

# The Center for Lifelong Learning

## Meet Our New Director



The SON has a new Director for its Center for Lifelong Learning, Dr. Betty Nance-Floyd. Dr. Nance-Floyd succeeds Dr. Sonda Oppewal, who efficaciously served the SON in this capacity for six years.

Dr. Nance-Floyd began her nursing career in 1985. A lifelong learner herself, she earned her Bachelors (BSN) in 1995, her Masters (MSN) in 2007, and PhD in 2016. In 2008, she passed the national Certified Nurse Educator (CNE) exam and exceeded requirements for her CNE renewal in 2013. In 2015 she passed the national examination to become a Clinical Nurse Leader (CLN) and was selected as an i3@unc (instructional innovation incubator) Fellow to become versed in instructional technology and design for online course development. Both of these accomplishments were achieved while working toward a PhD in nursing from the University of North Carolina at Greensboro, which was earned earlier this year.

Dr. Nance-Floyd has the distinction of having started, owned and administrated a home care agency which she sold after five years of being a thriving business with 38 employees and serving over 100 patients in 6 eastern NC counties. During those years, she worked to address community needs on several Home Care and Hospice Association task forces and forged alliances by networking with many organizations throughout southeast NC.

Her educator's portfolio includes teaching at community colleges in the state system, Area Health Education Centers (AHEC), and at invited workshops. Since 2008, she has been a fixture in the SON's Adult and Geriatric Division for teaching undergraduate and graduate classes of varied modalities and sizes; clinical course teaching and coordination; and mentoring international visiting scholars, new clinical faculty, and student inductees to Sigma Theta Tau International (STTI). In the summer of 2016, she became a Fulbright Specialist and traveled to Malawi to teach innovative teaching strategies to the nursing faculty at the University of Malawi, Kamuzu College of Nursing.

Dr. Nance-Floyd's strength in team building and collaboration contributes to the profession of nursing and healthcare education. Her enthusiasm for continual learning is a great starting point to build on the SON CLL's successes thus far and leading it, and NC nurses, into the future of lifelong learning.



### Program Watch

For a full listing of day-long programs coming up, check the back page!

NURSING.UNC.EDU/LIFELONG | NURSING\_CLL@UNC.EDU | 919.966.3638 | CARRINGTON HALL, L200

## CLL Welcomes our new Merit Scholars

If you haven't met our new Merit Scholars, stop by the office and say hello!

### Shannon Runion, MSN, FNP-C

Shannon joins us from the great state of Virginia and has been a certified Family Nurse Practitioner since 2006. She is here to work on her DNP, focusing her efforts on implementing a warfarin dosing algorithm in a rural outpatient primary care setting. Shannon is also completing a Graduate Certificate in Nursing Education and has special interest in Cardiology and Type 2 Diabetes. Welcome aboard, we're glad you're here!

### Rebecca Russell, MSN, FNP-BC

Rebecca is no stranger to the CLL and we are happy to have her for another year! What's she been up to? Rebecca is back working on her DNP, focusing her research on the clinical utility of using the GeneSite ADHD pharmacogenomic test as a decision support tool for medication selection. She is also working on her co-certification as a Psychiatric-Mental Health Nurse Practitioner. Welcome back, Rebecca!

## Faculty Development Updates



Next time you login to the Faculty Development site, you will see something a little different. You will click the "Echo 360" tab in the menu to the left to access the recorded videos from sessions you miss.

Clicking this tab will open a new tab in your web browser and take you to a page titled "SON-FACDEV - 001 SON Faculty Development." (See screen shot below) On this page you will see all the sessions for faculty development listed chronologically.

Click on the green play button to play the video in your browser. You can choose between two views, the speaker view or power point view, and toggle between these views while the video is playing. A menu to the left will allow you to play other videos listed under the classroom.

You will continue to access any sessions prior to Fall 2016 through the tabs in Sakia with sessions listed by academic year.

If you have any questions about this new set up please contact Sue Snyder.



## FACULTY DEVELOPMENT

Fall 2016 listing

October 24

November 28

## DID YOU MISS A SESSION?

Find it on Sakai!

<https://www.unc.edu/sakai/>

Look under tab  
sonfacdevelop.tlg

If you have questions contact  
Sue Snyder.  
[ssnyder@email.unc.edu](mailto:ssnyder@email.unc.edu)

## Committee Members:

Carol Durham  
Betty Nance-Floyd  
Marianne Cockroft  
Leigh Mullen  
Julie Page  
Tom Bush  
Eliabeth Griffin  
Jessica Zegre-Hemsey  
Beth Moreton  
Molly Sutphen





## Thank you to our faculty! 2015 & 2016

Jennnifer Alderman	George Knafl	Anita Tesh
Kathy Alden	Kathy Knafl	Mark Toles
Rumay Alexander	Vickie Lester	Marcia Van Riper
Diane Berry	Julie Lewis	Tracy Vernon-Platt
Tom Bush	Mary Lynn	SeonAe Yeo
Jean Davison	Sonda Oppewal	Meg Zomorodi
Carol Durham	Carrie Palmer	
Noreen Esposito	Theresa Raphael-Grimm	
Elaine Harwood	Megan Randall	
Sara Hubbell	Shielda Rodgers	
Ann Jessup	Gwen Sherwood	
Rebecca Kitzmiller	Victoria Soltis-Jarrett	



We do our best to maintain accuracy, but if we left your name off in error, please let us know.

We want to ensure your work is recognized!



## SANE & The Governor's Crime Commission



Did you know?

CLL has been hard at work filming interviews for our documentary and so far, we have over two hours of interview footage. That's a lot for a five to ten minute video!

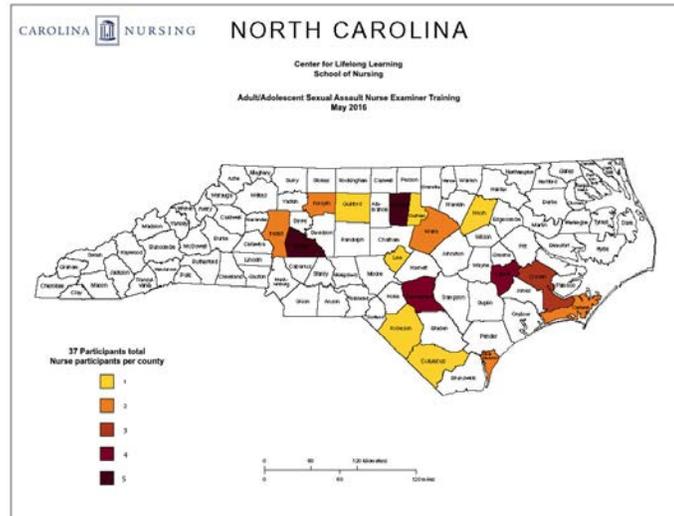
Interviewees include:

Jean Kilpatrick & Jane Allen  
Victim Advocates  
Chatham County  
Family Violence and  
Rape Crisis Center

Marci Trageser, JD  
Assistant DA  
Chatham County

Deb Flowers, MSN, RN,  
CPNP-BC, SANE-A, SANE-P  
Assistant Professor  
UNC-CH School of Medicine

Jeff Strickler,  
DHA, RN-BC, BSN  
Associate Vice President  
UNC Hospitals, Hillsborough



One more month to go before our work on the SANE grant is complete. Our documentary as a deliverable is in the editing phases and we are busy engaging in how to change the language of rape. And a mighty task it is! We as a society continue to place blame on the victim. Different conversations are starting, with the cases in the news that have received national attention, questioning our current system. Our interviewees concur that this is a challenge. Without a SANE provider for examination, there is a less chance of successful prosecution in these cases. Until we can create safe places for victims, there will continue to be less victims seeking help and reporting assaults.

The graphic above shows the NC counties where our nurses came from for the Sexual Assault Nurse Examiner Training Spring 2016. We had over 40 participants attend this didactic portion of the training. The need is great and we are still getting requests to offer more trainings. Thanks to this grant support, hospitals know we are offering this program and are working to make it easier for nurses to attend. Help us spread the word to make change and get victims the care they need.

CLL is one of seven SANE program providers approved by the North Carolina Board of Nursing. We provide both pediatric and adult SANE trainings.

A big THANK YOU to Deb Flowers, this program wouldn't be the same without you. And a special thank you to our consultant, Gary Black, who helped make this video come to life.

Principal Investigator:  
Sonda Oppewal, PhD, RN, APHN-BC  
Associate Professor  
Public Health and Community Practice  
School of Nursing  
The University of North Carolina at Chapel Hill

Program Coordinator:  
Deb Flowers, MSN, RN, CPNP-PC, SANE-P, SANE-A  
Program Coordinator/Nurse Consultant  
NC Child Medical Evaluation Program  
Department of Pediatrics - UNC Hospitals  
School of Medicine  
The University of North Carolina at Chapel Hill

## CLL as a Sandbox

We want your ideas!

Would you like to show-case your work on practice, research, or teaching? Would you like to be on a planning committee for an upcoming program? Join us in a brainstorming session to get your ideas heard and help make a learning activity come to life!



We have worked with many faculty members to increase their reach in academia through continuing education offerings. Recently, we have worked with Sara Hubbell to complete her dissertation. Dr. Hubbell taught two courses for ANCC contact hours through the hospital. Course evaluations revealed a need for bedside nursing to include mindfulness of spirituality for patients. Her work has now turned into a day-long

program focused on spirituality in nursing.



*Being Fully Present: Spiritual Care for Self and Others* is a program that will focus on spiritual interventions that can be tailored to fit your patients' and patients' family needs. These techniques can also be used to improve your own self-care and emotional health. This program will discuss meeting spiritual

needs and incorporating religious rituals and beliefs that you may encounter in diverse populations of North Carolina.

*Being Fully Present* is a one-day course offered for six contact hours. And, this is just one option for a CNE offering. The office has other options to fit how you would want to share your work. Stop by the office, send us an email, or give us a call to get on the calendar. 2017 is filling up fast!

### Microsoft SharePoint

We are always looking for creative ways we can collaborate as an office. One solution we are excited to try, and the first in the building to implement, is Microsoft SharePoint.

What is it? It's a cloud-based office solution offering more flexibility for communication and work flow.

This is offered free from the university and IT is encouraging us to use it. If you have questions or want to give it a try, ask Karen Echols. She can get you started on what you need to do.

SharePoint is a robust and advanced system for any SON office needs.



### Planning Committee and Speakers

Sara Hubbell, DNP, APRN, NP-C, FCN  
Assistant Professor  
School of Nursing  
The University of North Carolina at Chapel Hill

Alyson Breisch, MSN, RN-BC  
Owner & Nursing Consultant  
Breisch Health Education, PLLC

Faith Community Nurse  
United Church of Chapel Hill

# Grant Supported Programs

## New Collaborations

Best Practices for  
Asthma Treatment  
sponsored by  
Orange County  
Health Department

This was a free program  
to participants on  
September 21 from  
8:00am to 10:00am

2 ANCC contact hours  
from CLL

Better Back Care for  
Acute Back Pain  
with the  
School of Medicine

This program was a one-hour  
webinar offered on the first  
of September focusing on the  
epidemiology and  
psychophysiology of acute  
low back pain.

Since the conclusion of the  
webinar, the office is working  
on offering this program as  
an enduring activity. So, keep  
an eye on the website for new  
programs and lots more  
collaborations across campus.

Grant supported programs enable CLL to provide ANCC contact hours at a much lower cost compared to other programs.



## Telehealth Lectures

CLL has teamed-up with the Lineberger Cancer Center in offering one-hour lectures covering a variety of oncology topics. You can find Telehealth listings under "Webinars" on the CLL website. Here are some upcoming dates to put on your calendar:

**10/26/16 12 PM – 1 PM**

Med/Surg Lecture: Pharmacogenomics & Individual Therapy Research  
with Dr. Federico Innocenti

**11/9/16 12 PM – 1 PM**

RN/AH Lecture: Exercise, Obesity, & Cancer  
with Dr. Kirsten Nyrop

**11/16/16 12 PM – 1 PM**

Med/Surg Lecture: Infections in Cancer Patients  
with Dr. David Van Duin

for more information visit:

<https://unclineberger.org/unccn/events/telehealth-lectures>

## Carolina Acute Stroke

In 2011, Suzi Wilson received a grant from the North Carolina Stroke Care Collaborative and North Carolina AHEC Innovation to help disseminate the most up-to-date information regarding stroke response and patient care. What began as a multi-day hybrid training has now turned into an enduring online course with a national audience.



Since July of 2015, the CLL helped to provide CNE to 300 medical providers across the nation. This year Suzi is working to expand the current modules available and offer more hours for credit.

UNC Lineberger Comprehensive Cancer Center:

Alan S. Brown  
Continuing Education Specialist  
UNC Cancer Network [www.unccn.org](http://www.unccn.org)  
Office: 919-445-0888  
Email: [alan.brown@unc.edu](mailto:alan.brown@unc.edu)

Carolina Acute Stroke:

Suzi Wilson, MSN, C-ANP  
Stroke Nurse Practitioner  
Associate Professor of Neurology  
School of Medicine  
The University of North Carolina at Chapel Hill

## Summer Success



What's next for 2017?

Summer Institutes

### Practice

History Taking and  
Physical Assessment

Advanced Practice Skills

### Research

Grant Writing

Instrumentation:  
Development,  
Testing & Revision

### Teaching

Excellence in Teaching for  
Nurse Educators



Back again for another year, Qualitative Analysis and the 20th Annual Qualitative Research Institute were a success. 20th Annual also marks our longest running summer institute! This year Dr. Sandelowski invited Dr. Sharron Docherty from Duke to provide a program focused on qualitative methods in mixed-methods research.

This ever popular institute is always able to aid participants in clarifying what can be a difficult process. One participant wrote, "The faculty had excellent presentations and facilitated the opportunity for the participants to get specific feedback on their individual projects." Another added, "[I enjoyed] The instructors' insights and wisdom shared throughout the course. That helped me deepen my understanding of what was being discussed and helped me to see how to improve all aspects of my research activities."

The academic year of 2015 to 2016 brought 222 summer participants from around the country to Chapel Hill. The CLL summer institutes provide an excellent opportunity to showcase SON faculty to a national audience. Each year we endeavor to offer more programs and continue the quality of programming of which UNC-CH School of Nursing is renowned.



### More from the Summer

Heart Failure Management 2016: Precision Medicine to Personalize Care  
July 14 - 17, 2016

Did you know we have been providing CNE for the Amelia Island Heart Failure conference for over five years? This is a highly attended annual conference in Florida that many people look forward to every year.



### History Taking & Physical Assessment

It is important that new entrants in the graduate program are prepared for the fall ahead. H&P is a wonderful learning experience combining online strategies with hands-on lab practice.

Recent feedback has indicated students that attend the H&P course are more confident in class and better prepared than their peers.

Thanks to:

Laura Nasir

Sara Hubbell

John Gotelli

Eric Allman



## Old Favorites Return

Two of our summer favorites returned this year with high praise and excitement.

*Excellence in Teaching for Nurse Educators* was offered again, after a hiatus since 2014. Our participants let us know that they not only learned something new, but enjoyed themselves immensely. Some of our participants favorite things were: “Learning about the latest and greatest in nursing education.” And, “Allowing me to learn more innovative ways to be effective as a clinical instructor.”

This intensive week covered everything from how to help students thrive, diversity and inclusion, teaching methods and evaluations to simulations and clinical teaching. Thank you to all the faculty members who were part of this wonderful learning and teaching experience!

*Family Research: Conceptual and Methodological Issues* was also back on the books for another successful year. This course is offered every other year, so 2018 will be the next time you can take it! Of course, our participants always enjoy their time here with us. Here’s what a couple had to say:

“Drs. Van Riper and Knafl, were both extremely knowledgeable and extremely helpful. I came away feeling energized and excited about many aspects of family research.”

“I loved how encouraging the faculty/researchers were, and how knowledgeable and passionate they were about family research. I enjoyed seeing the trajectory of their research and their individual journeys. It was wonderful to see the fruition of their work, a true testament of their fortitude, determination, and passion.”

Every year, CLL strives to offer the best in summer institutes. This year was no exception and we are working diligently to get 2017 summer off to a great start.



## Lean Six Sigma



### Process Improvements

Betty is working on her **GREEN** belt.

Ariel is working on her **PURPLE** belt.

Fall 2016



# Day-long Programs

Center for Lifelong Learning

CAROLINA  NURSING

Center for Lifelong Learning Team

Director & Assistant Professor  
Betty Nance-Floyd, PhD, RN, CNE, CNL

Business Manager  
Sue Snyder

Nurse Planners  
Shannon Runion, MSN, FNP-C  
Rebecca Russell, MSN, FNP-BC

Program Assistant & Marketing Coordinator  
Ariel Adams, MA

Office Support for Programs and Marketing  
Mallory Ward

## Completed Programs

September 16, 2016  
What's Bugging You? Infectious Disease Update

September 30, 2016  
Does Your Sugar Run High?  
Innovative Care for Individuals with Diabetes

October 7, 2016  
The Heart of the Matter: EKG Interpretation

October 12 -14 & 20, 21, 2016  
Pediatric Sexual Assault Nurse Examiner Training  
with Deb Flowers, MSN, RN, CPNP-PC, SANE-P, SANE-A

October 21, 2016  
It's All About You Baby!  
8th Annual Maternity Care Conference

## Upcoming Programs

December 2, 2016  
Pharmacology Update for  
Advanced Practice Providers in Primary Care

December 8 & 9, 2016  
Using Games for Training to  
Improve Patient Outcomes

January 13, 2017  
From Ideas to Publication!  
The Process of Writing for Manuscripts and Books

January 27, 2017  
6th Annual Cardiovascular Update

February 3, 2017  
Being Fully Present:  
Spiritual Care for Self and Others



Newly on Instagram! [clynursing](#)

You can also find us on Facebook and Twitter.

*Experience lifelong learning -- integrate practice, research, and teaching.*