

## PSYCHOPHARMACOLOGY UPDATE

**Instructor:** Victoria Soltis-Jarrett

**Length:** 8 hours

**Program Description:** This all day workshop focuses on the common psychiatric illnesses and provides an update on the current pharmacological approaches for treatment. Diagnoses such as major depression, bipolar illness, anxiety disorders and schizophrenia will be presented and discussed. Basic neurobiology will also be presented as a basis for understanding the selection of psychopharmacological agents. Finally commonly used pharmacological therapy for each condition will be reviewed along with patient response to that therapy.

**Learning Objectives:** At the end of this program, participants will be able to:

- Identify the neurobiological components of at least four specific psychiatric illnesses
- Describe and discuss these psychiatric illnesses in terms of DSM-IV-TR
- Identify the first line pharmacological treatments for each disorder.
- Discuss the rationale for using each of these treatments.
- Recognize the difference between response, remission and relapse as they apply to these treatments

**Audience:**

Advanced practice nurses in any specialty. Other clinicians interested in psychopharmacology such as pharmacists, social workers, psychologists, occupational therapists and physical therapists