

## Compassion Fatigue: Effect On Healthcare Providers

**Instructor:** TBD

**Length:** 1-2 hours

**Program Description:** The literature review identifies that nurses and healthcare providers are suffering from fatigue, both, physically and mentally. However, there is little in the literature on nurses or nurse educators and their experience with compassion fatigue. Compassion fatigue is a unique form of burnout and occurs with the loss of nurturing capabilities that is essential to provide concerned nursing care. There is growing evidence of mounting distress and fatigue in the physical and psychological aspects of nurses, nurse educators and healthcare providers. The purpose of this program is to examine compassion fatigue and explore the implications to nurses and other healthcare provider. The learner will be provided strategies to recognize and manage compassion fatigue in nursing education and practice. The learning strategies will include interactive lecture/discussion, think pair, share, and group work. This program will assist the learner to examine and develop strategies to manage manifestations of compassion fatigue.

**Learning Objectives:** At the end of this program, participants will be able to:

- Identify the manifestations of compassion fatigue in nurses and healthcare providers
- Analyze the effects of compassion fatigue on healthcare and healthcare providers
- Discuss methods to manage the physical and psychological aspects of compassion fatigue

**Audience:**

This program is for clinical nurses, educators, and healthcare providers