

## Comprehensive Care for Patients with Prostate Cancer

**Instructor:** Marlena Brokob, MSN, RN

**Length:** 1 hour

**Program Description:**

This course is designed for nurses and healthcare providers aiming to deepen their understanding of and skills in, caring for patients diagnosed with prostate cancer. As one of the most common cancers among men, prostate cancer requires specialized care and understanding. This course will cover the pathophysiology of prostate cancer, current diagnostic and treatment methods, symptom management, psychosocial care, and patient education.

**Learning Objectives:** At the end of this program, participants will be able to:

- Explain the anatomy and physiology of the prostate gland, describe the risk factors, stages, and types of prostate cancer.
- Understand the diagnostic tests for prostate cancer, including digital rectal examination (DRE), prostate-specific antigen (PSA) testing, and prostate biopsy.
- Understand the role of the nurse in educating patients about these treatments, their side effects, and management strategies.
- Develop strategies for managing the common side effects associated with prostate cancer and its treatment.
- Develop skills for providing emotional support, facilitating coping mechanisms, and promoting patient and family education.
- Discuss the issues related to prostate cancer survivorship, including the physical and psychological effects of the disease and its treatment.

**Audience:**

RNs and other healthcare professionals