

Empowering Health Providers: Trauma-Informed Care for Addressing Intimate Partner Violence

Instructor: Jessica R. Williams, PhD, MPH, PHNA-BC, FAAN

Length: 1.0 to 3.0 contact hours

Program Description: This program aims to equip health providers with the knowledge and skills necessary to effectively address intimate partner violence (IPV) through a trauma-informed care approach. Participants will gain insights into the definitions and prevalence of IPV, the impact of trauma on survivors of IPV, and learn practical, evidence-based strategies to provide sensitive and empowering care to individuals affected by this issue. Participants will also build skills to promote effective communication, screening for IPV, safety planning and risk assessment, collaborative care and referrals, and cultural competence and intersectionality in IPV cases. Through interactive discussions, case studies, and skill-building exercises, this program will foster a supportive learning environment that enables health providers to enhance their abilities in addressing IPV and promoting survivor well-being. This program can be provided as a 1-hour introductory presentation or 3-hour participatory workshop and can be tailored to specific clinical settings (e.g., emergency department, primary care, obstetrics and gynecology).

Learning Objectives: After completing this program, attendees will:

1. Demonstrate knowledge of the dynamics and prevalence of intimate partner violence, including its impact on survivors' physical and mental health.
2. Develop a comprehensive understanding of trauma-informed care principles and their application in the context of IPV.
3. Acquire practical skills and strategies for implementing trauma-informed care approaches when working with survivors of IPV.

Audience:

RNs and other healthcare professionals