

Helping Families Deal with a Change of Plans: The Birth of a Child with Down Syndrome

Instructor: Marcia Van Riper

Length: 2-6 hours

Program Description: This workshop will present a research-based approach to assessing and intervening with families following the birth of a child with Down Syndrome. Findings from an ongoing program of research concerning children with Down Syndrome and their families will be presented. Recommendations concerning best clinical practice for children with Down Syndrome and their families will be presented.

Learning Objectives: At the end of this program, participants will be able to:

- Describe parental resources following initial awareness of a child's diagnosis of Down Syndrome.
- Explore multiple perspectives on the experience of living in a family that includes a child with Down Syndrome.
- Discuss how resources such as "Health Care Guidelines for Individuals with Down Syndrome" and different strategies that can be used in the care of children with Down Syndrome and their families.

Audience:

Nurses and all interested health care providers