’s wellbeing. Family functioning and child adaptation were significantly better for families who were Family Focused or Somewhat Family Focused versus families who were Condition Focused or Somewhat Condition Focused.

Because of the relationship between condition management and family functioning, the FaMM, could be a useful tool in practice settings. Responses to the FaMM would launch discussions with a family’s care team about strategies that would lead to a better balance between family functionality and caring for a child with a chronic illness.

Dr. Knafl is continuing her work by examining the intersection between childhood chronic conditions and family life on a larger scale. She recently received a grant from the National Institute of Nursing Research to synthesize the findings of all available empirical research related to family life and childhood chronic conditions. Cary C. Boshamer Distinguished Professor Margarete Sandelowski, PhD, FAAN, is the co-principal investigator for the study.

In addition to her faculty role as a distinguished professor, Dr. Knafl is Associate Dean for nursing research at the SON. She oversees the SON’s Office of Research Support and Consultation, which offers researchers technical, scientific, and editorial support for their grant proposals.

“Nursing has increasingly become research-focused, and the sources of support for nursing research have expanded considerably,” she says. “With a growing number of well-prepared nurse researchers and a growing emphasis on research in our educational programs, nursing research has really come of age.”

Self-Care Strategies For Sickle Cell

Assistant professor Coretta Jenerette, PhD, RN, has built a program of research around improving the lives of people with sickle cell disease, a disorder in which a gene mutation results in sickle-shaped red blood cells that can cause significant pain. It is the most common inherited blood disorder in the United States, affecting 70,000-80,000 Americans.

When she was practicing as a staff nurse, Dr. Jenerette noticed that patients with sickle cell disease were treated differently than other patients who had similar pain symptoms. At the peak of a sickle-cell crisis, how a person responds to the pain can range from being severely withdrawn to outwardly suffering. Both states make it difficult for providers to determine the patient’s needs. “If patients come in a little earlier, perhaps they’ll be able to give a better medical history and be perceived as more credible,” says Dr. Jenerette.

Seeing an opportunity to enhance care for individuals living with sickle cell disease, Dr. Jenerette decided to investigate self-care strategies that might improve their health outcomes. In a pilot study aimed at decreasing health-related stigma in young adults (18-35 years old) with sickle cell disease, she focused on two things: 1) getting young adults to the hospital sooner during a crisis and 2) teaching them how to communicate better with their providers.

In the study, Dr. Jenerette taught participants to use a communication technique called SBAR, which stands for situation, background, assessment, and recommendation. Health-care providers use this standardized technique to share patient care information with each other. Using SBAR, a person with sickle cell disease can communicate health needs using a strategy with which the provider is familiar.

Dr. Jenerette has seen positive results from the pilot study and is now fine-tuning an intervention to improve health outcomes for young adults with sickle cell. She is conducting a similar study with teenagers living with sickle cell disease and is also exploring the relationship between sleep and pain in young adults with sickle cell disease.

“If the health care system can’t currently meet a patient’s needs,” says Dr. Jenerette. “Then researchers and health professionals need to help develop strategies that will leave patients more satisfied with the health care system and lead to better outcomes. That’s what I’m hoping to do with my work on sickle cell disease.”
Reflecting on Safety

Associate Dean for academic affairs Gwen Sherwood, PhD, RN, FAAN, has spent most of her career investigating issues surrounding the safety and quality of nursing practice.

She developed a reflective practice approach to practice, which helps nurses improve their work by considering their experiences. “Reflective practice is thinking about a situation or something you’ve done in a meaningful and objective way,” says Dr. Sherwood. “Thinking about actions in a systematic way can help uncover new perspectives.”

Reflective practice is important because in school, nursing students are taught ideal patient care, but in clinical settings, they are often confronted with complex situations that differ from the ideal or textbook scenario. Thinking back to those situations and reflecting on them using an objective, structured approach, encourages ongoing learning and growth throughout a nurse’s career.

Dr. Sherwood often gives workshops on reflective practice, including an annual three-week intensive for health care professionals from Thailand. She also recently published Reflective Practice: Transforming Education and Improving Outcomes as a practical guide for reflective practice.

Dr. Sherwood worked with former Dean Linda R. Cronenwett as co-investigator and facilitator of the initial
associate dean Gwen Sherwood’s scholarship has worldwide reach, and clinical associate professor Meg Zomorodi (right) is an emerging expert on end-of-life care.

phases of the Quality and Safety Education for Nurses (QSEN) initiative, which is funded by the Robert Wood Johnson Foundation. The goal of QSEN is to better integrate the Institute of Medicine's quality and safety competencies into nursing education.

According to Dr. Sherwood, clinical procedures are changing constantly, yet the model for instructing nurses in clinical settings (one instructor or preceptor teaching a small group of nursing students) has changed little in decades. Strong dialogue between academic and clinical partners could lead to curricula that ensure nursing students are learning material that is relevant and meets current data-driven safety practices. Such discussions are a critical feature of QSEN.

The first four phases of the QSEN project, in which leading nurse scholars developed and disseminated QSEN competencies, were completed at the SON. The competencies were successfully piloted at fifteen nursing schools. The book *Quality and Safety in Nursing: A Competency Approach to Improving Outcomes*, which was edited by Dr. Sherwood and Jane Barnsteiner, PhD, FAAN, was named a 2012 Book of the Year by the American Journal of Nursing.

Coordinating Communication, Improving Care

Clinical associate professor Meg Zomorodi, PhD, CNL, RN, often invites her students to speak up about potential clinical problems and then consider how they can implement system-wide changes to prevent them.

The inspiration for Dr. Zomorodi’s own attempt to change care practices came from personal experiences she had as an intensive care unit nurse. The first patient she was assigned to was dying. “I wasn’t sure what to do,” she says. “I didn’t feel fully prepared to care for patients who are reaching the end of their lives.”

Not long after she began practicing in an intensive care unit, Dr. Zomorodi’s mother, also a nurse, was admitted to the hospital after becoming terribly ill and within three days, she died in an intensive care unit. “I wasn’t acting as a nurse because she was my mom,” says Dr. Zomorodi. “That perspective as a daughter made me realize that as nurses, we could be doing more for patients receiving end-of-life care and we could be doing more for their families.”

Since that experience, Dr. Zomorodi has developed a class on caring for patients who are dying and how to interact with and keep their families informed. “As our health system becomes more complex,” says Dr. Zomorodi. “It’s important for nurses to develop skills to assist patients and families as they transition through different stages of care delivery.”

One role that has been developed to assist families when moving through a complex healthcare system is the Clinical Nurse Leader (CNL). Dr. Zomorodi believes that CNLs are a logical choice for coordinating communication across specialists, departments, and sometimes competing agendas. CNLs can also help keep patients and their families informed, and they can assure the family’s wishes are taken into account.

“The CNL role is all about care coordination, transitioning care for patients, and optimizing their time in the hospital so that they aren’t readmitted prematurely because their at-home needs had not been taken into account,” says Dr. Zomorodi.

Dr. Cheryl Jones, PhD, RN, FAAN, helped bring the CNL program to Chapel Hill in 2005. Since the first CNL student graduated in 2010, the program has doubled in enrollment each year and currently has 13 students.

Dr. Zomorodi sees the CNL role as constantly evolving. For example, she thinks that CNLs could be helpful in community and population health settings, not just acute care settings. She recently received funding from the North Carolina Area Health Education Center to expand the CNL role from acute care to community care. Students in the CNL program will partner with Piedmont Health Services to work with community leaders in care transition. They will develop educational materials, identify tools to reduce readmissions to acute care facilities, and work closely with preceptors to gain a deeper understanding of community health practice.

“To be truly innovative, we have to think about where we need to go as a profession,” says Dr. Zomorodi. “I believe exposing our students to a variety of clinical experiences and encouraging them to think about patients and their families as a unit is one step towards improving quality and safety in the healthcare system.”
Nursing in the Genomic Era

Professor Marcia Van Riper, PhD, RN, FAAN, has a program of research that focuses on families experiencing genetic testing or living with a genetic condition. She makes a point of sharing what she has learned about these families with her students.

Dr. Van Riper, PhD, RN, has studied how parents respond to the challenges of raising a child with Down syndrome. She is also interested in other ethical aspects of genetic testing. With a recent Fulbright award, she traveled to Ireland to study how culture, interactions with health care providers, and family factors influence adaptation and resilience in families of people with Down syndrome.

“We all carry five to 50 significant genetic alterations,” says Dr. Van Riper, chair of the Family Health Division at the SON. “Students often think that negative consequences are inevitable when a family member is diagnosed with a genetic disorder. So they are surprised to learn that many families living with genetic disorders are resilient and some actually thrive.”

In her course on family-centered genomic health care, Dr. Van Riper challenges students to think about how people with genetic disorders and their families adapt to living with a genetic disorder. Students conduct a semester-
Even in the classroom, I feel that the relationship between students and faculty is reciprocal,” says Ms. Woodley. “I learn just as much from them as they do from me, and that reciprocity makes the learning environment engaging, interactive, and fun.”

Knowing the students’ names makes Ms. Woodley more attuned to their needs. When she sees confused looks, she addresses students directly and asks if they need help. Such attention keeps students on alert knowing she can call on them to answer a question at any point during the class.

Detailed lesson plans are key as well. Much of Ms. Woodley’s effort outside of the classroom goes towards staying on top of evidence and studying new practice protocols. Plus, she believes that keeping abreast of the rapid changes in clinical technology is critical for nurse educators.

“Lisa is extremely articulate and well-read,” says Dr. Van Riper, Chair of the Family Health Division. “Her ability to make complex information understandable is remarkable. She is passionate about her work and very willing to share her vast expertise with others. Her dedication and enthusiasm for the students she works with is contagious and admirable. Ms. Woodley is an exceptional role model, mentor, and advocate for her students and colleagues. It is obvious that she wants both her students and her colleagues to succeed.”

Teaching the Art and Science of Caring

Clinical assistant professor Lisa Woodley, RN, was recently recognized for her inspirational teaching with the UNC-Chapel Hill Tanner Award for Excellence in Undergraduate Teaching. She has also received 17 Educational Excellence awards from the SON. Her success in the classroom reflects years of focusing on the quality of the content covered as well as the quality of her relationships with students.

Even though Ms. Woodley’s classes range from 50-100 students, she is committed to learning each student’s name.

long family and genetics group project. Each group focuses on a family with a specific genetic disorder. They assess “their” family using the Resiliency Model of Family Stress, Adjustment, and Adaptation as a guiding framework. Using this framework helps students to examine a variety of family factors that may influence how well a family adapts to the ongoing challenges associated with living with a genetic disorder. Factors they examine include how family members view their situation, what resources they have access to, and how well family members communicate with each other. Based on their assessment, the students then identify family-specific interventions that can be used to promote adaptation and resilience.

The project culminates with poster presentations at the annual Nursing in the Genomic Era Conference organized by Dr. Van Riper. At the conference, students also hear presentations by experts as well as first-person accounts from speakers living with a genetic disorder.

“The families I work with in my research have been some of my best teachers, and they have motivated me to pass that knowledge on to my students,” says Dr. Van Riper. “I’ve seen a big change in how students respond to individuals with genetic conditions because of what they have learned in class.”

“Every in the classroom, I feel that the relationship between students and faculty is reciprocal,” says Ms. Woodley. “I learn just as much from them as they do from me, and that reciprocity makes the learning environment engaging, interactive, and fun.”

Knowing the students’ names makes Ms. Woodley more attuned to their needs. When she sees confused looks, she addresses students directly and asks if they need help. Such attention keeps students on alert knowing she can call on them to answer a question at any point during the class.

Detailed lesson plans are key as well. Much of Ms. Woodley’s effort outside of the classroom goes towards staying on top of evidence and studying new practice protocols. Plus, she believes that keeping abreast of the rapid changes in clinical technology is critical for nurse educators.

“Lisa is extremely articulate and well-read,” says Dr. Van Riper, Chair of the Family Health Division. “Her ability to make complex information understandable is remarkable. She is passionate about her work and very willing to share her vast expertise with others. Her dedication and enthusiasm for the students she works with is contagious and admirable. Ms. Woodley is an exceptional role model, mentor, and advocate for her students and colleagues. It is obvious that she wants both her students and her colleagues to succeed.”

Ms. Woodley’s teaching philosophy ultimately revolves around the human elements of practice. “Nursing is the art and science of caring,” says Ms. Woodley. “I share stories from my practice. I make sure to share things I’ve done poorly, along with things I’ve done well. By sharing personal experiences, including mistakes, I’m trying to model the reality of nursing practice. I want students to know that they can trust me with their experiences, and that they can ask questions or ask for help if they need it. I want them to know that I’m their safe zone, and they can bring anything to me.”
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Cherie Ann Smith-Miller
MSN
Karen Hogan Cabaniss
Carlye Lorraine Carr
Mary Kathleen T Helak
Ann Neighbors Jessup
Joanne Mary Kuszaj
Barbara Ellen McGurian
Deborah Scheele Minanov
Susanne Smith Newton
Kim Walker Ratledge
Jean Ann Smith
Valerie Ann Stafford-Fox
Barbara Louise Wise
PhD
Audrey Elaine Nelson

1995
BSN
Virginia Alexander Barnes
Jessica Stewart Brueggeman
Jayne Roberts Byrd
Sheila Collins Dunivant
Barbara Mialik Fisher
Barbara Ann Gordon
Michelle Snyder Grover
Mary Edel Holtschneider
Melba Hefelfinger Jordan
Susanna King-Zeller
Vicki Ferrell Lewis
Maria Lisa Lockwood
Carol Voigt Marriott
Amanda Kier Nichols
Colleen Rodite Wessler
MSN
Sandra Rose Hoffman
Margaret Berg Mullinix
Susan Gatlin O'Dell
Donna Suzanne Odem
PhD
Mary Jean Thorson

1996
BSN
Sheri Lyn Favoyesi
Elizabeth Langford Hall
John Richard Hanlon
Melissa House Nichols
Faith Junghahn Shaw
Beth Perry Stanfield
Tara Henley Stewart
Marie Elizabeth Stockstill
Amy Lauren Talbert
Deborah Fox Wright
MSN
Cindy Duke Compeegge
Sharon Anne Cullinan
Ann Leichtle Hart
Carolyn Susan Huffman
Sue Ann Campbell Jatko
Marlene Stone Yates
PhD
Esther Mae Tesh

1997
BSN
Kathleen Cheney Broyles
Jason Noel Driggers
Mildred James Driggers
Kimberly Cox Dunn
Virginia Baity Ervin
Rachel Beth Heller
Gaye Haviland Ispock
Karen Fink Kissel
Karen DeLinger Leadbitter
Kelly Michele Margraf
Debora Ann Price
Julie Michelle Schneider
Amy Hausman Thomure
Deborah Kerens Wagner
MSN
Linda Morgan Allen
Bonita Craft Aycock
Jill Causby Barbour
Bobbie Jo Lee
Dana Del Paggio Roberts
PhD
Barbara Jean Speck

1998
BSN
Jennifer C. Ferguson
Melanie Berthel Good
Betty Jean Green
Lisa Swencki Haik
Crystal Yarbrough
Horton
Kathryn Coulter Jones
James Alton McGowan III
Laura Calamos Nasir
Ann Robertson
Travis Knott Treat
Tiffany Krajcek Yelverton
MSN
Kathleen Rush Boykin
Sujuan Cai
Charlotte Clark McNell
CindyThrower Surrrett

1999
BSN
Christy C. Arrowood
Danielle Nicole Koonce Cecil
Amie Billings Ehrman
Dana Baty Eberhardt
Amiei Lakes Howard
Tana Black Jenkins
Linda MacMorran McElvene
Kimberly Orwell Oliver
Georgia Hamilton Patterson
Jennifer Sanford Tuchinsky
Stephanie Walker Vann
Susanne Relfe Winslow
MSN
Jenny Leong Abernathy
Deborah Brown Ballard
Frances Anderson Ballard
Kathy Baluha
Jayne Roberts Byrd
Rhonda Michelle Messer
Frank Douglas Moore
Paul Lewis Moore
April Griffin Thomas
Lora Dishman Wentz
PhD
Susan Gale Sherman
Julie Smith Taylor

2000
BSN
Allison Lipe Abate
Sandra Kool Baker
Nancy Rowe Cameron
Kathryn Pinder Hannah
Roulhac Clark Johnson
Andria Sessoms Kosokszka
Megan Sarah Randall
MSN
Anna Catherine Aleton
Patricia S. Ashland
Elizabeth Langford Hall
PhD
Debra Huffman Brandon

2001
BSN
Cheryl Sunderland Briner
Angela Marie Capone
Noelle Dorsey Davenport
Ashley Bolin Gardner
Walter George Jones Jr.
Adam Darrell Kosokszka
Brandi Hamlin Newman
Julie Denise Reynolds
Amy Call Spittle
Meg Zomorodi
MSN
Mildred James Driggers
Linda Sue Hale
Karen DeLinger Leadbitter
Heather Thompson Mackey
Tonya Rutherford-Hemming
Gregory Alphonzia Simpson
PhD
Jill Bridgette Hamilton

2002
BSN
Amy Davis Bell
Kristen Stott Camplin
Tonya White Ezellde
Jennifer Todd Farrell
Katie Lethanel Gwynn
Laura Kathyn Hart
Leslie Collins Hege
Ann Warren Hussey
Megan Bumgarner Manuel
Benjamin J. Roberts
Alicia Siam Sechrist
Sebastian Christopher White
MSN
Christopher R. Berge
Laura Calamos Nasir
Beth Perry Stanfield
Irène Powell Strickland
PhD
Donald Etheridge Bailey Jr.
Cydney King Mullen

2003
BSN
Susan Elmore Davey
Jona Martino Fitzgerald
Toni Watt Fortner
Sean T. Gallagher
Terri Sue Giles
Lovella Sarona Hailey
Cathy Howard Long
Lisa Clemmer Nahmbar
Lilian Atieno Omburo
Monica Sanchez
Ann Marie Lee Walton
Julie Christine Warren
MSN
Robin Lynn Gusmann
Kandice Leigh Jones
Angela Jean Keene
Peketa H. Long
Deane E. Schweinsberg
Sarah Sidisi
PhD
Robin Bartlett

2004
BSN
Lindsey Renee Clayton
Marta Kasper Clemente
Rebecca Jean Hall
Euncho Young Krum
Meghan Buie Markman
Seanna Poulsen Morgan
Laurel Hudson Powers
Monica Lowe Przybyltek
Kimberly Ann Schnitzler
Sandra Lynn West
MSN
Cheryl Lynn Elliott
Aubrey McBryde
Brandi Hamlin Newman
PhD
Patricia Flannery Pearce

2005
BSN
Tanya Faye Bush
Timothy L. Chilton
Jilleon Formanczyk Inman
Amy Lawler Munday
Anne McPherson Pringle
Jennifer Lynn Warber
MSN
Amy Davis Bell
Teresa A. Gaston
Lori L. Ingle
Kimberly Orwell Oliver
Megan Sarah Randall
Sebastian Christopher White
PhD
Beth Perry Black

2006
BSN
Chelsea Marie Armitage
Jennifer Lagasca Barrett
Kathryn Berrien
Gretchen E. Everson
Elizabeth Heier Hopewell
Christopher Derek Miller
Lauren Rebecca Moore
Kay Nelson
Melanie Ann Pitts
Crystina Pace Searcy
Jennifer Lynn Simpson
Gretchen Umberger Steelman
2012–2013 HONOR ROLL OF GIVING

Erin Wheeler Whitaker
PhD
Stewart Michael Bond

2007

BSN
Lesley Merklein Harwell
Ehrin M. Irvin
Lydia Michelle Mayes
Mary Winsted McKinith
Marquita DeEonka Wallace
Melody Wong Warren
Jennifer Brice Williams
Ann Plonk Wilson

MSN
Kendall Hager Hankins

PhD
Ann Neighbours Jessup

2008

BSN
Christina Latrica Allen
Amanda Claire Bandy
Lesley-Anne Bandy
Kathryn Marie Bauk
Holly Anne Broadbent-Horvat
Bonnie Frances Corbin
Jennifer L. Schmitz
Janette Leigh Stender
Hongling Xia

2009

BSN
Lindsey Megan Carpenter
Liling Chen
Julia Billotte Cowden
Ashley Marley Davis
Stephanie Elizabeth Fountain
Carrie Anne Lavallee
Kathryn Kamphas Malarkey
Kathryn Ellen Menzel
Julie Teresa Mikus
Alphonso C. Nwafor
Daraya Pawapostanont
Ivy Lea Settlemires
Kellie Beth Shohe
Adam Clark Smith

MSN
Kellie Anna Archer
Sarah Elizabeth Ayers
Hannah Alexis Boartright
Lydda DeGuia
Milana Dezube
Bentley Grey Fisher
Devin Christof Fohn
Stacy Lynn Forrester
Lauren Elizabeth Georges
Graziele dos Santos Vile Hansen
Patrick Andrew Harrison
Claire-Elisa Anne Hartman
Sheena Thompson Hilton
Tyler Franklin Horne
Jennie Jeune
David Nathaniel Johnson
Inneke Mishea Johnson
Kathryn Lane Johnston
Rebecca Ashley Kabatchnick
Sarah Abigail Kaminer
Anna Pauline Kanoy
Michele Ann Kennedy
Dana Lee Kleber
Kelsey Margaret Knight
Kayla Ann Mccoommons
Ashley Marie Miller
Lakisha Shavell Morgan
Courtney Megan O’Connor
Ashley Nicole Pack

2010

BSN
Miriam Ruth Chiconeul
Sydney Stafford Cooke
Heather Lavan Ferrell
Michelle M. Gardner
Anneca Geary Huegerich
Trevor Patrick Jordan
Angela Denise Little
Emily Elizabeth McCamy
Patricia Ann McElroy
Jennifer Jayson McGowen
Kimberly Christine Podrazik
Jessica Henderson Shore
Catherine Lea Sutt
Caroline McArthur Tedder
Erin Taylor Wallace
Anna Hamm Winslow

MSN
Kevin David Cox
Katie Lethanl Gwynn
Tanya Elizabeth Moore
Melody Wong Warren

PhD
Leslie Louise Davis
Ashley Nicole Leak

2011

BSN
Brittany Lauren Barker
Michael Roy Barnes
Kristin Lyn Bonstingl
Terri L. Dorn
Nicole Ashley Frazer
Michael David Gaglian
Erica Nowak
Virginia C. Purrington
Kara Elise Timmons
Lara Elizbeth Whalley

MSN
Gregory Thomas Anderson
Dawn Barnard Bartoc
Kathryn Marie Bauk
Heather Lea Carroll
Tabatha Long Horner
Mary Elizabeth Mazer
Heather Norden
Jennifer Lynn Simpson
Jessica Grantham Sparrow

PhD
Lindsey Megan Carpenter
Megan DeBell McManus

2012

BSN
Amanda Rae Brown
Alexandria Catherine Earnhardt
Dorothy Akofa Freeman
Timothy Hunter
Karen Schmitz Mendys
Jane Wanjniru Njenga
Randall Scott Pollard
Virginia Seay Russell

MSN
Sandra Krol Baker
Lindsay Katherine Buchert
Deirdre Brett Fraller
Kimberly Rae Lawrence
Candace McNinsi Moore
Karen Schramm Saylor
Jessica Farmer Turner
Erin Wheeler Whitaker

PhD
Cheryl A. Smith Miller

2013

BSN
Kellie Anne Archer
Sarah Elizabeth Ayers
Hannah Alexis Boartright
Lydda DeGuia
Milana Dezube
Bentley Grey Fisher
Devin Christof Fohn
Stacy Lynn Forrester
Lauren Elizabeth Georges
Graziele dos Santos Vile Hansen
Patrick Andrew Harrison
Claire-Elisa Anne Hartman
Sheena Thompson Hilton
Tyler Franklin Horne
Jennie Jeune
David Nathaniel Johnson
Inneke Mishea Johnson
Kathryn Lane Johnston
Rebecca Ashley Kabatchnick
Sarah Abigail Kaminer
Anna Pauline Kanoy
Michele Ann Kennedy
Dana Lee Kleber
Kelsey Margaret Knight
Kayla Ann Mccoommons
Ashley Marie Miller
Lakisha Shavell Morgan
Courtney Megan O’Connor
Ashley Nicole Pack

2014

BSN
Kellie Anne Archer
Sarah Elizabeth Ayers
Hannah Alexis Boartright
Lydda DeGuia
Milana Dezube
Bentley Grey Fisher
Devin Christof Fohn
Stacy Lynn Forrester
Lauren Elizabeth Georges
Graziele dos Santos Vile Hansen
Patrick Andrew Harrison
Claire-Elisa Anne Hartman
Sheena Thompson Hilton
Tyler Franklin Horne
Jennie Jeune
David Nathaniel Johnson
Inneke Mishea Johnson
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Rebecca Ashley Kabatchnick
Sarah Abigail Kaminer
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Dana Lee Kleber
Kelsey Margaret Knight
Kayla Ann Mccoommons
Ashley Marie Miller
Lakisha Shavell Morgan
Courtney Megan O’Connor
Ashley Nicole Pack

Corporations, Foundations, and Organizations

CORPORATIONS, FOUNDATIONS AND ORGANIZATIONS

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Jona Martino Fitzgerald, ’03, is a proud Carolina nurse who began her philanthropy for the School of Nursing while she was still an undergraduate. She and her classmates sold t-shirts, held fundraisers, and made personal contributions to generate an unprecedented $10,000 for the BSN Class of 2003 scholarship. After graduation, many continued to make annual contributions to keep the class fund going.

Ms. Fitzgerald, who was one of the gift organizers as a senior, continues to support the scholarship through the Givingworks program set up by her employer, Blue Cross Blue Shield of North Carolina. Many companies allow employees to give to organizations via payroll deduction. Some even match the gift, increasing the overall impact while offering convenience. “Payroll deduction makes it very easy to give,” Fitzgerald says. “It also seems less painful to my pocketbook to give every pay period.”

The BSN Class of 2003 scholarship has continued to thrive and has already supported six Carolina Nurses. This scholarship is awarded to an undergraduate student who excels in the areas of academics, leadership, and community service. For this close-knit, hard-working group, helping students thrive is an exciting legacy. “We were like a big family,” Fitzgerald remarks. “I wouldn’t be who I am without the program.”
FRIENDS (CONT.)

Mary Merritt Farmer
G. Lynn Featherstone
Sandra Hudson Felix
Nancy Ferguson
J. Hugh Fletcher
J. J. David Fletcher
John David Fletcher
Katherine Elizabeth Fletcher
Mildred Price Fletcher
Joseph E. Foley
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Sandi Hudson Felix
Mary Cameron Griffin
A.D. (Zander) Guy
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Keith Hamilton
Rosalie Hamilton
John Samuel Hammett
Mark Benjamin Hamner
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David Alan Harless
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Gigi Harrell
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Thomas L. Harrington
R. Woody Harrison Jr.
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Phillip Wayne Hathcock
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Timothy J. Herrmann
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Andrew Winston Hester
Gary Prevost Hill
Gregg Alan Hill
Jo Ellen Hill
Douglas Albert Hodgson
Scottie Hogg
Jamie Line Hollowell
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Macon Edward Huffman
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Lincoln T. Jayson
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Catherine Hill Jenkins
John Milton Jenkins Jr.
Julia Thomas Jenkins
Christine H. Johnson
Sue Roberts Johnson
Steven George Justus
Ronald Darrell Keiger
William Dudley Kenerly
Casondra L. Kilgore
J. Thomas Kilgore
Samuel Alexander Kimel
Cynthia McNell King
David P. King
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Katherine Kisslo
Kristin Bochicco Klebanov
Leon Boris Klebanov
Robert Lee Kuykendal
David Labiner
Bruce Dean Larson
Marc Byron Laster
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William David Lee Jr.
Ivan Martin LeFkowitz
Clifford Thomas Lewis Jr.
William Bird Lewis III
Arthur Heath Light II
Sophia P. Livas
Stephen G. Lobb
William Lord London IV
Diana Jones Long
James Monroe Long
Joe O’Neal Long
Maureen Looby
Robert O. Lunn
Diane Parker Mann
Julian Mann III
Wilson Fletcher Manuel
Russell Reid Margraf
Edward Lamar Martin Jr.
J. Ronald Martin
R. Jason Martin
Shannon Schneider Martin
Jennifer G. Mason
Robert William Matthews
Michael Joseph Mayhew
Victor Eugene Mazocco
Jay Thornton McCamie
William H. McCormick III
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Larry Stephen McDewit
Jennifer Richard McGowan
Eva Daneke McNalahan
Paul William McLanahan
Philip Murray Mendys
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Charles Henry Mercer Jr.
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Grady L. Miller
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Shawn Brian Munday
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Ben LindsayNeal
John Stanley Newsome
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William Edward Noell
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Steven Crumley Nuenberger
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P. Richard Olson
Marcia Davis Padgett
Michele A. Page
Robert E. Page Jr.
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Philip Soldier Pearson Jr.
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H. Christopher Perry
Mary Ann Rohrhurst Peter
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Justin Poe
Philip Wade Ponder
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John Craig Quick
Diane Blake Racy
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James Thomas Raynor
Nancy L. Raynor
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Joseph F. Read
Ruth T. Read
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Elizabeth Rhines
Mark Rhines
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D. Thomas Roberts Jr.
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Eric Rosand
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Coleman DeVane Ross
William Anthony Rutala
William Eugene Sanders Sr.
Stephen Terry Savitz
Tobias Schifer
Eric Michael Schmidt
Sandra Will Schoenfisch
Robert William Schultz
James Leroy Schultz
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Matthew Michael Shaw
Richard Edmund Shore III
Naomi Priscilla Sliffkin
Caran Smith
Charles Holman Smith
Christopher Edmund Smith
Melissa S. Smith
Monte Lloyd Smith
Karen Whisnant Smith
Kevin Martin Spangler
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Albert Thomas Spaw
Neil Lee Specter
Charlene L. Sparger
Thomas E. Sparger
Michael Anderson Spittle
Richard Lawrence Spott
Kevin John Stanfield
Joseph Stanton
Pamela Stanton
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George Vaughn Strong
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Warren Wolf Sturm
Arles Allen Taylor Jr.
Bobby Gene Taylor
Jesse Ireland Taylor Jr.
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James Alfred Thompson
Monte Carroll Thompson
Frances Ann Thompson
Virginia Nelson Timnell
Leomora Tubbs Tisdale
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Adam Max Tuchinsky
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Lance Anthony Warren
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Robert Bowman Watts
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H. Raymond Weeks Jr.
Elmer Jesse Weems
Agnes Binder Weisiger
Olivia Smith Welsh
Harold S. Westerholm II
C. Timothy Wetherby
David Bryan Weynand
Susan Irvin Whisnant
Roy Whitaker Jr.
Von Best Whitaker
Frances Lena White
Leonard Barbee Wiggins
Julia D. Williams
Lawrence Lanier Williams
Anne Campbell Wilson
John David Wilson Sr.
Amanda G.F. Wilson
John David Wilson Jr.
Martha G. Wilson
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Thomas Wintermeier
Victoria Wintermeier
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Karen Witte
Jarrett Lane Wood
Daniel Worth Wright Jr.
Ted Wright
Jia-Rong Wu
Carole Wilson Wynne
Herbert Joseph Wynne
Michael Frisby Yelverton
Marco Zarate
Susan Zarate
Donald N. Zehl
Susanne J. Zehl
Ali Reza Zomorodi
Carol Ross never intended to be a nurse when she transferred from Mary Washington College to The University of North Carolina at Chapel Hill in 1962. That sentiment may seem odd coming from an advanced practice nurse (APRN) who dedicated decades of her life to alleviating the suffering associated with psychiatric illness and mental health challenges. Yet her journey from a UNC religion major (UNC ’64) to an APRN, along with the example of her mother’s career in nursing, ultimately led Carol and her husband Coleman Ross (UNC ’65) to create the Carol Morde Ross Distinguished Professorship in Psychiatric-Mental Health Nursing.

As a young mother with three sons, Carol quickly realized the value of becoming a nurse. While living in Tampa, Florida, Carol returned to school at Hillsborough Community College and earned her associate of science degree in nursing. Yet even when she was completing that degree in 1976, she never imagined working in mental health. “When I was in nursing school, the one thing I was not going to do was psychiatric nursing,” says Carol, MA, APRN, PMHCNS-BC. “I was just terrified of it.”

Carol’s first nursing position was at a nursing home in Connecticut, where as head nurse she was responsible for the care of sixty patients. Over time, she came to realize that she particularly enjoyed spending one-on-one time with patients, but found it very difficult to do with her administrative responsibilities.

Making A Difference

In 1985, Carol returned to school for a third time, this time to earn her master’s degree in Counseling from St. Joseph’s College in Hartford, CT. Not long after graduating in 1988, she realized her practice could be further enhanced by becoming certified as a Clinical Nurse Specialist (CNS) in adult psychiatric-mental health and obtaining her Drug Enforcement Administration license. She then started a private practice that would last for eighteen years. “I loved working in mental health,” said Carol. “I realized the power of the therapeutic relationship. I felt that I could really make a difference in someone’s life now that I had enough time to work with them.”

A desire to care for her ailing mother brought Carol and Coleman back to North Carolina in 2006. Differences in state regulations prevented Carol from launching a private practice because North Carolina denied prescriptive authority to CNSs. Instead, she teamed up with a local nonprofit, the Inter-Faith Council for Social Services, and...
was asked to open a volunteer mental health clinic at the men’s homeless shelter in Chapel Hill. That clinic, which opened early in 2008, continues to provide psychiatric care and medications to approximately 300 people annually.

Carol and Coleman began to think about how to make an even bigger impact on mental health practice in the state. Over the years, they maintained a strong connection to UNC through generous donations, creating scholarships at the Educational Foundation and the Kenan-Flagler Business School. In 2004, they created the Eunice Morde Doty undergraduate nursing scholarship to honor Carol’s mother. Carol also served the School of Nursing for eight years as a Director on the SON Foundation Board.

In 2013, Carol and Coleman decided that a professorship would lay a foundation for nurses to pursue advanced degrees in psychiatric-mental health. It would also create the powerful and positive legacy that they both wanted for the Morde and Ross families. “Psychiatric-mental health is so underrepresented in nursing,” says Carol. “North Carolina desperately needs more mental health providers. I hope that this professorship will lead to more nurses pursuing a career in this field.” She was delighted to learn that this professorship is also eligible for matching funds from the state.

The SON has the only Psychiatric-Mental Health Nurse Practitioner program in the state. It is rich in faculty members devoted to practicing in underserved areas, leading the profession in advanced practice, eliminating health disparities, and conducting research that seeks to enhance access to the highest quality care for all people.

The Professorship will be awarded to a faculty member who is a psychiatric-mental health nursing leader and practices in North Carolina. The Professorship will be committed to improving access to mental health care; ensuring the education of psychiatric-mental health advance practice nursing; and furthering health policy that supports psychiatric-mental health nursing practice.

Dean Kristen M. Swanson, PhD, RN, FAAN, stated, “Through the generosity of Carol and Coleman Ross, the School of Nursing is well positioned to recruit or retain a faculty member whose teaching, practice, and scholarship focuses on psychiatric-mental health nursing care. Their gift is a vote of confidence in the School and testimony to their desire to assure that our graduate curriculum in psychiatric-mental health nursing will remain excellent.”

With a deep desire to enhance practice and education in the field of psychiatric-mental health nursing, Carol and Coleman have given a gift that will sustain excellence in the School for years to come.
NEW ENDOWED SCHOLARSHIP HONORS
FRANCES EMILY GILREATH

A new merit-based scholarship was established to honor the life and work of Frances “Fran” Emily Gilreath, a 1970 graduate of the BSN program at the SON. The scholarship will support tuition, fees, books, and other education-related expenses for an undergraduate nursing student under conditions in which circumstances might jeopardize the student’s ability to achieve his or her dream of becoming a nurse.

Fran grew up in Charlotte, North Carolina with her parents J. Frank Gilreath, Jr. and Betty Collins Gilreath, and her brother John (’73 BSBA). Religion being very important to Fran, much of her childhood and life was centered around her church, St. John’s Baptist. Her favorite activities were the choir and missionary organizations. Fran was also interested in nursing from an early age, and volunteered at Presbyterian Hospital during her high school years.

Fran began her studies as a baccalaureate student in nursing at UNC-Chapel Hill in 1966 after graduating from South Mecklenburg High School. She worked as a nurse at Henrietta Egleston Hospital for Children, at Mundo Vista camp, and at Duke University Hospital. She lost her life through a tragic accident on her way to work in April of 1973.

In 1974, her parents established an expendable scholarship in Fran’s name at the SON. They contributed annually to this scholarship for thirty-seven years, and helped an enormous number of students achieve their dreams of becoming a nurse.

Recently, her father decided to create an endowment fund for the Frances Emily Gilreath Nursing Scholarship. Through their generosity, future generations of Carolina nurses will receive support in Fran’s name.

Last year, 165 nursing students received over $460,000 in much needed scholarship support. Alumni and friends can continue to support students by creating an endowment like the Frances Emily Gilreath Nursing Scholarship, or by making annual contributions to established scholarship and emergency funds. Such funds help students continue their programs of study when challenging personal situations arise. For more information, please contact Anne Webb in the Office of Advancement at (919) 966-4619 or Anne_Webb@unc.edu.
NEW ADVANCEMENT TEAM LEADS DEVELOPMENT, ALUMNI AFFAIRS AND PUBLIC RELATIONS EFFORTS

WHEN ASSISTANT DEAN ANNE WEBB WAS PROMOTED TO LEAD THE OFFICE OF ADVANCEMENT, SHE BEGAN ENVISIONING WHAT THE SON WOULD NEED TO COMMUNICATE THE MANY NEW FACULTY AND STUDENT INITIATIVES, SUPPORT THE WORK OF THE FOUNDATION, AND CARRY THE ORGANIZATION INTO A NEW CAMPUS-WIDE FUNDRAISING CAMPAIGN. TWO TALENTED NEW STAFF MEMBERS WERE WELcomed TO THE OFFICE LAST FALL.

**KATISHA PAIGE ’98** joined the SON as associate director of advancement and alumni affairs and executive director of the School of Nursing Alumni Association. She began her career in development as an intern at UNC-Chapel Hill. Since then, she has worked in annual giving at UNC’s Carolina Annual Fund, North Carolina Central University, and the UNC Lineberger Comprehensive Cancer Center before coming to the SON. Ms. Paige directs outreach to alumni and students as well as fundraising efforts.

**MEAGEN VOSS ’10** serves as associate director of communications and public relations for the SON. She came to UNC-Chapel Hill after completing an AAAS Mass Media Fellowship at NPR News and serving as Editor of the *Observer* magazine at the Association for Psychological science. In her new role at the School of Nursing, Meagen serves as Editor-in-Chief of *Carolina Nursing* and leads public relations for the SON.

**THREE NEW DIRECTORS JOIN THE SON FOUNDATION**

**FRANCINE DAVIS** received a BSN from the UNC-Chapel Hill SON in 1972 and a master’s in public health in maternal-child/public health nursing from UNC. During her time on campus, she was active in civil rights efforts, both locally and nationally. She is retired from Vance-Granville Community College, where she served as an instructor and headed the program for several years. Former President of the School of Nursing Alumni Association, Davis is active in the UNC General Alumni Association Black Alumni Reunion program.

**DR. P. KAY WAGONER** is a double alumna, BSN ’70, MSN ’78, from the School of Nursing who also received her PhD in Physiology from the University of North Carolina at Chapel Hill in 1986. She has worked in the fields of cardiovascular nursing, research, education, and pharmaceutical discovery and development. She founded and later sold Icagen, a company focused on drug discovery and development. In 2001, UNC-Chapel Hill recognized her professional accomplishments with a Distinguished Alumna Award. Recently, she began a scholarship in honor of her parents.

**SUSAN O’DELL**, BSN ’77, MSN, ’95, is director of the Women’s Center at Rex Hospital in Raleigh. Susan serves as the District IV Regional Chair of the North Carolina Organization of Nurse Leaders, and is a Board Certified Nurse Executive. O’Dell served as a member of the School of Nursing Alumni Association and led a class gift campaign for the new building. She and her husband Dr. Russ O’Dell named a conference room in the new building and have hosted Alumni events in their home.
FUNDING THE FUTURE: DONORS MEET THEIR SCHOLARS AT ANNUAL ALUMNI AWARD AND DONOR RECOGNITION RECEPTION

When she graduated from the PhD program, Ashley Leak, PhD ’11, surprised her parents with a named fund. The James and Patricia Leak Fund provides an annual award to doctoral students who have the interest and potential to make an outstanding contribution through nursing research. The Leak family met Yin Li, the first recipient.

Bill and Mary Lou Booth, BSN ’57 created the Cronenwett Global Health award in honor of former Dean Linda Cronenwett. Pictured with the Booths is recipient Merle Tai who was funded to visit Peking Union Medical College in China.

Carolyn London, BSN ’56, was honored with the Carrington Award for Community Service from the SON Alumni Association. She was also thanked by Mary Weiner, the first recipient of the scholarship she and her husband Dr. William “Will” London established for undergraduate students.
Faculty Emerita, Diane Kjervik, donated a scholarship to honor the memory of her mother, Mona Lucille Kjervik. At the award ceremony, she met the first Kjervik scholar, Taylor Ambrose. This fund supports a meritorious undergraduate student from a rural background.

New SON Foundation directors Francine Davis BSN ’72, and Kay Wagoner, BSN ’70, MSN ’78, greeted scholars at the annual alumni award and donor recognition event.

Bill and Barbara Hedberg Self, BSN ’57 visited with Elizabeth Danchi and Adrienne Himmelberg, the 2012-2013 Barbara Hedberg Self nursing scholars. Barbara shared remarks as part of the evening’s program.
RUMAY ALEXANDER was named an honorary member of the National Student Nurses Association. She was also re-elected to Board of Governors for the National League of Nursing and was highlighted in a feature article for *Insight into Diversity Magazine*.

DEBRA BARKSDALE received the Laurel Archer Copp Award for Literary Achievement, was inducted as a Fellow in the American Academy of Nursing, and reappointed for six years to the Patient-Centered Outcomes Research Institute (PCORI) Board of Governors. Barksdale was inducted into the American Association of Nurse Practitioners as well.

LINDA BEEBER received a grant from the NC TracCS Institute for her study “A UNC-Community Partnership to Enhance Outcomes for Infants and Toddlers with Suspected Disability who are Enrolled in Early Intervention Services.” She also received the 2012 Best Research Methods Award from RINAH for an article she co-authored with George Knafl.

BETH BLACK received the Laurel Archer Copp Award for Literary Achievement. She is the lead investigator for a new study “Reproductive Loss in Lesbian Couples” funded by the Gay and Lesbian Medical Association.

Former Dean LINDA CRONENWETT and her co-authors were selected for the Nursing Outlook/American Academy of Nursing 2012 Writing Award for Excellence in Policy. Cronenwett also received the Jessie M. Scott Award and was named one of twelve Sustained Influential Leaders by the Eastern Nursing Research Society.

CAROL DURHAM was elected President-Elect for the International Nursing Association for Clinical Simulation and Learning.

DONNA HAVENS was awarded the Nightingale Excellence in Research Award, appointed to the American Organization of Nurse Executives (AONE) Foundation Board, selected to chair the AONE Foundation’s research committee, and elected Vice-Chair of the American Nurses Credentialing Center (ANCC) Commission on Magnet Recognition Executive Committee.

ERIC HODGES received a research grant from the NC TracCS Institute for “Enhancing Caregiver-Infant Communication to Prevent Obesity.”

SARA HUBBELL was selected by UNC Healthcare for the 2013 Nurse Faculty of the Year award.

CORETTA JENERETTE achieved certification as a nurse educator from the National League for Nursing.

GEORGE KNAFL was funded though an NIH-funded subcontract “A longitudinal study of adherence to medication in black men with hypertension.” Knafl also received the 2012 Best Research Methods Award from RINAH for an article he co-authored with Linda Beeber.

SHAWN KNEIPP became certified in Advanced Public Health Nursing through ANCC.

BETH LAMANNA was selected to participate in the University of Michigan Visiting Partners Program in Occupational and Environmental Health and Safety.

RHONDA LANNING was awarded an Ueltschi Service-Learning Course Development Grant to create a course to prepare health science students as professional doulas.

ASHLEY LEAK received an Alvin R. Tarlov and John E. Ware Jr. Post-doctoral Research Award in Patient Reported Outcomes.

CHRISTINA LEONARD received AACN certification as a clinical nurse leader.

MARY LYNN was awarded a grant from the Robert Wood Johnson Foundation to study how academic institutions are preparing for and incorporating both DNP- and PhD-prepared faculty members as well as the projected effects...
of hiring DNP-prepared graduates on expanding teaching capacity and decreasing the nurse faculty shortage.

**DEBORAH MAYER** was appointed as a member of the Cancer Survivorship Committee of the American Society of Clinical Oncology, received an NC TraCS grant to study the palliative and supportive care needs of parents with metastatic cancer, and received a University Cancer Research Fund Innovation Award.

**CAROLYN MCKENZIE** received her AACN certification as a clinical nurse leader.

**MARGARET MILLER** received an AENT nurse training grant from HRSA to support nurse practitioner students who come from underserved communities, served in the military, or were from historically underrepresented ethnic minority groups.

**MARY SCHULER** was awarded Emeritus status at Norwalk Community College in Norwalk, CT.

**GWEN SHERWOOD** was selected to be a mentor for the Nurse Faculty Leadership Academy. Her book *Quality and Safety in Nursing: A Competency Approach to Improving Outcomes* was awarded the *American Journal of Nursing* Book of the Year Award.

**SUZANNE THOYRE** received a SPARK grant from the SON Research Support Center for “Preparation for the Psychometric Test of the Pediatric Eating Assessment Tool (Pedi-EAT).” Her co-investigators include Mary Lynn and Cara McComish.

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**KATHY MOORE NAMED ASSISTANT DEAN OF THE OFFICE OF STUDENT AFFAIRS**

Katherine Moore, MSN, RN has been promoted to Assistant Dean of the Office of Student Affairs, where she has served as Director for 13 years.

Ms. Moore graduated from the SON in 1978 with a BSN, and returned later to earn her MSN degree in 1990. Her dedication has been recognized by the SON community as well as the university. SON students selected her to receive the Faculty Appreciation award numerous times. She was also nominated for the Chancellor’s award, and received the Nurse Manager of the Year award from the North Carolina Nurses’ Association.

“Kathy Moore is an incredibly valuable asset to the School of Nursing,” says Dean and Alumni Distinguished Professor Kristen M. Swanson. “Between her experience, institutional knowledge, and passion for helping students achieve their very best, I have no doubt she will serve us well as our newest Assistant Dean.”

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**2012–2013 PROMOTIONS AND APPOINTMENTS**

**JENNIFER ALDERMAN:** Clinical Assistant Professor  
**DEBRA BARKSDALE:** Director of the Doctor of Nursing Program  
**JILL HAMILTON:** Associate Professor  
**SARA HUBBELL:** Clinical Assistant Professor  
**RHONDA LANNING:** Clinical Assistant Professor  
**KATHY MOORE:** Assistant Dean of the Office of Student Affairs  
**MARY SUTPHIN:** Clinical Assistant Professor  

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**RETIREMENTS**

**EDWARD HALLORAN**  
**SANDRA FUNK**  
**LIBBA WELLS**  
**MAGGIE MILLER**
On June 15, 2013, the School of Nursing lost a beloved faculty member. Dr. Margaret (Maggie) Miller passed away from complications of cancer while on a planned trip to Yosemite National Park.

Maggie began her career in nursing at East Tennessee State University, where she earned her BSN and graduated magna cum laude. After working as an oncology nurse at Watts Hospital in Durham, NC, Maggie returned to school and earned her MSN from UNC-Chapel Hill in 1977. She earned a PhD in Adult and Higher Education from UNC-Chapel Hill in 1990 as well.

Highly valued for her leadership skills, Maggie held administrative positions at Duke University Medical Center. After serving as Corporate Director of Nursing Education for eight years in Wisconsin, Maggie was recruited by the SON to be Director of Continuing Education. By the time Maggie retired from the SON in January 2013, she had served as Clinical Assistant Professor and Assistant Dean for 13 years.

Maggie held nearly every executive position in the SON, except Dean, in a permanent or acting capacity. Her wealth of institutional knowledge, resourceful problem solving, and wisdom sustained a sense of continuity through the tenure of three Deans.

Always one of the first to volunteer, Maggie was pivotal in innumerable projects at the SON, including the expansion of Carrington Hall. Maggie was also active in organizing outreach activities and frequently participated in alumni functions.

For her service to alumni, Maggie was awarded the Alumni Association President’s Award in 2012. She was also recognized by the University for her outstanding contributions with an Excellence in Management Award in 2011.

Beyond her academic and administrative accomplishments, Maggie will be remembered for her thoughtful and compassionate treatment of everyone around her. She led by example with a keen sense of fairness and respect, supporting others and making sure that they had the resources needed to achieve their goals.

The faculty, staff, students, and alumni of the SON will dearly miss Maggie’s steadfast presence. A fund in her memory is currently being developed.
ALUMNI ESTABLISH RESOURCE ROOM FOR SON STUDENTS

Dr. Barbara Jo Foley, BSN ’67, and Dr. Meg Zomorodi, BSN ’01, PhD ’08, have established a student resource room to recognize the significant contributions of the former Assistant Dean for Operations and Strategic Initiatives Maggie Miller, PhD, RN, and Assistant Dean for Student Affairs Kathy Moore, MSN, RN.

Dr. Miller, who recently passed away, worked tirelessly for 14 years at the SON to give students access to every resource needed for success. In 2011, Dr. Miller received a University-level Excellence in Management Award and in 2012, she was honored with the SON Alumni Association President’s Award.

Assistant Dean Moore has led the Office of Student Affairs for more than a decade of her 16 years at the SON. Over the years, students chose Moore for multiple Faculty Appreciation Awards because of her passion and dedication to making sure they have a seamless educational experience.

“I think very highly of Maggie and Kathy,” says Dr. Foley. “They have dedicated their careers to helping students, which is why I chose to support a project that is such a fitting tribute to them both.”

Free Study Materials For Students

The Maggie Miller and Kathy Moore Student Resource Room will give students access to study materials that they might not be able to afford on their own. It will house a lending library of study guides for the NCLEX exam, preparatory materials for certification exams, textbooks, and other useful items. “A student who is struggling financially may hesitate to spend $80 on a book they’ll use only for a few months,” says Dr. Meg Zomorodi. “This project is a great way for alumni, especially recent graduates, to give back to the school because they can provide study materials they no longer need.”

“Drs. Foley and Zomorodi are incredibly special friends to this School,” she says. “The new resource room is the latest demonstration of their love for the School and their commitment to students. We cannot thank them enough.”

Contributions to the student materials fund are greatly appreciated. Donations to purchase books, and other needed items can be mailed to:
SON Foundation,
Student Resource Room
CB #7460, Carrington Hall
UNC
Chapel Hill, NC 27599-7460

Contributions can also be made online at:
giving.unc.edu/gift/son

Contact Anne Webb or Katisha Paige for more information.
FROM CHAPEL HILL TO SAN DIEGO, SON ALUMNI ARE HAVING FUN AND GIVING BACK

Alumni Gwen Waddell-Schultz, BSN ’70, MSN ’76, Betty Woodard, MSN ’87, Sue Sherman, PhD ’99, and Jayne Byrd, BSN ’95, MSN ’99, joined a class of doctoral students to discuss health care and health policy. Panelists shared their experiences of having been educated at the SON and their contributions to health policy.

Alumni Association Board member Cheryl Conway, BSN ’92, addresses the Association of Nursing Students (ANS). She, along with Tamryn Fowler BSN ’09, MSN ’12, and Frieda Bruton BSN ’57, presented information about the association.

Bringing a bit of Chapel Hill to San Diego, SON staff Katisha Paige and Anne Webb, met alumni Terri Kyle ’84, Stephanie Duffy ’03, Rebecca Pate ’94, Susanne Winslow ’99.
Gloria Peele ’55, Mary Oates ’78, and Faye White ’59 (not pictured) shared information about the SON with prospective students at the Central Carolina Community College Career Fair.

Michael Joyner ’00 came back with his daughter Kayley to enjoy SON activities and catch the action of the Homecoming game against Georgia Tech. The Tar Heels weren’t victorious, but that didn’t stop SON alums from enjoying a day filled with friends.

The Class of 1967 celebrated their 45th reunion during homecoming weekend. They enjoyed a clear Carolina blue sky and reminisced about their student days.

ANS volunteers Wendy Dixon, Ricot Lormejuste, Lindsey Gilbert, and Laura McKenna made the 2012 Homecoming celebration one to remember.
**DISTINGUISHED ALUMNUS AWARD**

Dr. Donald Bailey PhD, RN, FAAN, received the Distinguished Alumnus of the Year Award for his dedication as a stellar scientist, a great mentor, and educator. Dr. Bailey is an associate professor in the Duke School of Nursing, a science fellow in the Duke Center for the Study of Aging and Human Development, and a Claire M. Fagin Fellow. He has established a program of research focused on patient self-management and enhancing the quality of life of patients with chronic illnesses, specifically prostate cancer and hepatitis C. His research has led to greater emphasis on the care of patients during stressful waiting periods. Dr. Bailey’s work using interdisciplinary science to enhance the care of patients has had a national impact. In 2004, his geriatric course at Duke University School of Nursing was named The Best Stand-Alone Geriatric Nursing Course in Baccalaureate Education by AACN and the John A. Hartford Foundation Institute for Geriatric Nursing. In October 2012, he became a Fellow of the American Academy of Nursing (FAAN). Dr. Bailey received his PhD from the UNC-Chapel Hill School of Nursing in 2002.

**GRADUATE OF THE LAST DECADE (G.O.L.D.) AWARD**

Lieutenant Colonel Angelo Moore, PhD, RN, received the Graduate of the Last Decade award for his outstanding contributions to the School, the profession, and the nation. Lt. Col Moore is Deputy Chief of the Center for Nursing Science and Clinical Inquiry for the Pacific Regional Medical Command in Hawaii. He earned his PhD from the UNC-Chapel Hill School of Nursing in 2010. He is also a 2011 graduate of Army Medical Department Advanced Nurse Leadership Course. Moore has numerous publications in peer-reviewed journals. He has presented at local, regional, national, and international conferences and serves as the senior advisor to Tripler Army Medical Center Junior Officer Council. He mentors and teaches nurses about research and other topics related to conducting evidence-based practice projects. In recognition for his many accomplishments and contributions to the profession, Lt. Col Moore has been awarded numerous military awards and decorations and was selected as 2012 Nurse Researcher of the Year by
Carolyn London, BSN, RN, received the Carrington Award for Community Service for her exemplary service to the University, the School of Nursing, and the community. Ms. London describes her four years and two summers studying at the SON as some of the most challenging and best in her life. She forged lifetime friendships and met Will, now her husband of 55 years. She graduated in 1956 as a member of the SON’s second class and began her career at Children’s Hospital in Boston. She has since worked tirelessly to ensure future graduates enjoy the same distinction that comes with being a Carolina Nurse. In 1983, she organized the School of Nursing Foundation, Inc., an independent fiscal entity that manages the investments of the School’s endowments. She served as the first president of its Board of Directors and remains connected to the foundation as an active, honorary lifetime member. Ms. London and her husband included the SON in their estate planning by designating funding to create an undergraduate scholarship. They recently decided to fully fund the scholarship. The Londons hope this scholarship, and others, will help students achieve their goals while making the world a better place.

HONORARY ALUMNA

Norma Hawthorne, MS, received the Honorary Alumna Award. In 2001, the School of Nursing had raised close to $2 million toward a $15 million capital campaign goal that was part of the Carolina First campaign. It was the beginning of a long recession, and the SON faced the daunting task of adding a building addition to Carrington Hall. Over the next 10 years, with the help and support of alumni, friends, faculty, and students, the School achieved these goals and much more, raising over $23 million in private support. With the help of Anne Webb and Talat Qazi, Ms. Hawthorne doubled the School’s endowment funds, created a sensitive and successful planned giving program, and worked with corporations and foundations to fund needed programs, student, and faculty support. Her interest in web-based communications also led to broader SON outreach via Facebook, Twitter, a blog, and an electronic newsletter. Over the last several years, Ms. Hawthorne developed summer volunteer opportunities for students in the public health clinic of the indigenous Oaxaca village of Teotitlan del Valle. She always said that her greatest wish was to be a Carolina Nurse. The friendships she made while at the SON have had a lasting impact on her.

ALUMNI ASSOCIATION’S PRESIDENT’S AWARD

Margaret Miller, PhD, RN, received the President’s Award. She served the SON in many different areas since 1997. Dean Swanson says that Dr. Miller, “was the behind-the-scenes powerful grace that made the School run.” While Dr. Miller’s dedication to students and faculty was evident, what sometimes went unrecognized was her support of the School’s alumni and other external constituents. As a 1977 alum of the SON master’s program, Miller was a consistent advocate for alumni outreach. While overseeing construction of the new addition, she also volunteered her time to travel across the state to explain the logistics of this new building and to keep alumni informed on construction progress. She took on the volunteer role of Master of Ceremonies for the SON Alumni Association’s Alumni Appreciation Day celebrations, led building tours for alumni and other guests, and consistently participated in SON alumni functions. She not only provided wisdom for planning events, but also the sweat equity to see them through. The personal integrity and vision she displayed as a leader within the School was also a guiding force within the SON alumni association. Seven months after she was honored with the award, Dr. Miller passed away (see p. 34). Her lasting legacy of grace-filled leadership has made the SON a better place to work, learn, and discover.

Anne Aldridge Webb, MPA, also received the President’s Award for her leadership and service to the Alumni Association Board of Directors during her ten years as executive director. Her accomplishments included new outreach in regional alumni programming, continuing education for alumni, and a revamped Homecoming celebration. She earned grants to support Alumni Appreciation Day events, and she emphasized student outreach by placing alumni in the classroom so that current students could learn from their experiences. Ms. Webb continues her involvement with the association through her recent promotion to Assistant Dean for advancement at the School of Nursing. She joined the SON Advancement Office in 2001 as the associate director for alumni affairs and annual giving, working with Norma Hawthorne on the School’s successful Carolina First Campaign as well as the “Pave the Way” brick campaign for the new building. Ms. Webb began her UNC career in 1998 as a program manager in the Office of Human Resources. She received a Bachelor’s in Industrial Relations from UNC-Chapel Hill in 1994 and a Masters of Public Administration (MPA) from UNC-Greensboro in 2004.
ALUMNI ASSOCIATION ELECTS NEW LEADERSHIP

The alumni association introduced its new leadership during the annual board meeting. Pictured from left to right, Katisha Paige serves as their new executive director, Donna Laney ’81 is now President emeritus, Roulhac Johnson ’00 serves as President, and Susan Andrews ’87 took office as President-Elect.

MY ALUMNI STORY—BELINDA KAY MAYNARD, BSN ’12

I know that there is no way I would be where I am today if it weren’t for the caring hearts and actions of two very special UNC School of Nursing faculty: Kathy Moore and Kathy Alden. These two women, more than anyone, supported and facilitated my achievement. I just want to say to them that I know I wouldn’t have made it through if it weren’t for your kindness and encouragement. I go forward because I have a solid foundation. You built that. And I will forever be grateful to you.

Thank You UNC for being a place of growth and transformation in my life.

After working with midwives in the western part of the state for 10 years, I made the decision to become a Certified Nurse-Midwife. I began my college career at Durham Technical Community College and completed their college transfer curriculum in 2010. I began nursing classes at Carolina in May 2010 and earned my BSN in 2012.

I currently work as an RN at UNC Hospitals on a surgical oncology unit. I was very fortunate to have this position secured before graduation. I believe it is because of the networking and prestige of being a Carolina Nurse that I have enjoyed such a fruitful career.

I am very excited to share that I have recently been accepted to graduate school at East Carolina University to pursue an MSN with a Nurse-Midwifery concentration!
**2012** Joseph Biddix, BSN '12, graduated from Naval Officer Development School and is assigned to Naval Medical Center Portsmouth, Virginia as a Nurse Corps Officer. He recently published his Honors paper in the journal *Military Medicine*.

**1998, 2010** Julie Harrington, BSN ‘98, MSN ‘10, was invited to be an item writer for the Pediatric Nurse Practitioner Certification exam with the Pediatric Nursing Certification Board (PNCB). She also has become a member of the Primary Care Certified Pediatric Nurse Practitioner Updates Committee.

**2002** Clinical assistant professor Laura Calamos Nasir, MSN ‘02, gave a presentation, and Sarah Stucke presented a poster at the 7th International Nurse Practitioner/Advance Practice Nursing Network Conference. Both learned a lot about how advance practice is developing around the world.

**1999** Lindsay Spainhour Baker is living Nairobi, Kenya and has two sons now. She is working as a consultant with the Kenyan Army to train journalists, diplomats, and United Nations staff on how to keep themselves safe in Somalia. She is currently volunteering with the nonprofit organization Heshima Kenya to teach free breastfeeding classes for young refugee women as well.

**1977** Linda Sherman Kimel, BSN ’77, was named National School Nurse of the Year for Special Needs Students by the National Association of School Nurses. She is a certified school nurse with the Rockford, Illinois Public Schools.

**1967** Susan Spalt, BSN ’67 and SON Foundation Board member, has contributed to a book of poetry with fellow Carrboro poets. The book is called *Carrboro Poetica* and is published by Old Mountain Press.

**1956** Continuing the tradition of an annual spring reunion, the BSN Class of 1956 enjoyed a guided tour of the SAS Institute art collection and the adjacent Umstead Hotel in Cary, NC. The group is pictured below at a luncheon at the Umstead, where they spent time catching up after the tour.

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**In Memoriam**

Beverly Neal Barnette, BSN ’69  
Dr. Ruby Gilbert Barnes, MSN ’60, Emeritus Faculty  
Anna Watson Blair, BSN ’81  
Helena Willis Eiden, PHN ’42  
Jane Fraley Kodack, BSN ’76  
Judith Johnson Little, BSN ’61  
Dr. Margaret Miller, MSN ’77  
Janice C. Payne, Former SON Registrar  
Keeter Baggett Pope, BSN ’61  
Julia Day Watkins, Emeritus Faculty  
Betty Lou Sorrell Winslow, BSN ’58
Doctoral Alumni

PLEASE SAVE THE DATE

- MARCH 5TH AND 6TH, 2014 -

Celebrating 25 Years of Doctoral Education

Doctoral Education Suite
Ribbon Cutting & PhD Reunion

Wednesday, March 5th, 2014
5:30 p.m.–7:30 p.m.
Suite 1300 Carrington Hall,
New Addition

Calling Forth the Courage:
Making a Meaningful Difference in
Health and Health Care

Thursday, March 6th, 2014
8:00 a.m.–5:00 p.m.
The Sheraton Chapel Hill